



**A  
REPORT ON  
ANEXTRAMMURAL WEBINAR  
ON  
"COMMUNITY PARTICIPATION AND OUR  
ROLES & RESPONSIBILITIES DURING THIS  
PANDEMIC PERIOD"**

**RESOURCE PERSONS:-**

**Dr. Sudhanshu Sekhar Lenka  
Asst. Prof in Community Medicine (MD)  
IMS & SUM Hospital, BBSR, Odisha**

ON

03<sup>RD</sup> JUNE 2021

**Organized by  
NSS, Units  
Pattamundai College  
Pattamundai**



# NSS UNITS

of

PATTAMUNDAI COLLEGE , PATTAMUNDAI



Organises  
A District Level Webinar on

**“Community Participation and our roles & responsibilities during this pandemic period”**

Date: 03.06.2021 , Time:11.00 AM



### RESOURCE PERSON

Dr. Sudhansu Sekhar Lenka  
MBBS, MD (Community Medicine)  
Bhubaneswar, Odisha



Dr. P.K. Samal  
Principal  
Pattamundai College  
Pattamundai

**PLATFORM: GOOGLE MEET**



Mr. N.B. Khuntia  
NSS ETI  
OUAT



Mr. Pradyumna Pradhan  
P.O, NSS Boys Unit  
Convener



Mrs. Sarojini Mishra  
P.O, NSS Girls Unit  
Co-Convener



Dr. Padmaja Kabi Satapathy  
DPO, Kendrapara



Mr. Pradeep Rout  
NSS DPO, Kendrapara

## REPORT

An extramural webinar was organised by the NSS Units of Pattamundai College, Pattamundai on 03-06-2021 on the topic, "**Community Participation and our roles & Responsibilities during this Pandemic period**". The resource person of the webinar was Dr. Sudhanshu Sekhar Lenka, MBBS, MD(Community Medicine), SUM Hospital, Bhubaneswar, Odisha. Prof. Pramod Kumar Samal, Principal of the college chaired the webinar and formally welcomed the resource person and all the participants. Mr. Pradyumna Pradhan, Programme Officer, Boys unit, NSS gave a key note address on the topic and Mrs. Sarojini Mishra, PO, NSS Girls Units introduced the resource person. Most of the volunteers of NSS, Pattamundai College and other Colleges, staff members of the college, lecturers and research scholars from other colleges, Universities attended the webinar. The webinar was ended with a vote of thanks by Bikash Kumar Nayak, a volunteer of this college.



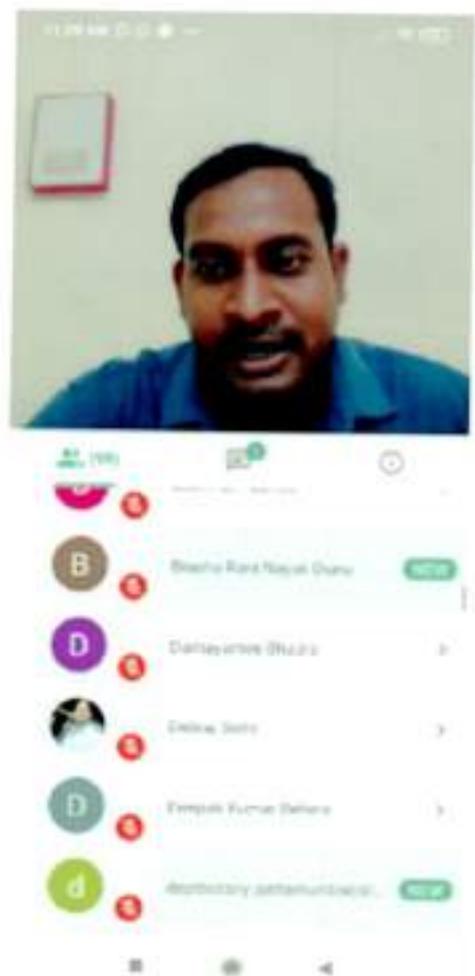
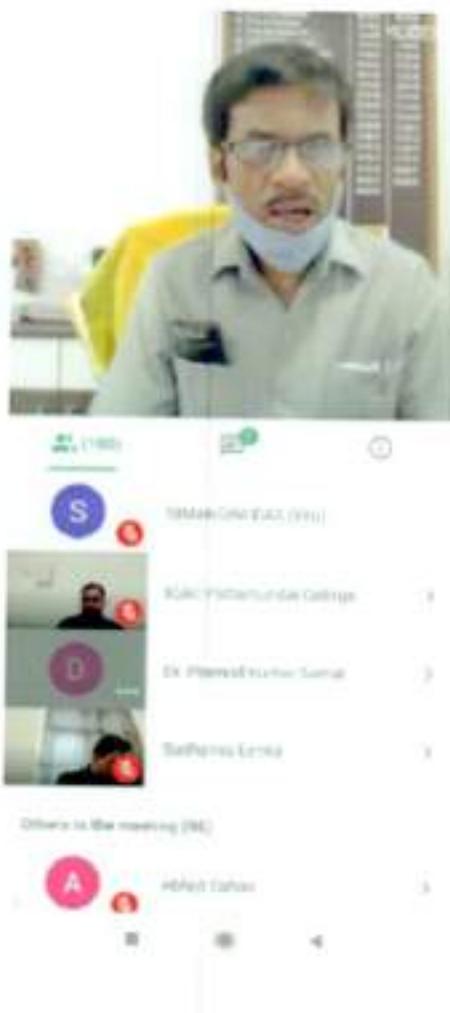
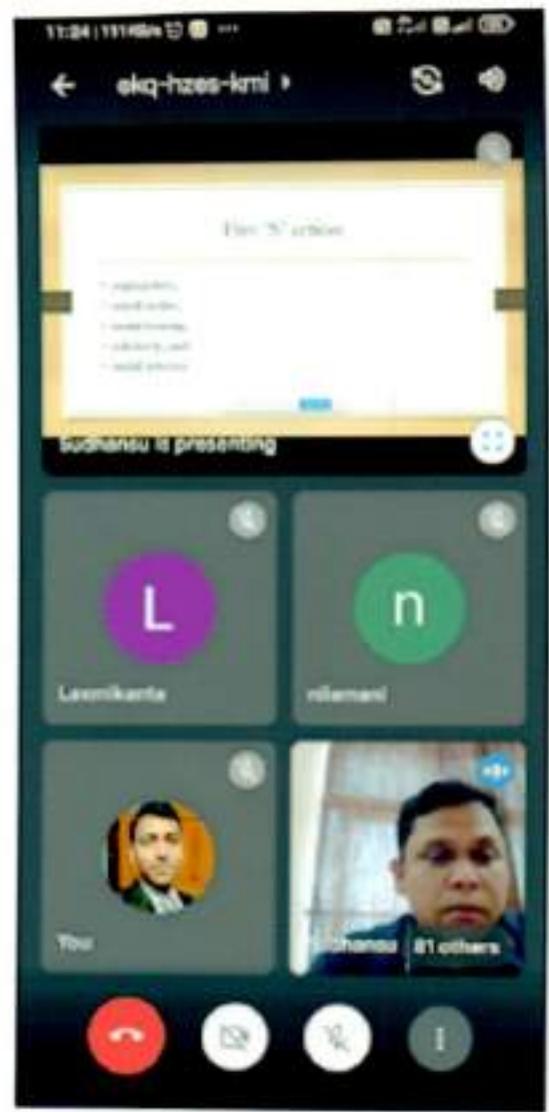
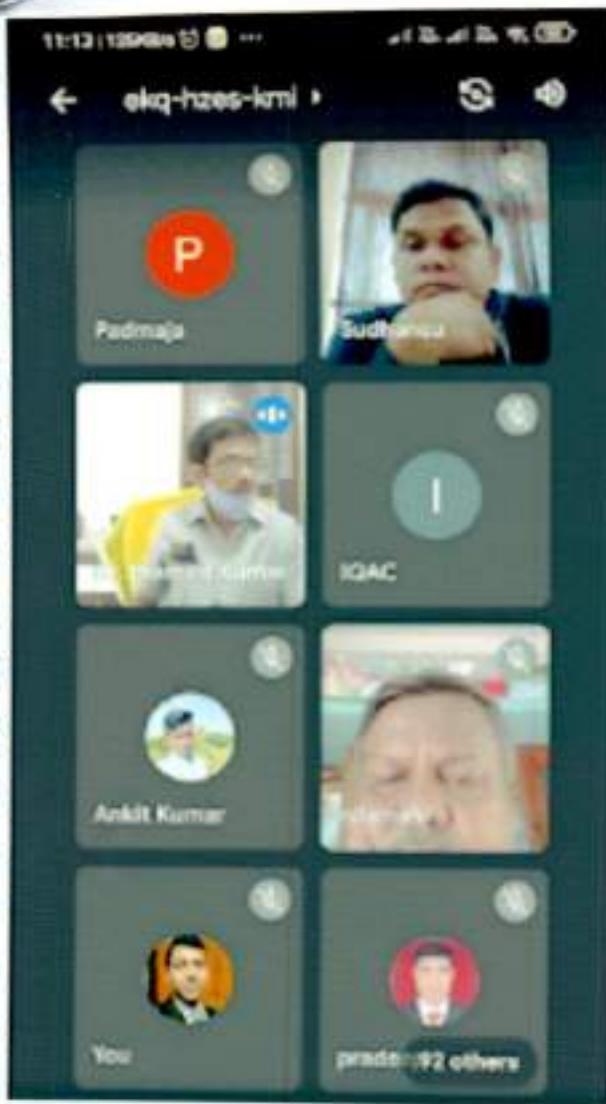
Pradyumna Pradhan  
P.O. Boys unit 03/06/21  
PROGRAMME OFFICER  
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**Webinar on "Community Participation and our roles & responsibilities during this pandemic period" organised by NSS Units , Pattamundai College, Pattamundai**

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Samasya: 4/06/21

### ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜରେ କରୋନା ସଂକ୍ରାନ୍ତ ସେବିନାର

ପଢ଼ାମୁଣ୍ଡାଇ, ୩୬ (ଡି.ପ୍ର): ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଏନଏସଏସ ପକ୍ଷରୁ 'କମ୍ୟୁନିଟି ପାରିସିପେସନ ଆଣ୍ଡ ଆସିନ ଗୋଲ ଆଣ୍ଡ ରେସପନସିବିଲିଟି ଡିଭିଜନ ପାଣ୍ଡେନିକ ପିରିଅଡ' ଶୀର୍ଷକ ସେବିନାର ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି ।



କଲେଜ ଅଧ୍ୟକ୍ଷ ପ୍ରଫେସର ଡ. ପ୍ରମୋଦ ସାମଲଙ୍କ ପୌରୋହିତ୍ୟରେ ଆୟୋଜିତ ସେବିନାରେ ସମ ସେବିନା ବିଶେଷଜ୍ଞ ଡା. ସୁଧାଂଶୁ ଶେଖର ଲେଙ୍କା ମୁଖ୍ୟ ଆଲୋଚକ ଭାବେ ଯୋଗଦେଇ ଉଦ୍‌ଘାଟନା କରାଇବା ପାଇଁ ଉପସ୍ଥିତ ରହିଥିଲେ ।

ସମୟରେ ଆବଶ୍ୟକ ସରକାରୀ ଅନୁମତି ଲାଭରେ ଆଲୋଚନା କରିଥିଲେ । ଏହି ସେବିନାରେ ପ୍ରଶ୍ନୋତ୍ତର ନିମ୍ନୋକ୍ତ ବିଷୟ ଖୁଣ୍ଟିଆ, ଡିଭା କାର୍ଯ୍ୟକ୍ରମ ଅଧିକାରୀ ପ୍ରମୋଦ ରାଉତ ଓ ପଦ୍ମିନୀ କବି ଶତପଥୀ ପ୍ରମୁଖ ଯୋଗଦେଇ କରୋନା ମହାମାରୀର ସୁରକ୍ଷା ଓ ସରକାରୀ ଉପରେ ବ୍ୟବସ୍ଥା କରାଯାଇଥିଲା । ଏହି କାର୍ଯ୍ୟକ୍ରମକୁ ଅଧ୍ୟକ୍ଷ ପ୍ରଫେସର ପ୍ରଧାନ, ସୁରକ୍ଷା ନିଶ୍ଚିତ, ଡ. ନୀଳମଣି ଲେଙ୍କା, ଡ. ସୁନୀଲ ପ୍ରଧାନ ଓ ଡ. ପଦ୍ମରାଜ କରଣ ପ୍ରଧାନ ପ୍ରମୁଖ ପରିଚାଳନା କରିଥିଲେ ।

Samasya: 04/06/21

### ଏନଏସଏସର କରୋନା ସେବିନାର



#### ପଢ଼ାମୁଣ୍ଡାଇ ସିଏସଏସ

ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଏନଏସଏସ ପକ୍ଷରୁ କମ୍ୟୁନିଟି ପାରିସିପେସନ ଆଣ୍ଡ ଆସିନ ଗୋଲ ଆଣ୍ଡ ରେସପନସିବିଲିଟି ଡିଭିଜନ ପାଣ୍ଡେନିକ ପିରିଅଡ ଶୀର୍ଷକ କରୋନା ସଂକ୍ରାନ୍ତ ଏବଂ ସେବିନାର ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । କଲେଜ ଅଧ୍ୟକ୍ଷ ପ୍ରଫେସର ଡ. ପ୍ରମୋଦ ସାମଲଙ୍କ ପୌରୋହିତ୍ୟରେ ଆୟୋଜିତ ସେବିନାରେ ଆଇଏନଏସ ସମ ସେବିନା ବିଶେଷଜ୍ଞ ଡା. ସୁଧାଂଶୁ ଶେଖର ଲେଙ୍କା ମୁଖ୍ୟ ଆଲୋଚକ ଭାବେ ଯୋଗଦେଇ ଉଦ୍‌ଘାଟନା କରାଇବା ପାଇଁ ଉପସ୍ଥିତ ରହିଥିଲେ । ଏହି ସେବିନାରେ ପ୍ରଶ୍ନୋତ୍ତର ନିମ୍ନୋକ୍ତ ବିଷୟ ଖୁଣ୍ଟିଆ, ଡିଭା କାର୍ଯ୍ୟକ୍ରମ ଅଧିକାରୀ ପ୍ରମୋଦ ରାଉତ ଓ ପଦ୍ମିନୀ କବି ଶତପଥୀ ପ୍ରମୁଖ ଯୋଗଦେଇ କରୋନା ମହାମାରୀର ସୁରକ୍ଷା ଓ ସରକାରୀ ଉପରେ ବ୍ୟବସ୍ଥା କରାଯାଇଥିଲା । ଏହି କାର୍ଯ୍ୟକ୍ରମକୁ ଅଧ୍ୟକ୍ଷ ପ୍ରଫେସର ପ୍ରଧାନ, ସୁରକ୍ଷା ନିଶ୍ଚିତ, ଡ. ନୀଳମଣି ଲେଙ୍କା, ଡ. ସୁନୀଲ ପ୍ରଧାନ ଓ ଡ. ପଦ୍ମରାଜ କରଣ ପ୍ରଧାନ ପ୍ରମୁଖ ପରିଚାଳନା କରିଥିଲେ ।

# ପୂଷ୍ପା:ଛଅ

# ଓଡ଼ିଶା ଏକ୍ସପ୍ରେସ୍

କେନ୍ଦ୍ରାପଡ଼ା, ୫ ଜୁନ ୨୦୨୧, ଶନିବାର

## ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଏନଏସଏସର କରୋନା ସେବିନାର

#### ପଢ଼ାମୁଣ୍ଡାଇ, ୩୬: ଏକ୍ସପ୍ରେସ୍ ଦ୍ୱାରା

ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଏନଏସଏସ ପକ୍ଷରୁ କମ୍ୟୁନିଟି ପାରିସିପେସନ ଆଣ୍ଡ ଆସିନ ଗୋଲ ଆଣ୍ଡ ରେସପନସିବିଲିଟି ଡିଭିଜନ ପାଣ୍ଡେନିକ ପିରିଅଡ ଶୀର୍ଷକ କରୋନା ସଂକ୍ରାନ୍ତ ଏବଂ ସେବିନାର ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । କଲେଜ ଅଧ୍ୟକ୍ଷ ପ୍ରଫେସର ଡ. ପ୍ରମୋଦ ସାମଲଙ୍କ ପୌରୋହିତ୍ୟରେ ଆୟୋଜିତ ସେବିନାରେ ଆଇଏନଏସ ସମ ସେବିନା ବିଶେଷଜ୍ଞ ଡା. ସୁଧାଂଶୁ ଶେଖର ଲେଙ୍କା ମୁଖ୍ୟ ଆଲୋଚକ ଭାବେ ଯୋଗଦେଇ ଉଦ୍‌ଘାଟନା କରାଇବା ପାଇଁ ଉପସ୍ଥିତ ରହିଥିଲେ । ଏହି ସେବିନାରେ ପ୍ରଶ୍ନୋତ୍ତର ନିମ୍ନୋକ୍ତ ବିଷୟ ଖୁଣ୍ଟିଆ, ଡିଭା କାର୍ଯ୍ୟକ୍ରମ ଅଧିକାରୀ ପ୍ରମୋଦ ରାଉତ ଓ ପଦ୍ମିନୀ କବି ଶତପଥୀ ପ୍ରମୁଖ ଯୋଗଦେଇ କରୋନା ମହାମାରୀର ସୁରକ୍ଷା ଓ ସରକାରୀ ଉପରେ ବ୍ୟବସ୍ଥା କରାଯାଇଥିଲା । ଏହି କାର୍ଯ୍ୟକ୍ରମକୁ ଅଧ୍ୟକ୍ଷ ପ୍ରଫେସର ପ୍ରଧାନ, ସୁରକ୍ଷା ନିଶ୍ଚିତ, ଡ. ନୀଳମଣି ଲେଙ୍କା, ଡ. ସୁନୀଲ ପ୍ରଧାନ ଓ ଡ. ପଦ୍ମରାଜ କରଣ ପ୍ରଧାନ ପ୍ରମୁଖ ପରିଚାଳନା କରିଥିଲେ ।



A  
REPORT ON  
AN EXTRAMURAL WEBINAR  
ON  
**"POST COVID-19 TREATMENT"**

**RESOURCE PERSONS:-**

**Dr. Sudhanshu Sekhar Lenka**  
**Asst. Prof in Community Medicine (MD)**  
**IMS & SUM Hospital, BBSR, Odisha**

On

02<sup>th</sup> November 2020

**Organized by**  
***NSS, Units***  
***Pattamundai College***  
***Pattamundai***

## REPORT

An extramural webinar was organised by the NSS Units (both Boys and Girls) of Pattamundai College, Pattamundai on 02-11-2020 on the topic, "**Post COVID-19 Treatment**". The resource person of the webinar was Dr. Sudhanshu Sekhar Lenka, Assistance Professor in Community Medicine, IMS & SUM Hospital, Bhubaneswar, Odisha. Prof. Adhikari Laxminarayan Dash, Principal of the college chaired the webinar and formally welcomed the resource person and all the participants. Mr. Pradyumna Pradhan, Programme Officer Boys Unit gave a key note address on the topic and Mrs. Nirupama Swain, Lecturer in Education introduced the resource person. Most of the students of the College, other College, staff members of the college, Programme Officers from other colleges, Universities attended the webinar. The webinar was ended with a vote of thanks by Mrs. Sarojini Mishara, Programme Officer, Girls Units of this college.



OFFICE OF THE PRINCIPAL

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# PATTAMUNDAI COLLEGE

NAAC ACCREDITED B+ GRADE

PATTAMUNDAI, KENDRAPARA, ODISHA - 754215

Ref No. : ..... 1017 .....

Date..... 23/10/2020 .....

To

Dr Sudhanshu Sekhar Lenka  
Sr Programme Officer  
Jhpiego, Odisha.

Sub: Invitation to the **Resource Person** for the webinar organised by NSS Units,  
Pattamundai College, Pattamundai on 2<sup>nd</sup> November 2020.

Sir,

I am pleased to invite you, kindly be the resource person in the webinar on  
"Post COVID-19 Treatment" organised by NSS Units on 2<sup>nd</sup> November 2020 at 3.00  
p.m. The webinar will be conducted through **Zoom Cloud Meeting**.

Your kind consent in this regard is highly solicited.

Principal  
Pattamundai College.



# NSS UNITS

of

**PATTAMUNDAI COLLEGE , PATTAMUNDAI**

Organises

A Webinar on

## "Post COVID-19 Treatment"

Date: 02.11.2020 , Time:03.00 PM



### RESOURCE PERSON

**Dr. Sudhansu Sekhar Lenka**

**MBBS, MD (Community Medicine)**

**Bhubaneswar, Odisha**



**Prof. A.L.N Dash**

**Principal**

**Pattamundai College**

**Pattamundai**



**Mr. Pradyumna Pradhan**

**P.O. NSS Boys Unit**



**Mrs. Sarojini Mishra**

**P.O. NSS Girls Unit**

## Post COVID management protocol

### **Background**

COVID – 19 disease caused by SARS-CoV-2 Coronavirus is relatively a new disease, with fresh information being known on a dynamic basis about the natural history of the disease, especially in terms of post-recovery events.

After acute COVID-19 illness, recovered patients may continue to report wide variety of signs and symptoms including fatigue, body ache, cough, sore throat, difficulty in breathing, etc. As of now there is limited evidence of post-COVID sequelae and further research is required and is being actively pursued. A holistic approach is required for follow up care and well-being of all post-COVID recovering patients.

### **Scope**

This document provides an integrated holistic approach for managing patients who have recovered enough from COVID for care at home. It is not meant to be used as preventive / curative therapy. The recovery period is likely to be longer for patients who suffered from more severe form of the disease and those with pre-existing illness.

### **Post-COVID Follow Up Protocol**

#### **(i) At individual level**

- Continue COVID appropriate behaviour (use of mask, hand & respiratory hygiene, physical distancing).
- Drink adequate amount of warm water (if not contra-indicated).
- Take immunity promoting AYUSH medicine (details of medicines and their dosage is at **Annexure I**) – To be practiced and prescribed by a qualified practitioner of AYUSH.
- If health permits, regular household work to be done. Professional work to be resumed in graded manner.

- Mild/ moderate exercise
  - Daily practice of Yogasana, Pranayama and Meditation, as much as health permits or as prescribed.
  - Breathing exercises as prescribed by treating physician.
  - Daily morning or evening walk at a comfortable pace as tolerated.
- Balanced nutritious diet, preferably easy to digest freshly cooked soft diet.
- Have adequate sleep and rest.
- Avoid smoking and consumption of alcohol.
- Take regular medications as advised for COVID and also for managing comorbidities, if any. Doctor to be always informed about all medicines that the individual is taking (allopathic/AYUSH) so as to avoid prescription interaction.
- Self-health monitoring at home - temperature, blood pressure, blood sugar (especially, if diabetic), pulse oximetry etc. (if medically advised)
- If there is persistent dry cough / sore throat, do saline gargles and take steam inhalation. The addition of herbs/spices for gargling/steam inhalation (refer to Annexure I). Cough medications, should be taken on advice of medical doctor or qualified practitioner of Ayush.
- Look for early warning signs like high grade fever, breathlessness, SpO<sub>2</sub> < 95%, unexplained chest pain, new onset of confusion, focal weakness.

(ii) At the level of community

- Recovered individuals to share their positive experiences with their friends and relatives using social media, community leaders, opinion leaders, religious leaders for creating awareness, dispelling myths and stigma.
- Take support of community based self-help groups, civil society organizations, and qualified professionals for recovery and rehabilitation process (medical, social, occupational, livelihood).
- Seek psycho-social support from peers, community health workers, counsellor. If required seek mental health support service.
- Participate in group sessions of Yoga, Meditation etc. while taking all due precautions like physical distancing.

(iii) In healthcare facility setting

- The first follow-up visit (physical/telephonic) should be within 7 days after discharge, preferably at the hospital where he/she underwent treatment.
- Subsequent treatment/follow up visits may be with the nearest qualified allopathic/AYUSH practitioner/medical facility of other systems of medicine. Poly-therapy is to be avoided due to potential for unknown drug-drug interaction, which may lead to Serious Adverse Events (SAE) or Adverse Effects (AE).
- The patients who had undergone home isolation, if they complain of persisting symptoms, will visit the nearest health facility.
- Severe cases requiring critical care support will require more stringent follow up.

**Immunity promoting AYUSH medicine (to be prescribed only by practioners permitted under law for prescribing the medicine/therapy under specific stream)**

Ayush Kwath (150 ml; 1 cup) daily, Samshamani vati twice a day 500 mg (1 gm per day) or Giloy powder 1 -3 grams with luke warm water for 15 days, Ashwagandha 500 mg twice a day (1 gm per day) or Ashwagandha powder 1-3 grams twice daily for 15 days and Amla fruit one daily/Amla powder 1-3 grams once daily.

- Mulethi powder (in case of dry cough) 1- 3 gram with luke warm water twice daily
- Warm Milk with ½ teaspoonful Haldi in (morning/evening)
- Gargling with turmeric and salt
- Chyawanprash 1 teaspoonful (5 mg) once daily in morning (as per directions from Vaidya)

**It is also suggested by the Ministry of AYUSH that the use of Chyawanprash in the morning (1 teaspoonful) with luke warm water/milk is highly recommended (under the direction of Registered Ayurveda physician) as in the clinical practice Chyawanprash is believed to be effective in post-recovery period.**



# NSS UNITS PATTAMUNDAI COLLEGE, PATTAMUNDAI

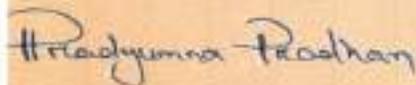
Affiliated to Utkal University, Bhubaneswar, Odisha



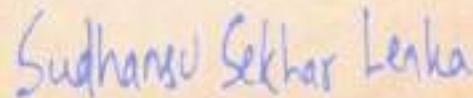
## *Certificate of Participation*

This is to certify that Mr./Ms./Mrs. **BIKASH KUMAR NAYAK**, STUDENT of Pattamundai Degree College, Pattamundai has actively participated in the Webinar on "Post COVID-19 Treatment" organized by NSS Units, Pattamundai College, Pattamundai, Kendrapara, Odisha.

Date: 02.11.2020



Mr. Pradyumna Pradhan  
Convenor



Dr. S.S. Lenka  
Resource Person



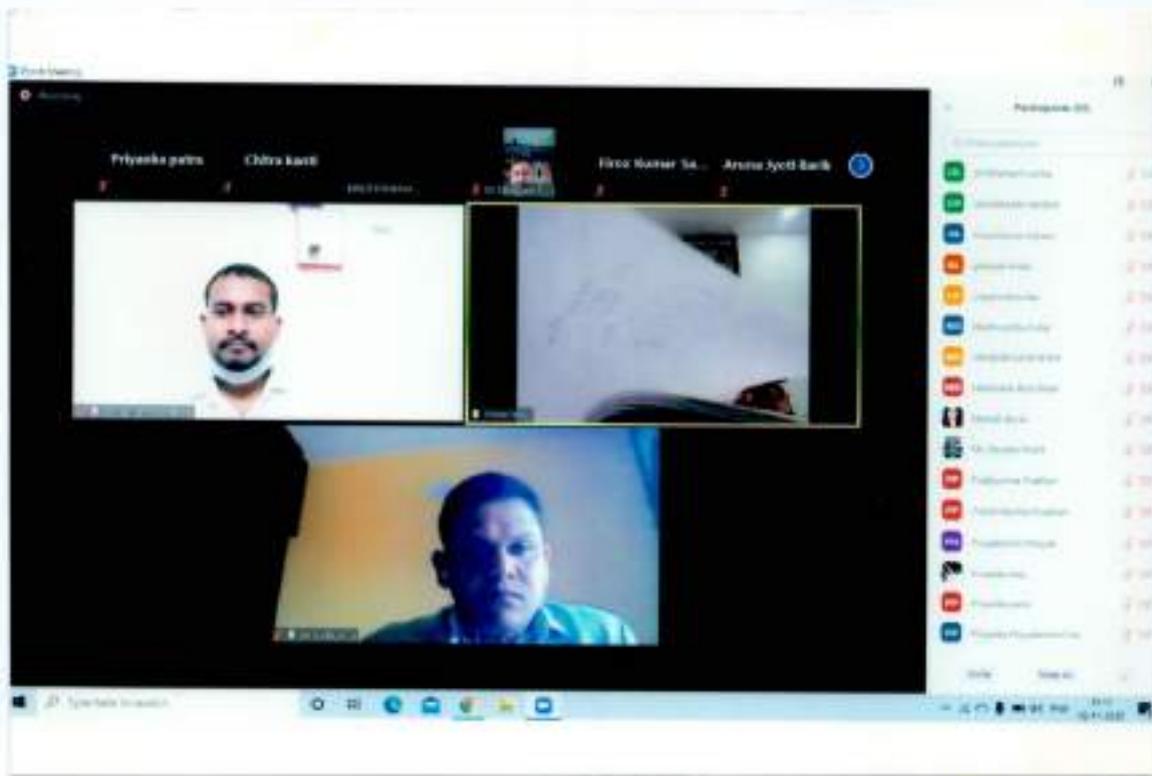
Prof. A.L.N. Dash  
Principal

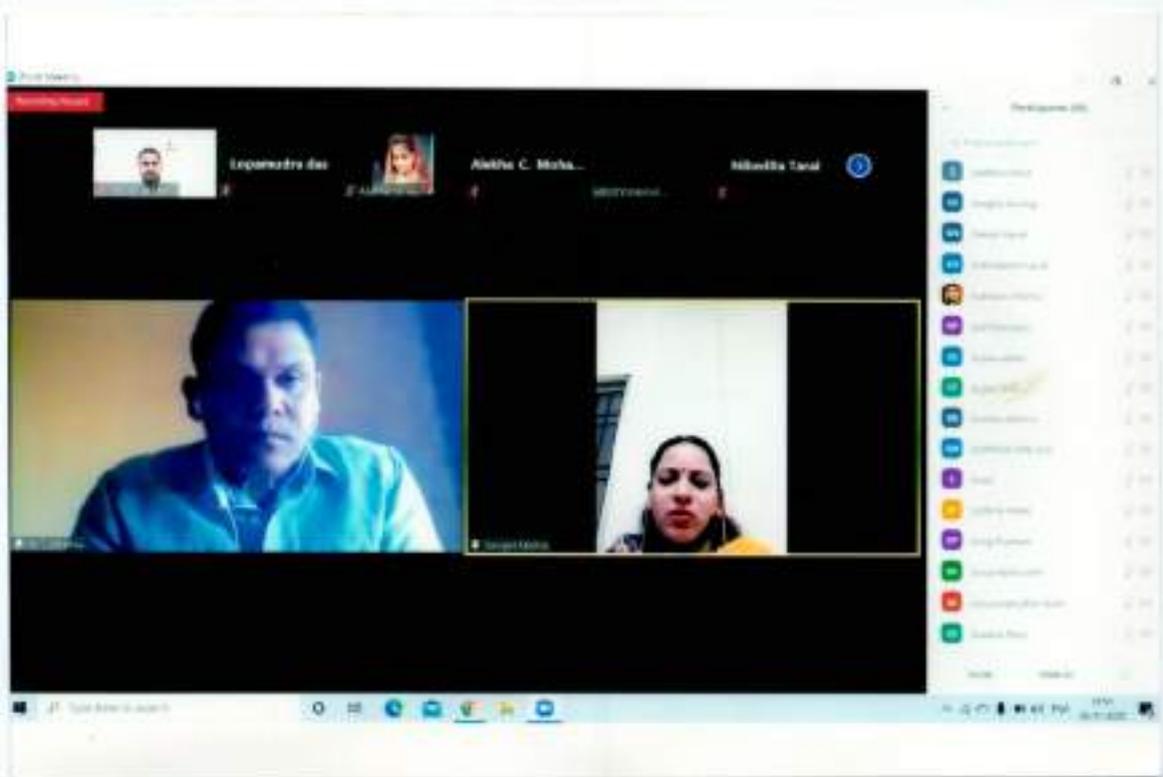
## Webinar on "Post COVID-19 Treatment"

**Organised By: NSS Units, Pattamundai College, Pattamundai, Kendrapara, Odisha Date:02.11.2020 Time: 03.00 PM**

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କଲେଜ ଏନ-ଏସ-ଏସର ସ୍ପେଷିଆଲ



• ପରାମର୍ଶଦା, ଟି-ଏନ-ଏସ  
 ପରାମର୍ଶଦା କଲେଜ ଦଳର ପାଠିକା  
 ଏନ-ଏସ-ଏସ ପଠାବୁ ପୋଷ କୋର୍ସର  
 ଟିଚିଙ୍ଗିଂ ଶାସ୍ତ୍ର ସ୍ପେଷିଆଲ  
 କଲେଜ ଅଧ୍ୟକ୍ଷ ପ୍ରଫେସର ଅଧ୍ୟକ୍ଷା  
 କଞ୍ଚନାକାନ୍ତ ଦାଶଙ୍କ ପୌରଣିକରେ  
 ଅନୁଷ୍ଠିତ ହୋଇପାରିଛି । ଏମ  
 ପରିବାରର ଗୋଟିଏକ ବିଶେଷତା ହେ  
 ଗୁଣକୁ ଶେଷର ଲେଖା ଯୋଗ୍ୟରେ  
 ବିଭିନ୍ନଭିତ୍ତି ଆବଶ୍ୟକତା କରିଥିଲେ ।  
 ଦୀର୍ଘ ବିଭାଗ ଏନ-ଏସ-ଏସ  
 କାର୍ଯ୍ୟକ୍ରମ ଅଧ୍ୟକ୍ଷା ଅଧ୍ୟାପକ  
 ପ୍ରଫୁଲ୍ଲ ପ୍ରଧାନ କାର୍ଯ୍ୟକ୍ରମ ଆରମ୍ଭରେ  
 କୃତଜ୍ଞା ଭେଦା ସହିତ ଅତିଥି ପରିଚୟ  
 ପ୍ରଦାନ କରିଥିଲେ । ଅଧ୍ୟାପିକା  
 ନିରୁଦ୍ୟା ବାରିକଙ୍କ ସଂଯୋଜନାରେ  
 ଆବଶ୍ୟକ କାର୍ଯ୍ୟକ୍ରମରେ ପାଠିକା  
 ଏନ-ଏସ-ଏସ କାର୍ଯ୍ୟକ୍ରମ ଅଧ୍ୟକ୍ଷା  
 ଅଧ୍ୟାପିକା ସରୋଜିନୀ ମିଶ୍ର ଅଧ୍ୟକ୍ଷା  
 ଦେଇଥିଲେ ।

Pragati Bodi  
 24 Oct 11 2020

suryakantibayee@gmail.com	SURYAKANTI BAYEE	STUDENT	PATTAMUNDAI (D	+3 3rd year (Art	BA-18-14	9556836138
dipapratima123@gmail.com	DIPA PRATIMA CHOUDHURY	STUDENT	Pattamundai degre	+3rd year	Bs-18-094	6371796352
shilpasethi372@gmail.com	SHILPA SETHI	STUDENT	Pmi college (ex-student)			7077910252
sunilpradhan1968@gmail.com	DR SUNIL KUMAR PRADHAN	ASSISTANT PROF	Pattamundai College			9337335705

kabitasahoo3458@gmail.com	KABITA SAHOO	STUDENT	Pattamundai (degre	+3 3rd year arts	BA18-019	8118067289
taraisusmita3@gmail.com	SUSMITA TARAI	STUDENT	PATTAMUNDAI (D	+3 3rd year arts	BA_18_33	9937289531
sarojinimishra7191@gmail.com	SAROJINI MISHRA	PROFESSOR	pattamundai college			9437920782
manojparida1967@gmail.com	CAPT MANOJ PARIDA	ASSOCIATE PRO	Pattamundai college, Pattamundai			9861329944
khirabdhitanayadash.123@gmail.com	SOUBHAGYABATI DASH	STUDENT	Pattamundai ( Degr	+3 3rd year	213	8114655069
asmitpatra9078@gmail.com	ASMIT PATRA	STUDENT	Pattamundai colleg		12 IS1936	9078547790
arunjoyotibarik@gmail.com	ARUNA JYOTI BARIK	STUDENT	Pattamundai Highe		12 IS19_019	9078549160
dhanajayasamalmunnadld1291@gmail.com	DHANAJAYA SAMAL	STUDENT	Pattamundai colleg	3rd year	BS18-117	7894709480
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anjanasama12019@gmail.com	ANJANA SAMAL	STUDENT	Pattamundai colleg	+3 3rd year,arts	BA-18-249	6370155639
kumarsatyabrata63@gmail.com	MALAYA KUMAR SAHOO	STUDENT	Pattamundai collog	+3 3rd year	Bs18-012	6370183886
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drpksamal1963@gmail.com	DR PRAMOD KUMAR SAMAL	ASSOCIATE PRO	Pattamundai College			9337143523
taraisunita46@gmail.com	SUNITA TARAI	STUDENT	PATTAMUNDAI CO	+2 2nd Year	IS19-062	7750819043
tapaswineedas06@gmail.com	TAPASWINEE DAS	Teacher-TGT PCN	B M HIGH SCHOOL, ATHARABATIA,PATTAMUN			8658997800
rkumarsahoo84@gmail.com	RAKESH KUMAR SAHOO	Lecturer	Kendrapara Evening Degree College Kendrapara			8637288251
amritabehura52@gmail.com	AMRITA BEHURA	STUDENT	Pattamundai degre	+3 2nd year	Bs-19-009	7735642711
nayakrasmiranjan162@gmail.com	RASMIRANJAN NAYAK	STUDENT	Aul Degree collage	+3 3rd year	BS18-016	9348828198
subhalaxminayak462@gmail.com	SUBHALAXMI NAYAK	STUDENT	Pattamundai highes	+2 2nd yr	IS19-126	9777004702
paridaritika880@gmail.com	RITIKA PARIDA	STUDENT	Pattamundai colleg	+2 2nd year sci	IS-19054	9556249698
ranjankumargahan746@gmail.com	RANJANKUMARGAHAN	ASSISTANT PRO	Pattamundaicollege			7735355311
dipakpranati451@gmail.com	SUCHITRA PATRA	STUDENT	Pattamundai highes	+2nd year	IS19-007	9438581470
manishar361@gmail.com	MANISHA ROURAY	STUDENT	Pattamundai degre	+3 2nd year	BS(B)19-028	8456853818
aishwaryapanda2004@gmail.com	AISWARYA PANDA	STUDENT	Pattamundai Highe		12 IS19-047	9337028836
sarojinikar915581@gmail.com	SAROJINI KAR	STUDENT	PATTAMUNDAI CO	3rd year	Bs18-024	9861325190
chitrakanti1989@gmail.com	CHITRAKANTI SETHI	ASSISTANT PRO	S. N COLLEGE, RAJKANIKA			9348703674
monalishaniku@gmail.com	MONALISHA SETHI	STUDENT	Pattamundai degre	+3 2nd year	25	6372863507
sabitrisahoo2000@gmail.com	SABITRI SAHOO	STUDENT	Pattamundai Colleg	+3 3rd year	BA-18-055	8895929446
gjena196@gmail.com	GAYATRI JENA	STUDENT	Pattamundai CLG	+3 2nd yr	Bs (B)19 - 091	9178416553
smurtiranjanparida73@gmail.com	SMRUTI RANJAN PARIDA	STUDENT	Pattamundai degre	+2 2nd yr	BA19-020	9556317992
dasrajnandini67@gmail.com	RAJNANDINI DAS	STUDENT	Kalinga Bharati Res	Yes	81	9337979428
swainpramodkumar1969@gmail.com	MR PRAMOD KUMAR SWAIN	ASSISTANT PRO	Pattamundai college pattamundai			9937974209
subratkumarsutar2003@gmail.com	SUBRAT KUMAR SUTAR	STUDENT	pattamundai colleg	+22nd year	is19-o40	7735102120



**A  
REPORT ON  
“DISTRIBUTION OF MASK IN THE  
ADOPTED VILLAGE'S”**

**GUIDED BY:-**

**Mr. Pradyumna Pradhan  
Programme Officer Boys Unit  
&**

**Mrs Sarojini Mishara  
Programme Officer Girls Unit**

**ON**

**18<sup>TH</sup> APRIL, 2021**

**Organized by  
NSS, Units  
Pattamundai College  
Pattamundai**

## REPORT

A mask distribution programme was organised by both NSS (Boys and Girls) Units of Pattamundai College at Baktarpur and Praharajpur, the adopted village of NSS Units of Pattamundai College on 18<sup>th</sup> April 2021. The Programme was organised under the supervision of Mr Pradyumna Pradhan, Programme Officer NSS Boys unit and Mrs Sarojini Mishra Programme Officer NSS Girls Units. Total 50 Number of students were participated in this mask distribution programme and they distribute 300 mask in this programme. The programme was highly praised by the principal of this institution and the peoples of these two villages.

Pradyumna Pradhan  
18.04.2021

P.O. Boys unit.

**STUDENTS PARTICIPATED IN THE DISTRIBUTION OF MASK  
ORGANISED BY :- NSS UNITS  
PATTAMUNAI COLLEGE, PATTAMUNDAL, KENDRAPARA, ODISHA  
18th April 2021**

Sl.No	Name	Roll No	Class	Signature
1	Sovasini Dash	BA20-012	+3 1st year	Sovasini Dash
2	Monalisha kar	BA20-013	+3 1st year	Monalisha kar
3	Sushree Subhasandhya Samal	BA20-23	+3 1st year	S. Subhasandhya Samal
4	Prityanka Ritabansari Sahoo	BA20-56	+3 1st year	Prityanka Ritabansari Sahoo
5	Pranita Prati priyambada Behera	BA20-020	+3 1st year	Pranita Prati priyambada Behera
6	Soumyashree Sahoo	BA20-025	+3 1st year	Soumyashree Sahoo
7	Manasi Tarai	BA20-132	+3 1st year	Manasi Tarai
8	Baresha Rani Malik	BA20-158	+3 1st year	Baresha Rani Malik
9	Tamisha Priyadarshini Sethi	BA20-089	+3 1st year	Tamisha Priyadarshini Sethi.
10	Bearsarani Samal	BA20-067	+3 1st year	Bearsarani Samal
11	Smrutimayee Pradhan	BA20-053	+3 1st year	Smrutimayee Pradhan
12	Saon Kanta Behera	BA20-200	+3 1st year	Saon Kanta Behera
13	Nitesh Kumar Nath	BA20-212	+3 1st year	Nitesh Kumar Nath

Sl.No	Name	Roll No	Class	Signature
14	Shankaragan Behera	BA20-046	+3 1st year	Shankaragan Behera
15	Sanjib Kumar Gaspai	BA20-005	+3 1st year	Sanjib Ku. Gaspai
16	Satyabanta Nayak	BA20-199	+3 1st year	Satyabanta Nayak
17	Lizanani Sethi	BA20-041	+3 1st year	Lizanani Sethi
18	Ankita Nath	BA20-168	+3 1st year	Ankita Nath
19	Monalisha Nath	BA20-170	+3 1st year	Monalisha Nath
20	Aksha Kumar Patra	BA20-096	+3 1st year	Aksha Kumar Patra
21	Astatosh Malik	BA20-226	+3 1st year	Astatosh Malik
22	Sucharita Roul	BA20-063	+3 1st year	Sucharita Roul
23	Monalisa Kas	BA20-190	+3 1st year	Monalisa Kas
24	Sachin Kumar Mishra	BA20-002	+3 1st year	Sachin Kumar Mishra
25	Narendra Kumar Behera	BA20-191	+3 1st year	Narendra Kumar Behera
26	Sudrat Kumar Behera	BA20-109	+3 1st year	Sudrat Kumar Behera
27	Satyjit Kora	BA20-216	+3 1st year	Satyjit Kora
28	Moukunda Bork			



Pattamundai, Odisha, India  
College Rd, Pattamundai, Odisha 754215, India  
Lat N 20° 34' 16.9212"  
Long E 86° 34' 10.7689"  
18/04/21 09:40 AM



Pattamundai, Odisha, India  
Unnamed Road, Pattamundai, Odisha 754215, India  
Lat N 20° 34' 38.8848"  
Long E 86° 34' 9.2136"  
18/04/21 09:01 AM



Pattamundai, Odisha, India  
Unnamed Road, Pattamundai, Odisha 754215, India  
Lat N 20° 34' 41.736"  
Long E 86° 34' 3.9684"  
18/04/21 09:50 AM



Pattamundai, Odisha, India  
Unnamed Road, Pattamundai, Odisha 754215, India  
Lat N 20° 34' 40.008"  
Long E 86° 34' 8.8572"  
18/04/21 09:50 AM



Pattamundai, Odisha, India  
Unnamed Road, Pattamundai, Odisha 754215, India  
Lat N 20° 34' 38.7192"  
Long E 86° 34' 11.2692"  
18/04/21 08:52 AM



Pattamundai, Odisha, India  
Unnamed Road, Pattamundai, Odisha 754215, India  
Lat N 20° 34' 41.7576"  
Long E 86° 34' 3.9288"  
18/04/21 09:14 AM



Pattamundai, Odisha, India  
Unnamed Road, Pattamundai, Odisha 754215, India  
Lat N 20° 34' 28.6932"  
Long E 86° 34' 21.504"  
18/04/21 08:38 AM



Pattamundai, Odisha, India  
Unnamed Road, Pattamundai, Odisha 754215, India  
Lat N 20° 34' 28.6932"  
Long E 86° 34' 21.504"  
18/04/21 08:38 AM









**Office of the Principal  
Pattamundai College, Pattamundai**

NO. 436 DT. 25.3.2021

NOTICE

It is hereby notified to all the +2 and +3 stream students that the Cultural Association is going to organize different competitions among the students as per the following programs. Interested students are directed to give their names with Roll no. and class to Prof. S.K. Nayak, Lecturer in English on or before 05.04. 2021. Further competitors are directed to report themselves for participation before half an hour of the schedule.

Events for +2 and +3 students						
Sl. No.	Events	Date	Time for +2students	Time for +3students	Venue	Judges
1	Essay (English)	05.04.2021	10.00- 11.00 am	10.00- 11.00 am	Hall No. 25	Dr. S C Das Mr A K Das <i>bedas AKD</i>
2	Essay (Odia)	05.04.2021	11.00- 12.00 am	11.00- 12.00 am	Hall No. 25	Dr. P. Rout Ms. L. Patra <i>P. Rout L. Patra</i>
3	Extempore (English)	06.04.2021	10.00- 11.00 am	11.00 am - 12.00 pm	Hall No. 25	Mr A K Das Dr. M K Nayak <i>AKD MK Nayak 20.03.2021</i>
4	Extempore (Odia)	06.04.2021	10.00- 11.00 am	11.00 am - 12.00 pm	Hall No. 25	Dr. P. Rout Ms. L. Patra <i>P. Rout L. Patra</i>
5	Mehendi	06.04.2021	11.00- 12.00 am	11.00- 12.00 am	Infront of Hall no.8	Ms N Nayak Ms. N Pradhan Mr. R K Behera <i>N. Nayak N. Pradhan R. Behera</i>
6	Debate (English)	07.04.2021	10.00- 11.00 am	11.00 am - 12.00 pm	Hall No. 25	Dr. M K Nayak Mr. R. Behura <i>MK Nayak R. Behera 20.03.2021</i>
7	Debate (Odia)	07.04.2021	10.00- 11.00 am	11.00 am - 12.00 pm	Hall No. 25	Mr. P. K. Swain Ms. L. Patra <i>P. K. Swain L. Patra</i>
8	Rangoli	07.04.2021	10.00- 11.00 am	10.00- 11.00 am	Infront of Hall no.8	Ms R N M Parida Mr. Ranjan Behera Ms. S Biswal <i>R. N. M. Parida R. Behera S. Biswal</i>
9	General Knowledge	08.04.2021	10.00- 11.00 am	10.00- 11.00 am	Hall No. 25	Mr. R. K Behera Mr. S Mishra Mr. J. Mallik <i>R. K. Behera S. Mishra J. Mallik</i>
10	Drawing	08.04.2021	10.00- 11.00 am	10.00- 11.00 am	Hall No. 25	Ms. S Mishra Ms S Das <i>S. Mishra S. Das</i>

*[Signature]*

*[Signature]*  
Principal,  
Pattamundai College  
Pattamundai College  
25/3/21

**LIST OF PARTICIPANTS OF DIFFERENT CULTURAL EVENTS OF +3 STREAMS  
2020-2021**

<b>PARTICIPANTS LIST (DRAWING)</b>		
<b>SL NO.</b>	<b>NAME</b>	<b>ROLL NO</b>
1	SANDHYRANI GHADEI	BA20- 053
2	SUBHASHREE SETHY	BS18- 049
3	ASHIS KUMAR SAHOO	BA20-113
4	SUSHREE SUBHASANDHYA SAMAL	BA20- 023
5	BASUDEV PADHI	BS19-103
6	RUDRANI DAS	BA18-029
7	SATYABAN ROUT	BA18-238
8	ARPITA PRITI PRIYAMBADA BEHERA	BA20-20
9	MONALISHA DASH	BA18-039
10	DEBASIS MALIK	BA-20-166
11	PUSPALATA MALIK	BC18-098
12	JYOTRIMAYEE PRADHAN	BC18-099
13	SMRUTIPRIYA PRADHAN	BA-20-108
14	KAUSALYA PAL	BA18-089
15	SARAS KUMAR PRADHAN	BS-18-006
16	TULASHI SETHI	BA-18-079
17	SOUBHAGYABATI DASH	BA-18-213
18	GOUTAM BEHERA	BS(P)19-065
19	PRIYANKA PRIYADARSIN SWAIN	BS(B)19-057
20	DIPTIMAYEE MALIK	BS(B)19-071
21	AMRITA BEHURA	BS(B)19-009

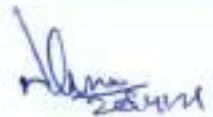
22	RUPAK KUMAR MALIK	BC18-090
23	RAJALAXMI ROUT	BA18-080
24	ROJALIN JENA	BA18-023
25	SADHANA ROUT	BA18-259
26	RIZWANA KHATUN	BC18-111
27	SHARMISTHA MOHANTY	BA17-209
28	SOURAV MOHANTY	BC19-009
29	SUJATA ROUT	BC19-010
30	RAJESH SETHI	BC18-107
31	SATYABRATA PADHY	BA17-104
32	NIBEDITA TARAI	BA17-119
33	SWOSTIKA TARAI	BS(B)19-018
34	TAPAS KUMAR NAYAK	BC19-001
35	DEBASIS MALIK	BA-20-166
36	DIPA PRATIMA CHOUDHARY	BS18-094

*Handwritten signature and date*  
25/4/24

**PARTICIPANTS LIST  
( GENERAL KNOWLEDGE)**

SL NO.	NAME	ROLL NO
1	SANDHYRANI GHADEI	BA20- 053
2	AMRITA BEHURA	BS(B)19-009
3	ASHIS KUMAR SAHOO	BA20-113
4	SUSHREE SUBHASANDHYA SAMAL	BA20- 023
5	BASUDEV PADHI	BS19-103
6	RUDRANI DAS	BA18-029
7	SATYABAN ROUT	BA18-238
8	LAXMIKANTA BAL	BC19-047
9	SK ISLAM	BC19-048
10	BISWAJIT PANDA	BC19-080
11	PUSPALATA MALIK	BC18-098
12	JYOTRIMAYEE PRADHAN	BC18-099
13	SMRUTIPRIYA PRADHAN	BA-20-108
14	KAUSALYA PAL	BA18-089
15	SOUMYA RANJAN DAS	BS(P)19-080
16	SUBRAT SAHOO	BC19-049
17	KANCHAN PRADHAN	BC19-081
18	SRADHANJALI SAHOO	BS(P)19-093
19	GANESWAR MALLIK	BS(P)19-076
20	MANOJ KANTA SAHOO	BS(P)19-060
21	GOUTAM BEHERA	BS(P)19-065
22	DIPA PRATIMA CHOUDHARY	BS18-094

23	AMISHA PANDA	BS(P)19-019
24	ASIMA NATH	BS(P)19-030
25	AROBINDA MEHER	BS(P)19-081
26	AKANKSHYA NAYAK	BS(P)19-084
27	ANATHABANDHU JENA	BS(P)19-087
28	RITUSMITA NAYAK	BA19-179
29	RUDRANI DAS	BA18-029
30	KRISHNABENI DASH	BS(B)19-066
31	SHUVASMITA DEBATA	BS(B)19-098
32	SUBHAM KUMAR PRADHAN	BS17-051
33	GOUTAM SETHI	BS17-149
34	LAXMIPRIYA SAHOO	BS17-032
35	NISHIKANTA DAS	BS(P)19-082
36	SHARMISTHA MOHANTY	BA17-209
37	SATYASUNDAR PADHI	BC19-025
38	JYOTI SAYANTINEE PARIDA	BC19-026
39		
40	DIPA PRATIMA CHOUDHARY	BS18-094
41	RANJAN SETHI	BC19-087
42	SRUSTIDEEPA NAYAK	BS(B)19-106
43	DEBASIS MALIK	BA-20-166

  
20/11/21

**+3 ENGLISH DEBATE  
PARTICIPANT LISTS**

SL NO	NAME & CLASS	ROLL NO
1	SONALI LENKA	BC18-121
2	ABHIPSA ROUT	BA19-067
3	SMRUTI PRAGNYA NAYAK	BA19-189
4	PRASANT KUMAR NATH	BA19-087
5	CHINMAYEE NATH	BA19-098
6	ITISHREE PRADHAN	BA19-102
7	SUMAN SRIYA NAYAK	BA19-243
8	SUBHASHMITA SAHOO	BA19-140
9	NAMITA PADHI	BA19-142
10	PABITRA BAI	BA19-144
11	SRADHANJALI NAYAK	BA19-148
12	LORALIN NAYAK	BA19-154
13	SUCHISMITA TARAI	BA19-183
14	KAIBALYA PRASAD PATRA	BA19-207
15	SUSMITA SAHOO	BA19-211
16	SOUMYASHREE PARIDA	BA18-049
17	SABITRI SAHOO	BA18-055
18	MONALISA SAHOO	BA18-078
19	SUSHREE SANGITA DAS	BA18-083
20	SASMITA BARIK	BA18-085
21	KAUSALYA PAL	BA18-089
22	BARSHARANI BHUYAN	BA18-097
23	SRIMATI BISWAL	BA18-099

24	SANJUKTA MALIK	BA18-101
25	JAYASHREE ROUT	BA18-102
26	SARAS PRADHAN	BS18-060
27	TAPASWINI JENA	BS18-069
28	DIPA PRATIMA CHOUDHURY	BS18-094
29	SUSHREE SUBHASANDHYA SAMAL	BA20-023
30	MONALISHA DASH	BA18-039
31	PURNIMA SWAIN	BA19-180
32	PUJARANI NAYAK	BA19-181
33	KRISHNA NAYAK	BA19-185

*[Handwritten signature]*

+3 ENGLISH ESSAY PARTICIPANT LISTS		
SL NO	NAME & CLASS	ROLL NO
1	NAMITA PADHI	BA19-142
2	PABITRA BAI	BA19-144
3	SRADHANJALI NAYAK	BA19-148
4	LORALIN NAYAK	BA19-154
5	SUCHISMITA TARAI	BA19-183
6	KAIBALYA PRASAD PATRA	BA19-207
7	SUSMITA SAHOO	BA19-211
8	SOUMYASHREE PARIDA	BA18-049
9	SABITRI SAHOO	BA18-055
10	SUSHREE SANGITA DAS	BA18-083
11	SASMITA BARIK	BA18-085

12	KAUSALYA PAL	BA18-089
13	BARSHARANI BHUYAN	BA18-097
14	SRIMATI BISWAL	BA18-099
15	SANJUKTA MALIK	BA18-101
16	JAYASHREE ROUT	BA18-102
17	SARAS PRADHAN	BS18-060
18	TAPASWINI JENA	BS18-069
19	DIPA PRATIMA CHOUDHURY	BS18-094
20	SUSHREE SUBHASANDHYA SAMAL	BA20-023
21	MONALISHA DASH	BA18-039
22	SONALI LENKA	BC18-121
23	ABHIPSA ROUT	BA19-067
24	PURNIMA SWAIN	BA19-180
25	PRASANT KUMAR NATH	BA19-087
26	CHINMAYEE NATH	BA19-098
27	ITISHREE PRADHAN	BA19-102
28	SUMAN SRIYA NAYAK	BA19-243
29	SUBHASMITA SAHOO	BA19-140
30	SONALI LENKA	BC18-121

*[Handwritten signature]*  
20/11/21

**+3 ENGLISH EXTEMPORE  
PARTICIPANT LISTS**

SL NO	NAME & CLASS	ROLL NO
1	BISWARANJAN SAMAL	BC19-007
2	RANJIT GHADAI	BC19-008
3	SOURAV MOHANTY	BC19-009
4	SUJATA ROUT	BC19-010
5	SOUMYASHREE PARIDA	BA18-049
6	KAUSALYA PAL	BA18-089
7	SARAS PRADHAN	BS18-060
8	TAPASWINI JENA	BS18-069
9	DIPA PRATIMA CHOUDHURY	BS18-094
10	SUSHREE SUBHASANDHYA SAMAL	BA20-023
11	MONALISHA DASH	BA18-039
12	SONALI LENKA	BC18-121
13	ABHIPSA ROUT	BA19-067
14	NAMITA PADHI	BA19-142
15	PABITRA BAI	BA19-144
16	SRADHANJALI NAYAK	BA19-148
17	LORALIN NAYAK	BA19-154
18	SUCHISMITA TARAI	BA19-183
19	KAIBALYA PRASAD PATRA	BA19-207

20	SUSMITA SAHOO	BA19-211
21	NAMITA PADHI	BA19-142
22	AKANKSHA PRADHAN	BC18-102
23	TAPAN KUMAR SETHI	BC18-103
24	SATYAJIT BEHERA	BC18-104
25	ASHISH KUMAR MALIK	BC18-105

*Handwritten signature*

+3 MEHENDI PARTICIPANT LISTS		
SL NO	NAME & CLASS	ROLL NO
1	ANNAPURNA NAYAK	BS18-028
2	CHANDAN KUMAR JENA	BS18-046
3	MOUSUMI PARIDA	BS18-008
4	AMIYA RANJAN DAS	BS18-101
5	SWETA SAMAL	BS18-113
6	KAUSALYA PAL	BA18-089
7	RAJESH SETHI	BC18-107
8	KRUTIDYUTI SETHI	BC18-109
9	BABUL MALIK	BC18-110
10	RIZWANA KHATUN	BC18-111
11	SUJATA ROUT	BA19-141

12	SAI SHREE MALIK	BA19-143
13	CHINMAYEE PARIDA	BA19-147
14	DIPTIMAYEE ROUT	BA19-150
15	SIMASUNDARI BEHURA	BA19-158
16	ANKITA MALIK	BA19-162
17	SANDHYARANI JENA	BA19-166
18	GITANJALI SETHI	BA19-177
19	RITUSMITA NAYAK	BA19-179
20	PRIYADARSHINI PRADHAN	BC19-112
21	RAKESH NAYAK	BC19-113
22	SMRUTISRABANI PATRA	BC19-114
23	SAROJINI ROUT	BC19-115
24	HITIK KUMAR DAS	BC19-116
25	RUDRANARAYAN MALIK	BC19-117
26	NAMITA PANDA	BS18-019
27	MONALISHA DASH	BS18-039
28	LAXMIPRIYA SAHOO	BS18-071
29	ALOK RANJAN DAS	BS18-079
30	SATYAJIT MOHANTY	BS18-083
31	JYOTIPRAKASH PARIDA	BS18-095
32	ANKITA SAHOO	BS18-099

33	TULASI SETHI	BA18-079
34	SOUBHAGYABATI DASH	BA18-213
35	DEBASIS MALIK	BA20-166
36	SUSHREE SUBHASANDHYA SAMAL	BA20-023

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<b>+3 RANGOLI PARTICIPANT LISTS</b>		
SL NO	NAME & CLASS	ROLL NO
1	JYOSTNARANI BISWAL	BC18-001
2	SWATI SWAGATIKA MALLICK	BC18-002
3	RAJALAXMI NANDI	BC18-003
4	RAJALAXMI ROUT	BA18-080
5	ARPITA PRITI PRIYAMBADA BEHERA	BA20-020
6	KAUSALYA PAL	BA18-089
7	ITISHREE PANDAB	BA19-049
8	ARPITARANI DAS	BA19-051
9	KAMALINI MALIK	BA19-052
10	TANMAYEE BAYEE	BA19-053
11	SURABHI PRADHAN	BA19-054
12	BINAPANI ROUT	BA19-060

13	ANIMA SAHOO	BA19-064
14	PRABINA SAHOO	BA19-079
15	SANGITA MOHANTY	BA19-083
16	TULASI SAHOO	BA19-071
17	RUPALI DAS	BA19-072
18	SUCHITRA BEHERA	BA19-075
19	ANNAPURNA NAYAK	BS18-028
20	CHANDAN KUMAR JENA	BS18-046
21	MOUSUMI PARIDA	BS18-008
22	AMIYA RANJAN DAS	BS18-101
23	SWETA SAMAL	BS18-113
24	RAKESH ROUT	BS18-112
25	SANTANU NATH	BC18-113
26	BALARAM SWAIN	BC18-115
27	SONALI LENKA	BC18-121
28	SIBASUNDARAM DAS	BC18-125
29	SOMANATH MALIK	BA18-159
30	RAJLAXMI JENA	BA19-085
31	LAXMIPRIYA BHATTA	BA19-091
32	AMIYA RANJAN SWAIN	BA19-094
33	NILIPTA ROUT	BA19-095

34	SUVASMITA PARIDA	BA19-107
35	ANUSKA SAHOO	BA19-109
36	SMRUTIPRAVA MOHANTY	BA19-117
37	PRIYADARSHINI BARIK	BA19-125
38	DEBASIS MALIK	BA20-166
39	ROJALIN JENA	BA 18-023

*[Handwritten signature]*

<b>+3 ODIA DEBATE PARTICIPANT LISTS</b>		
SL NO	NAME & CLASS	ROLL NO
1	KAMALINI MALIK	BA19-052
2	TANMAYEE BAYEE	BA19-053
3	SURABHI PRADHAN	BA19-054
4	BINAPANI ROUT	BA19-060
5	ANIMA SAHOO	BA19-064
6	KAUSALYA PAL	BA18-089
7	ITISHREE PANDAB	BA19-049
8	ARPITARANI DAS	BA19-051
9	SMRUTIPRIYA PRADHAN	BA20-108
10	SANGITA MOHANTY	BA19-083

11	SUCHITRA BEHERA	BA19-075
12	AMIYA RANJAN SWAIN	BA19-094
13	NILIPTA ROUT	BA19-095
14	PRABINA SAHOO	BA19-079
15	MONALISHA DASH	BS18-039
16	TULASI SAHOO	BA19-071
17	RUPALI DAS	BA19-072
18	SUSHREE SUBHASANDHYA SAMAL	BA20-023
19	ANNAPURNA NAYAK	BS18-028
20	CHANDAN KUMAR JENA	BS18-046
21	MOUSUMI PARIDA	BS18-008
22	JYOSTNARANI BISWAL	BC18-001
23	SWATI SWAGATIKA MALLICK	BC18-002
24	RAJALAXMI NANDI	BC18-003
25	RAJALAXMI ROUT	BA18-080
26	ARPITA PRITI PRIYAMBADA BEHERA	BA20-020

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20/11/17

**+3 ODIA ESSAY  
PARTICIPANT LISTS**

SL NO	NAME & CLASS	ROLL NO
1	SATYABAN ROUT	BA18-238
2	SUSHREE SUBHASANDHYA SAMAL	BA20-023
3	KIRAN KANTA SWAIN	BC18-020
4	SAHASHRANSHU MAHALIK	BC18-021
5	SUBHYAKETAN MAHALIK	BC18-022
6	SWARNAPRAVA MAHALIK	BC18-023
7	RAJESH KUMAR SETHI	BC18-024
8	ASHISH PATRA	BC18-085
9	MONALISHA DASH	BS18-039
10	JYOTIBHUSAN MISHRA	BC18-014
11	SURABHI PRADHAN	BA19-054
12	BINAPANI ROUT	BA19-060
13	ANIMA SAHOO	BA19-064
14	PRABINA SAHOO	BA19-079
15	SANGITA MOHANTY	BA19-083
16	TULASI SAHOO	BA19-071
17	RUPALI DAS	BA19-072
18	SUCHITRA BEHERA	BA19-075

19	ANNAPURNA NAYAK	BS18-028
20	CHANDAN KUMAR JENA	BS18-046
21	MOUSUMI PARIDA	BS18-008
22	AMIYA RANJAN DAS	BS18-101
23	SWETA SAMAL	BS18-113
24	JYOSTNARANI BISWAL	BC18-001
25	SWATI SWAGATIKA MALLICK	BC18-002
26	RAJALAXMI NANDI	BC18-003
27	RAJALAXMI ROUT	BA18-080
28	ARPITA PRITI PRIYAMBADA BEHERA	BA20-020
29	KAUSALYA PAL	BA18-089
30	ITISHREE PANDAB	BA19-049
31	ARPITARANI DAS	BA19-051
32	KAMALINI MALIK	BA19-052
33	TANMAYEE BAYEE	BA19-053

*[Handwritten signature]*  
20/11/21

**+3 ODIA EXTEMPORE  
PARTICIPANT LISTS**

SL NO	NAME & CLASS	ROLL NO
1	SURABHI PRADHAN	BA19-054
2	BINAPANI ROUT	BA19-060
3	RUPALI DAS	BA19-072
4	SMRUTIPRIYA PRADHAN	BA20-108
5	ARPITA PRITI PRIYAMBADA BEHERA	BA20-020
6	KAUSALYA PAL	BA18-089
7	ITISHREE PANDAB	BA19-049
8	ARPITARANI DAS	BA19-051
9	KAMALINI MALIK	BA19-052
10	TANMAYEE BAYEE	BA19-053
11	SUSHREE SUBHASANDHYA SAMAL	BA20-023
12	RAJALAXMI ROUT	BA18-080
13	ANIMA SAHOO	BA19-064
14	PRABINA SAHOO	BA19-079
15	SANGITA MOHANTY	BA19-083
16	TULASI SAHOO	BA19-071
17	MONALISHA DASH	BS18-039
18	SUCHITRA BEHERA	BA19-075
19	ANNAPURNA NAYAK	BS18-028

20	CHANDAN KUMAR JENA	BS18-046
21	MOUSUMI PARIDA	BS18-008
22	AMIYA RANJAN DAS	BS18-101
23	SWETA SAMAL	BS18-113
24	RAKESH ROUT	BS18-112
25	SANTANU NATH	BC18-113
26	BALARAM SWAIN	BC18-115
27	SONALI LENKA	BC18-121
28	SIBASUNDARAM DAS	BC18-125
29	SOMANATH MALIK	BA18-159
30	JYOSTNARANI BISWAL	BC18-001
31	SWATI SWAGATIKA MALLICK	BC18-002
32	RAJALAXMI NANDI	BC18-003

*[Handwritten signature]*

**OFFICE OF THE PRINCIPAL  
PATTAMUNDAI COLLEGE, PATTAMUNDAI**

NOTICE NO. 499 DATE 09/04/21

This is to inform that the following students are the winners of different cultural competitions. The students are informed to receive their certificates and trophies on 12.04.2021 at 11.00 AM at Hall No.25.

<b>CULTURAL RESULT (+3 STREAMS)</b>			
Event	Position	Name	Roll NO
Drawing	1 <sup>st</sup>	Sandhyrani Ghadei	BA20- 053
	2 <sup>nd</sup>	Subhashree Sethy	Bs18- 049
	3 <sup>rd</sup>	Ashis Kumar Sahoo	BA20-113
GK	1 <sup>st</sup>	Sushree Subhasandhya Samal	BA20- 023
		Dipa Pratima Choudhary	BS18-094
	2 <sup>nd</sup>	Basudev Padhi	BS19-103
	3 <sup>rd</sup>	Rudrani Das	BA18-029
Odia Essay	1 <sup>st</sup>	Satyaban Rout	BA18-238
	2 <sup>nd</sup>	Sushree Subhasandhya Samal	BA20- 023
	3 <sup>rd</sup>	Monalisha Dash	BS18-039
Rangoli	1 <sup>st</sup>	Arpita Priti Priyambada Behera	BA20-20
	2 <sup>nd</sup>	Rajalaxmi Rout	BA18-080
	3 <sup>rd</sup>	Debasis Malik	BA-20-166
Rojalin Jena		BA18-023	
Odia Debate	1 <sup>st</sup>	Sushree Subhasandhya Samal	BA20- 023
	2 <sup>nd</sup>	Monalisha Dash	BS18-039
	3 <sup>rd</sup>	Smrutipriya Pradhan	BA-20-108
English Debate	1 <sup>st</sup>	Sushree Subhasandhya Samal	BA20- 023

	2 <sup>nd</sup>	Monalisha Dash	BS18-039
	3 <sup>rd</sup>	Kausalya Pal	BA18-089
English Essay	1 <sup>st</sup>	Monalisha Dash Sushree Subhasandhya Samal	BS18-039 BA20- 023
	2 <sup>nd</sup>	Soumyashree Parida	BA18-049
	3 <sup>rd</sup>	Kousalya Pal	BA-18-89
English Extempore	1 <sup>st</sup>	Monalisha Dash	BS18-039
	2 <sup>nd</sup>	Soumyashree Parida Sushree Subhasandhya Samal	BA18-049 BA20- 023
	3 <sup>rd</sup>	Saras Kumar Pradhan	BS-18-006
Odia Extempore	1 <sup>st</sup>	Smrutipriya Pradhan	BA-20-108
	2 <sup>nd</sup>	Sushree Subhasandhya Samal	BA20- 023
	3 <sup>rd</sup>	Monalisha Dash	BS18-039
Mehendi	1 <sup>st</sup>	Tulashi Sethi	BA-18-079
	2 <sup>nd</sup>	Soubhagyabati Dash Debasis Malik	BA-18-213 BA-20-166
	3 <sup>rd</sup>	Sushree Subhasandhya Samal	BA20- 023

*W. L. Anand Das*  
Vice President  
Cultural Association  
*9/11/14*

*L. S. Das*  
Principal  
9.4.21

Pattamundai College  
Principal  
Pattamundai College

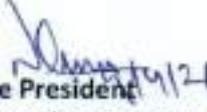
**OFFICE OF THE PRINCIPAL  
PATTAMUNDAI COLLEGE, PATTAMUNDAI**

NOTICE NO. 498 DATE 09/04/2021

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<b>CULTURAL RESULT (+2 STREAMS)</b>			
<b>Event</b>	<b>Position</b>	<b>Name</b>	<b>Roll NO</b>
Drawing	1 <sup>st</sup>	Subarna Subhadarshini Patra	IA-19- 194
	2 <sup>nd</sup>	Namita Padhi	IA-19- 005
	3 <sup>rd</sup>	Sumitra Rout Madhusmita Nayak	IA-19- 135 IA-20- 045
GK	1 <sup>st</sup>	Laxmipriya Panda	IA-19- 058
	2 <sup>nd</sup>	Lisarani Sethi	IA-19- 156
	3 <sup>rd</sup>	Trisha Jyoti Pradhan	IS-19- 095
Odia Essay	1 <sup>st</sup>	Laxmipriya Panda	IA-19- 058
	2 <sup>nd</sup>	Bibhuti Bhushan Jena	IA-20- 023
	3 <sup>rd</sup>	Bhagabat Pagal	IA-20- 013
Rangoli	1 <sup>st</sup>	Subarna Subhadarshini Patra	IA-19- 194
	2 <sup>nd</sup>	Laxmipriya Panda	IA-19- 058
	3 <sup>rd</sup>	Lopita Sahoo	
Odia Debate	1 <sup>st</sup>	Namita Padhi	IA-19- 005
	2 <sup>nd</sup>	PurnimaRani Nayak	IC-20- 020
	3 <sup>rd</sup>	Rachita Sutar	IS-20- 126
English Debate	1 <sup>st</sup>	Subarna Subhadarshini Patra	IA-19- 194
	2 <sup>nd</sup>	Namita Padhi	IA-19- 005
	3 <sup>rd</sup>	PurnimaRani Nayak	IC-20- 020
English Essay	1 <sup>st</sup>	Namita Padhi	IA-19- 005

	2 <sup>nd</sup>	Subarna Subhadarshini Patra	IA-19- 194
	3 <sup>rd</sup>	Subhankar Das Pabitra Mahalik	IC-19- 194 IA-19- 016
English Extempore	1 <sup>st</sup>	Namita Padhi	IA-19- 005
	2 <sup>nd</sup>	PurnimaRani Nayak	IC-20- 020
	3 <sup>rd</sup>	Subarna Subhadarshini Patra	IA-19- 194
Odia Extempore	1 <sup>st</sup>	PurnimaRani Nayak	IC-20- 020
	2 <sup>nd</sup>	Priyanka Priyadarsini Das	IC-20- 002
	3 <sup>rd</sup>	Laxmipriya Panda	IA-19- 058
Mehendi	1 <sup>st</sup>	Ayusa Rath	IS-20- 047
	2 <sup>nd</sup>	Laxmipriya Panda	IA-19- 058
	3 <sup>rd</sup>	Subarna Subhadarshini Patra	IA-19- 194

  
Vice President  
Cultural Association

  
Principal  
Pattamundai College  
Principal  
Pattamundai College

Copy to : Notice Board / Girls Common Room / IQAC / Guard File

# CERTIFICATE OF MERIT

**PATTAMUNDAI COLLEGE, PATTAMUNDAI**

**Kendrapara, Odisha**

**CULTURAL ASSOCIATION**



*This is to certify that Sri/Kumari.....*

*of Class.....has been awarded.....prize*

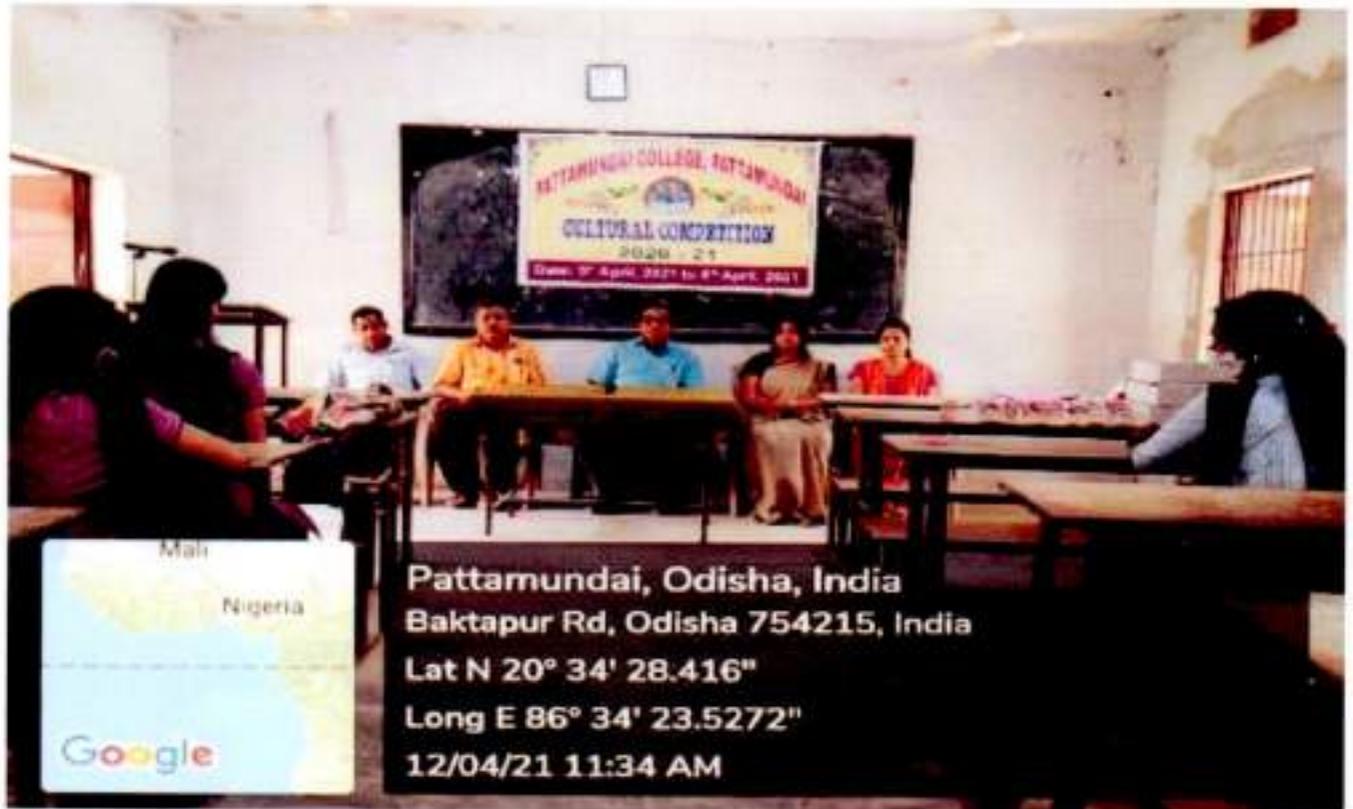
*in.....competition organised by Cultural*

*Association, Pattamundai College, Pattamundai for the session 2020-21*

Vice President

Principal

# Photographs of Cultural Events

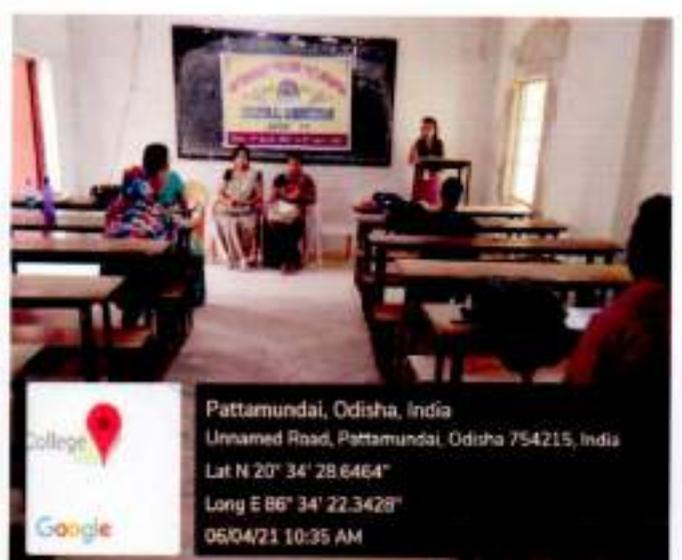
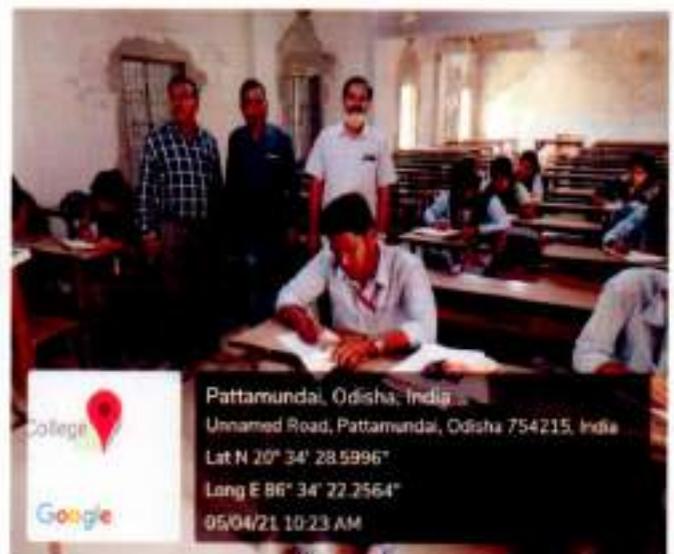


Left to Right- Prof. S.K. Nayak, Dr. N. Lenka  
Prof. A.L.N.Dash (Principal), Dr. A. Dash, Prof. N. Swain



Members of Cultural Association

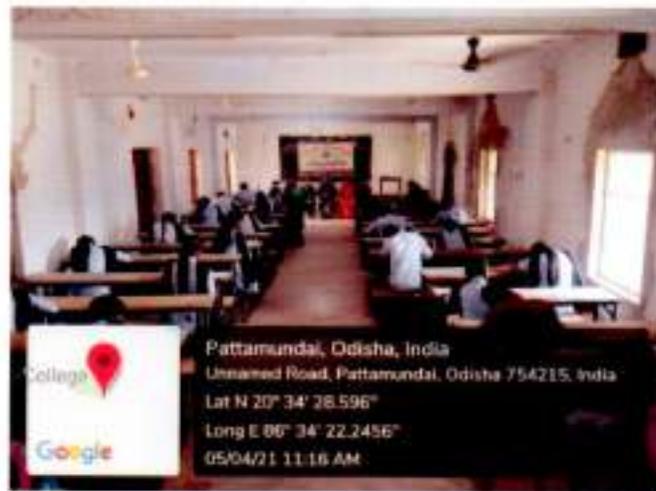
# Photographs of Cultural Events



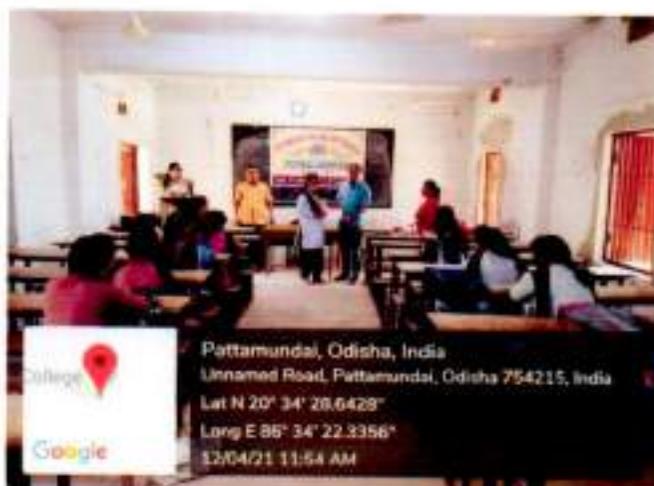
# Photographs of Cultural Events



# Photographs of Cultural Events



## Prize Distribution



### ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜରେ ସାଂସ୍କୃତିକ ପ୍ରତିଯୋଗିତା

ପଢ଼ାମୁଣ୍ଡାଇ ବିଶ୍ୱବିଦ୍ୟାଳୟ: ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜରେ ମହାବିତ୍ତ୍ୱ ଆଦର୍ଶ ନବବର୍ଷ ଉପଲକ୍ଷେ ଏକ ସାଂସ୍କୃତିକ ପ୍ରତିଯୋଗିତା ଅନୁଷ୍ଠିତ ହୋଇଥିଲା । ପ୍ରତିଯୋଗିତାରେ ବିଭିନ୍ନ ଭାବେ ପ୍ରାଥମ ଓ ଶରଣ ଚାଷ, ଚ. ପ୍ରେମକଳା ଗାୟନ, ଅଧ୍ୟାପକ ଅମର କାନ୍ତ, ଉତ୍ତମ ଚନ୍ଦ୍ର, ବସନ୍ତ ପ୍ରସାଦ ପାଠ, ଚ. ମନସ ନାୟକ, ନିରେଦିତା ନାୟକ, ସରୋଜିନୀ ମିଶ୍ର, ରଞ୍ଜନ ଚନ୍ଦ୍ର, ପ୍ରମୋଦ ସ୍ୱାଇଁ, ନିରେଦିତା ମିଶ୍ର, ନିରେଦିତା ପ୍ରଧାନ, ନିରେଦିତା ମିଶ୍ର, ନିରେଦିତା ପ୍ରଧାନ, ସାମାଜିକ ଦାସ ପ୍ରମୁଖ ବିଭିନ୍ନ ଭାବେ ଯୋଗଦେଇଥିଲେ । କଲେଜ ଅଧ୍ୟକ୍ଷ ପ୍ରଫୁଲ୍ଲ କୁମାର ଉପାଧ୍ୟାୟଙ୍କ ସମ୍ପାଦନାରେ ଏକ ସାଂସ୍କୃତିକ ପ୍ରତିଯୋଗିତା ବିତରଣ କରିଥିଲେ । କଲେଜ ସାଂସ୍କୃତିକ ସଭା ସଭାପତି ପ୍ରାଥମ ଚ. ମନସ କେଳାକାରୀଙ୍କୁ ନିର୍ବାଚନ କରିଥିଲେ । ଏହି କର୍ମକ୍ରମକୁ ପ୍ରାଥମ ଚ. ଅକ୍ଷୟ ଦାସ, ଅଧ୍ୟାପକ ସରୋଜ ନାୟକ ପରିଦର୍ଶନ ସ୍ୱାଇଁ ପ୍ରମୁଖ ପରିଚାଳନା କରିଥିଲେ ।



Pragatibadi 16.04.2021

### ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜରେ ସାଂସ୍କୃତିକ ପ୍ରତିଯୋଗିତା

ପଢ଼ାମୁଣ୍ଡାଇ (ଆପ): ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜରେ ମହାବିତ୍ତ୍ୱ ଆଦର୍ଶ ଓ ଉତ୍ତମ ନବବର୍ଷ ଉପଲକ୍ଷେ ଏକ ସାଂସ୍କୃତିକ ପ୍ରତିଯୋଗିତା ଅନୁଷ୍ଠିତ ହୋଇଥିଲା । ଏହି ପ୍ରତିଯୋଗିତାରେ ପ୍ରଥମ, ବସନ୍ତ ଆଦି ବିଭିନ୍ନ ପ୍ରତିଯୋଗିତା ଓ ପୁରସ୍କାର ବିତରଣ କରାଯାଇ ମଧ୍ୟରେ ଅନୁଷ୍ଠିତ ହୋଇଥିଲା । ବିଭିନ୍ନ ଭାବେ ପ୍ରାଥମ ଶରଣ ଚାଷ, ପ୍ରେମକଳା ଗାୟନ, ଅଧ୍ୟାପକ ଅମର କାନ୍ତ ଦାସ, ସାମାଜିକ ଦାସ ପ୍ରମୁଖ ବିଭିନ୍ନ ଭାବେ ଯୋଗ ଦେଇଥିଲେ । କଲେଜ ସାଂସ୍କୃତିକ ସଭା ସଭାପତି ପ୍ରାଥମ ଚ. ମନସ କେଳାକାରୀଙ୍କୁ ନିର୍ବାଚନ କରିଥିଲେ । ଏହି କର୍ମକ୍ରମକୁ ପ୍ରାଥମ ଚ. ଅକ୍ଷୟ ଦାସ, ଅଧ୍ୟାପକ ସରୋଜ ନାୟକ ଓ ନିରେଦିତା ସ୍ୱାଇଁ ପ୍ରମୁଖ ପରିଚାଳନା କରିଥିଲେ ।

Sarba Sadharan 17.04.2021

### ଓଡ଼ିଆ ନବବର୍ଷ ଉପଲକ୍ଷେ ପ୍ରତିଯୋଗିତା

ପଢ଼ାମୁଣ୍ଡାଇ, ୧୬/୪/୨୦୨୧: ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜରେ ମହାବିତ୍ତ୍ୱ ଆଦର୍ଶ ଓ ଉତ୍ତମ ନବବର୍ଷ ଉପଲକ୍ଷେ ପ୍ରଥମ, ବସନ୍ତ ଆଦି ବିଭିନ୍ନ ପ୍ରତିଯୋଗିତା ଓ ପୁରସ୍କାର ବିତରଣ କରାଯାଇ ମଧ୍ୟରେ ଅନୁଷ୍ଠିତ ହୋଇଥିଲା । ପ୍ରତିଯୋଗିତାରେ ବିଭିନ୍ନ ଭାବେ ପ୍ରାଥମ ଚ. ଶରଣ ଚାଷ, ଚ. ପ୍ରେମକଳା ଗାୟନ, ଅଧ୍ୟାପକ ଅମର କାନ୍ତ ଦାସ, ଉତ୍ତମ ଚନ୍ଦ୍ର, ବସନ୍ତ ପ୍ରସାଦ ପାଠ, ଚ. ମନସ କେଳାକାରୀଙ୍କୁ ନିର୍ବାଚନ କରିଥିଲେ । ଏହି କର୍ମକ୍ରମକୁ ପ୍ରାଥମ ଚ. ଅକ୍ଷୟ ଦାସ, ଅଧ୍ୟାପକ ସରୋଜ ନାୟକ ଓ ନିରେଦିତା ସ୍ୱାଇଁ ପ୍ରମୁଖ ପରିଚାଳନା କରିଥିଲେ ।

Niti Dina 17.04.2021

# DEPARTMENT OF COMMERCE

PATTAMUNDAI COLLEGE  
Pattamundai, Kendrapara, Odisha



## REPORT

Organises

AN EXTRAMURAL WEBINAR ON  
***“TAX PLANNING &  
MANAGEMENT IN INDIAN  
ECONOMIC LIFE”***

***Resource Person of the Webinar:-***

Dr Prafulla Kumar Swain  
Professor  
Faculty of Management Science  
Siksha “O” Annusandhan  
(Deemed to be University  
Bhubaneswar , Odisha.

On 23<sup>rd</sup> September 2020 at 12 Noon.

Platform : Google Meeting App

## REPORT

The Department of Commerce, Pattamundai College, Pattamundai organized a departmental webinar on the topic “**Tax Planning and Management in Indian Economical Life**” at 12.00 noon on 23<sup>rd</sup> September 2020 through online platform: GOOGLE MEETING APP. The resource person of this webinar was **Dr Prafulla Kumar Swain, Professor in Finance, Faculty of Management Science, SOA University, BBSR**. Prof Adhikari Laxmi Narayan Dash, Principal of the college delivered the inaugural speech and welcomed the esteemed resource person and the participants to the webinar. Mr Sanjib Kumar Dash Head, Department of Commerce introduced the resource person **Dr Prafulla Kumar Swain** with his brief CV, honourable Principal and welcomed the participants to the webinar. Resource person of the webinar **Dr Prafulla Kumar Swain** delivered his talk on **the** above topic by explaining the fundamental principles of tax planning and management, what are the tax provision relating to the different person like individual, HUF, Company, Firm, Association of Person or Body of Individual, Artificial Juridical Person and Local Authority. And how to reduce the tax liability of the person by using the different loop holes of the tax provisions. Mr Ranjan Kumar Behera Lecturer in Commerce extended vote of thanks to the resource person, participants, faculty members and staff of the college. Around 156 lecturers and students, from colleges of the district and state were actively participated as well as interacted with the resource person.

The webinar was successfully conducted by technical support Mr Subhasis Mishra, Assistant Professor in Economics and Mr Jitendra Malik Assistant Professor in Commerce.

**Mr Jitendra Malik**  
**Convenor**



OFFICE OF THE PRINCIPAL

Mobile : 9437376724

# PATTAMUNDAI COLLEGE

NAAC ACCREDITED B+ GRADE

PATTAMUNDAI, KENDRAPARA, ODISHA - 754215

Ref No. : ..... 893 .....

Date. 21.9.2020 .....

To

**Dr. Prafulla Kumar Swain**  
**Professor in Finance,**  
**Faculty of Management Science,**  
**SOA University, BBSR.**

**Sub: Invitation as Resource Person in Extramural Webinar at  
Pattamundai College, Pattamundai on 23<sup>rd</sup> September 2020**

Sir,

We are organising a Extramural Webinar on "Tax Planning And Management In Indian Economical Life" on 23<sup>rd</sup> September 2020. We would appreciate it very much if you would accept our invitation to deliver your talk in the said topic.

Your cooperation in this regard will be highly encourage us and make the webinar a grand success.

*[Handwritten Signature]*  
21.9.20

**Principal**  
**Pattamundai College**



**DEPARTMENT OF COMMERCE**  
**PATTAMUNDAI COLLEGE , PATTAMUNDAI**

Organises  
A Webinar on

**"Tax Planning & Management in Indian Economic Life"**

Date: 23.09.2020 , Time:12.00 Noon



**RESOURCE PERSON**

Dr. Prafulla Kumar Swain  
Professor & Head

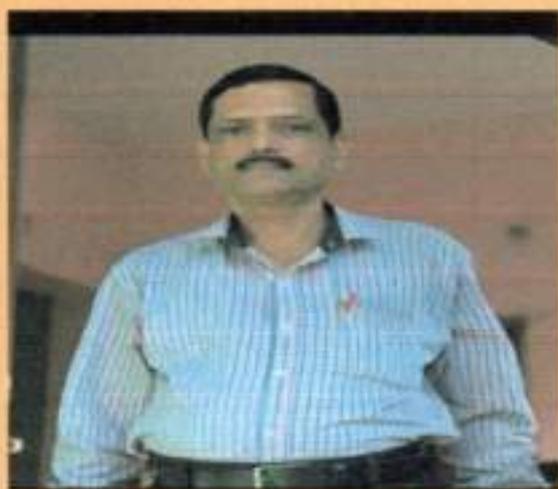
Department of Management Science  
SOA University, Bhubaneswar



Prof. A.L.N Dash

**Principal**

Pattamundai College  
Pattamundai



Mr. Sanjeeb Kumar Dash  
H.O.D Commerce



Mr. Jitendra Malik  
Convenor

## CURRICULUM VITAE



**Name:** Prof (Dr.) Prafulla Kumar Swain

**Date of Birth:** 04.04, 1957

**Present Appointment and Address:** Professor of Finance,  
IBCS, SOA Deemed to be University, Bhubaneswar

**Permanent Address:** Village: Shalianch,  
PO: Sitaleswar,  
Vic: Aul,  
Dist: Kendrapara,  
Odisha

**Highest Academic Degree:** i. Ph.D. in Business Studies and Management (UU)  
ii. FMCA (Fellow member of Institute of Cost Accountants of India)

**International Fellowship:** None

**Specialisation:** Finance & Accounts, Quantitative Techniques, Taxation, Financial Derivatives

**Employment Particulars:** (Industry 17y; Academic 22y; Total = 39 y of experience)

Period	Designation	Organization
Oct 1981- April 1985	Lecturer In commerce	Choudwar College
May 1985- March 1988	Administrative Officer	Herbertsons Ltd. , Mumbai
April 1988- Sep 2002	Manager Finance	Serifed, Bhubaneswar
Oct 2002- Sep 2004	Associate Professor	CMS, OEC, Bhubaneswar
Oct 2004- April 2006	Associate Professor	IBCS, SOA, Bhubaneswar
May 2006- till date	Professor of Finance	IBCS, SOA, Bhubaneswar

**Life Membership of Professional societies:** i. M/17881, Fellow member of Institute of Cost Accountants of India  
ii. Indian Commerce Association  
iii. Indian Accounting Association  
iv. Odisha Commerce Association

**Teaching / Research:** Teaching – 22 years, Research – 5 years

**Ph. D. Students Guided:** Ph. D. awarded - 3  
Continuing -5

**List of Publications:** Books – 14 (For +2, +3, M.Com, MBA)  
Scopus – 9  
Peer Reviewed Journals – 10  
Seminar/ Symposium – 30  
Faculty Development Programme: 04 (Organized)  
International Seminar/ Workshop: 20 (Participated)

**A Web Presentation**  
**On**  
**TAX PLANNING & MANAGEMENT**  
**IN INDIA ECONOMIC LIFE**

By Prof(Dr.)Prafulla Kumar Swain  
Professor, SOA DU

Bhubaneswar

[prafullaswain@soa.ac.in](mailto:prafullaswain@soa.ac.in)

Mob: 9438200136

Welcome to my Presentation

Honourable Principal Sir of Pattamundai Collage, Head of the department and Faculty members of Commerce Department of Pattamundai Collage.

My dear lovely students, other participants of this web seminar I invite you all to participate in this seminar, understand the theme and enjoy the seminar. I welcome you all to my presentation on Tax planning and Management in Indian Economic life.

Dear colleagues and students, we the human beings fearing two things i.e. death and payment of tax. But death is managed by the almighty while payment of tax should be managed by the payers. The payers may be an individual, HUF, partnership firm, company, cooperative society and any other judicial person.

During two days in a year we honour our mother India i.e. on Independence day and Republic day. But mother India will be happy if we pay her dues in the form of tax. A tax is a mandatory financial charge or some other type of levy imposed upon a tax payer by our mother India through its government. Thus taxes are levied by the government to meet the various public welfare expenditure like defence, education, healthcare and infrastructure, etc. To make our Indian economy healthy all the tax payers should have moral obligation to pay tax according to the various Act and rules. Taxation is a fiscal tool to achieve economic, social, regulatory and developmental objectives. In India we have two types of taxes i.e. Direct tax and Indirect tax. Direct tax is regulated by central board of direct taxes while Indirect tax(Goods and Service tax) is regulated by central board of indirect taxes.

Both central government and state government are empowered to levy taxes in accordance with tax laws. As income tax law in India regulates direct taxes, the components of the law are as follows:

- Income Tax Act, 1961
- Annual finance Act
- Income tax rules
- Circulars/ Notifications of tax Authorities(CBDT)
- Legal decisions of the courts

Tax management has become crucial in today's economic life. Tax management professional like Tax consultants, Financial Accountants, Financial Advisors and Wealth managers are talking on playing vital role in the field of Tax planning and management with tax laws becoming more and more stringent in India and incorporation of Aadhar with every monetary aspect in India, career prospects in Taxation, tax planning and tax management has reached a new high.

To be an efficient tax planner one should understand the following:

1. Basic concepts of taxation in India
2. Residence and scope of total income
3. Heads of Income
  - a. Income from salaries
  - b. Income from house property
  - c. Profit and gains of Business or profession
  - d. Capital gains
  - e. Income from other sources
4. Income of other persons including in Assesses total income
5. Aggregation of Income, set off and carry forwards of losses
6. Deductions from gross total income
7. Computation of total income from total gross
8. Tax management with reference to Advance Tax, Tax Deducted at source and Tax collection at sources, filing of tax returns and self assessment.

## LEVY OF INCOME TAX

### I. Computation of Total Income & Tax Payable:13 Steps

Step (1): Determination of Residential Status

(i) Resident

- a) Resident and ordinary resident
- b) Resident but not ordinary resident

(ii) Non Resident

Step (2): Classification of Income under different heads

Step (3): Computation of income under each head

Step (4): Clubbing of income of spouse, minor child

Step (5): Set off of losses and carry forward of losses

Step (6): Computation of Gross Total Income

Step (7): Deductions from Gross Total Income u/s 80

- (i) Deduction in respect of certain payments
- (ii) Deduction in respect of certain incomes
- (iii) Deduction in respect of other income
- (iv) Other deduction like in case of a person with disability

Step (8): Computation of total income

Step (9): Application of the rates of tax on the total income

Step (10): Surcharge/Rebate u/s 87A

Step (11): Health and Education ease

4% of income tax + surcharge if any

Step (12): Advance tax and tax deducted at source

Step (13): Tax payable / Tax refundable

## II: RETURN OF INCOME

- Notification of CBDT
- Format for filing e-return
- Due dates

## Tax Planning

Tax planning implies that the use of legitimate tax shelters: Deductions Exemptions, Allowances, Rebates to reduce the tax liability to the minimum. Thus, tax planning is defined as an arrangement of one's financial and economic affairs by taking complete legitimate benefits of all deductions, exemptions, and allowances and rebates so that the tax liability reduces to minimum. There are four types of tax planning:

- Short Range Tax planning
- Long Range Tax planning
- Permissive Tax planning
- Purposive Tax planning

As tax planning is futuristic in nature, So objective of tax planning is to reduce the tax liability to the minimum . The benefits of tax planning are substantial particularly in the long run as it is very wide in its coverage an one should understand that Tax planning includes Tax Management.

#### Tax Management

As tax management is a part of tax planning, so it refers to the Compliance with the statutory provisions of law. It is mandatory which includes maintenance of accounts according to the provisions of < tax laws, filing of tax returns u/s 44AB, Payment of taxes, deducting tax at source and timely payment of advance tax etc. poor tax management may lead to levy of interest, penalty, prosecution etc. In some cases, it may lead to heavy financial loss if proper compliance is not made, e.g/ if loss of return is not filed in time it will result in financial loss because such loss will not be allowed to be carried forward.

#### Scope of Tax planning

- choice of form of business organization
- Choice of business
- choice of proper capital structure
- Capital Budgeting
- Expansion and new business
- Tax planning with reference to managerial decision like Lease v. Purchase or make v. Buy
- Tax planning with reference to Employees remuneration

#### Let us discuss Tax planning of an Individual Assesee

A. First we have to calculate Income form salaries: (Ay 2020-21)

- Salary including allowances
- Value of Perquisites: sec 17(2)
- Profit in lieu of salary : sec 17(3)

Less Allowances to the extent of exemption under section 10

Net Salary

Less Deductions U/s 16

(a) Standard Deductions 50000

(b) Entertainment Allowance

(only for Govt. Employees)

Income chargeable under the head salaries

B. Next we have to calculate Income from House Property:

- Gross Rent received/receivable/

Less municipal taxes

Then we get net annual value(av)

Less . 30% of annual value(av)

Less Interest on Borrowed capital

- Income chargeable under the Head House property

C. Income from Other Sources

Gross Total Income

(A) + (B)+ (C)

Deductions GTI under chapter V/A:[80 C to 80 U]

-80C,80CCC, 80CC D(1)

80CCD(1B), 80CCD (2) 1,50,000

80CC G

-80 D (Medical Ins Premium) Rs.25000

For senior citizen (Including Preventive Health checkups upto Rs.50000)

Note one can claim deduction u/s 80

For self & family Rs.25000

For Parents (Senior Citizen) Rs.50000

80 DD : Medical treatment & maintenance of a Dependent disabled Rs.75000

Severe disability Rs.125000

80 DD B : Medical treatment

For Dependent family member Rs.40000

Senior citizen Rs.100000

80 E : Interest on Education Loan for higher education

80 EE : Interest on Housing loan(Conditional) Rs.50000

Note: Deduction under section 80 EE is over and above the deduction u/s 24v

80 G : Donations - (a) 100%  
(certain cases) (b) 50%  
(Minimum Donation 2000)

80GG: Deductions in respect of Rent paid  
(who is not in receipt of HRA)

80RRB: Royalty received

80 TTA : Interest on Deposits: maximum Rs. 10000

80 TTB :senior citizens on deposits maximum Rs. 50000

80 U :Person with disability maximum Rs. 125000

After deducting all permissible deductions under chapter VIA from Gross Total Income, We get Total Income. Then we have to calculate tax payable on total income. One can eligible to avail Rebate u/s 87A if his total income is Rs. 500000 .

On the basis of the rate of tax as applicable to a particular A. Y.

## Exemptions of the specific income Sec:10

1. Below the threshold income
  - Example- Income uptoRs.2,50,000 for AY 2020-21  
Income upto Rs.3,00,000 for Senior citizen and Rs.5,00,000 for Super senior citizen for AY 2020-21
2. To ease the burden of the taxpayer Central Board of Direct Taxes, Govt of India encourages the taxpayers to save,invest and pay tax through the following list of incomes as exempted:-

Sections	Category of income	Exemption
Sec 10(1)	Self employed agricultural income	No tax
10(2)	Income of a member of HUF	No tax
10(10c)	Voluntary retirement compensation	No tax

10(10)	Life insurance benefits including bonus	No tax
10(13A)	HRA	Conditional exemption to certain amount
10(15)	Earning of tax free securities	No

### 3. Exempted allowance

- I. Special allowance U/S 10(14)
  - II. Daily allowances during transfer of job
  - III. Helper allowances
  - IV. Uniform allowances
  - V. Conveyance allowance (home to workplace)
  - VI. Research or academic allowance
  - VII. Allowance exempted u/s 10(14) (ii) upto specific limit
- Climate allowance
  - Tribal area allowances
  - Boarder area allowance
  - Compensatory field allowance
  - Child education allowance
  - Hostel expenditure allowance
  - Counter insurgencies allowance
  - Island duty allowance

#### **Exemption for dividend income received from Indian Company Sec.10(34)**

The dividend is basically a part of the profit of the company to distribute to the shareholders of the company. Moreover, as per section 10(34) of the income tax act, income tax referred to in section 115-0 of the Income-tax Act is exempt from the income tax as per section 10(34) of the income tax Act.

### **My final words:**

MANAGE TAX BY EFFECTIVE TAX PLANNING AND PAY TO THE MINIMUM

FINALLY I WISH ALL THE PARTICIPANTS FOR THEIR PATIENT HEARINGS.

THANKS TO ALL

# PATTAMUNDALAI COLLEGE

## Certificate of Participation



This is to certify that Mr./Ms./Mrs. <<full name>>, <<Designation>> of <<college name>> has actively participated in the Extramural Webinar on "Tax Planning & Management in Indian Economic Life" Organized by Department of Commerce , Pattamundai College, Pattamundai, Kendrapara, Odisha on 23rd September 2020.

Jitendra Malik

Convener

S.K. Dash

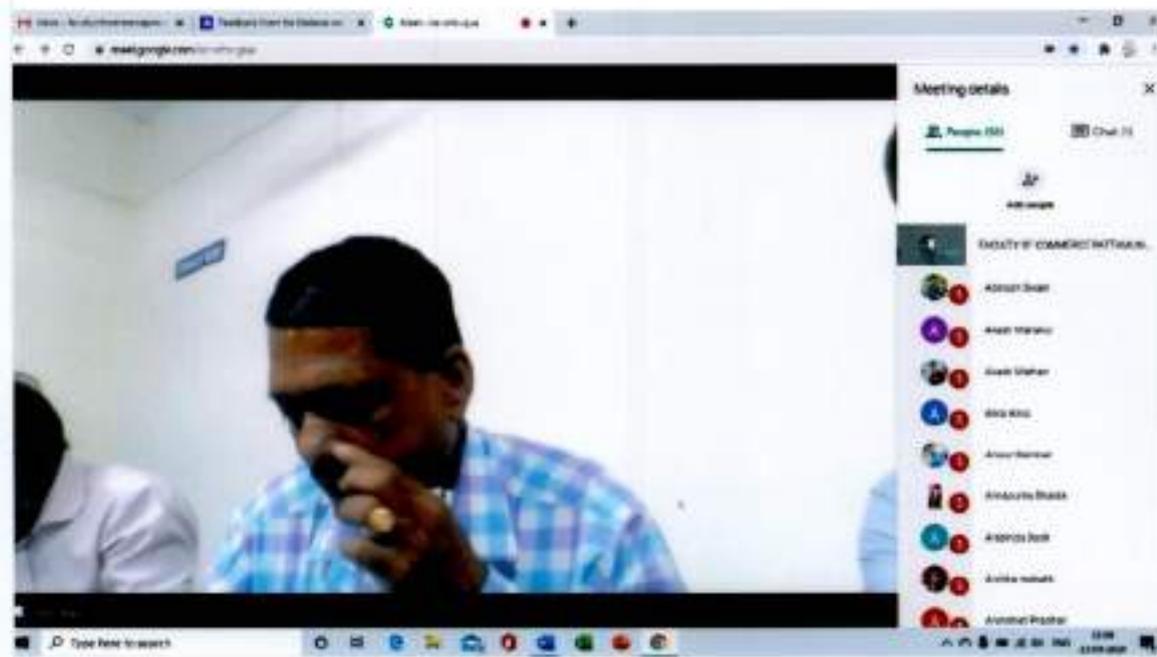
HOD, Commerce

Dr. P.K. Swain

Resource Person

Prof. A.L.N. Dash

Principal





# Registration Form for Webinar on " Tax Planning and Management in Indian Economic Life "

Organised by Department of Commerce, Pattamundai College , Pattamundai

Time : 23 rd September 2020 , 12 Noon

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45	smurfiranjparida73@gmail.com	SMRUTI RANJAN PARIDA	Student	+3 2nd yr	BA19_020	Economics	9556317992
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47	ashishmathan9@gmail.com	ASHISA KUMAR MATHAN	Student		BC-18-077	Commerce	8114859808
48	nsoumyaranjan436@gmail.com	SOUMYA RANJAN NAYAK	Student	+3 2year	Od-20-101	Commerce	7328039679
49	beherasumitra610@gmail.com	SUMITRA BEHERA	Student	+3 thrid year	BC18-033	Commerce	6372835118
50	ajayamaharana22@gmail.com	AJAYA KUMAR MAHARANA	Demonstrator			Physics	8917509637

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54	suryakantibayee@gmail.com	Student	PG(His)1s	History	7608886646
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58	arjanabarik440@gmail.com	Student	+ 3 2 nd	Education	9178767691
59	akashmathan12@gmail.com	Student	+3 2nd	COMMERCE	9178110168
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104	debrinkei2000@gmail.com	DEBASMITA OJHA	Student	+3 2nd	Bc-19-016	Commerce	7846972175

SAMAT 24.9.2020

### ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ବାଣିଜ୍ୟ ବିଭାଗ ଶ୍ରେଣିନାମ

ପଢ଼ାମୁଣ୍ଡାଇ ୨୪୯ (ନି.ପ୍ର) : ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ବାଣିଜ୍ୟ ବିଭାଗ ପଢ଼ା  
ବିଭାଗ ଯୋଜନା ଓ ପଢ଼ିବାବନ୍ଧ ବାଡ଼ିବ କାଳରେ ଏହାର ପ୍ରକାର ଶାନ୍ତ  
ଶ୍ରେଣିନାମ କଲେଜ ଅଧିକ ପ୍ରାପ୍ତର ଅଧିକାରୀ ଲିଖନୀକାରୀ ବାଡ଼ିବ ଯଦି  
କୋରୋନାରେ ଅନୁଷ୍ଠିତ ହୋଇପାରିବି । ଏଥିରେ ସେଥା ବିଶ୍ୱବିଦ୍ୟାଳୟର  
ପ୍ରାପ୍ତର ନା. ପ୍ରାପ୍ତକୃମାର ବାଡ଼ି ବିଷୟରେ ଆଲୋଚନା କରିଥିଲେ ।  
ଶ୍ରେଣିନାମ ଆକାଉଣ୍ଟ ବାଡ଼ା ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ବାଣିଜ୍ୟ ବିଭାଗ ମୁଖ୍ୟ  
ପ୍ରାଧ୍ୟାପକ ପଞ୍ଜିକୃମାର ବାଡ଼ି ସ୍ୱାଗତ ଲାଗଣ ଦେଇ ଶ୍ରେଣିନାମରେ ଆବିଶ୍ୱାସ  
ଫାପରେ ଦୂରନା ପ୍ରଦାନ କରିଥିଲେ । ଅଧ୍ୟାପକ ବିଶେଷ ମଧ୍ୟ ଅଧିକ  
ପଢ଼ିରେ ପ୍ରଦାନ କରିଥିଲେ । ଅଧ୍ୟାପକ ଉତ୍ତମ ବେହେରା ଧନ୍ୟବାଦ  
ଦେଇଥିଲେ । ଏହି କାର୍ଯ୍ୟକ୍ରମକୁ ଅଧ୍ୟାପକା ନିରୁପମା ବାଡ଼ି, ସୈନ୍ଧେପ୍ରସାଦ  
ବୈଧୂରୀ, ଶ୍ରୀରାଜ୍ୟ ନିଶି ପ୍ରମୁଖ ପଢ଼ିବାବନ୍ଧ କରିଥିଲେ ।

**PATTAMUNDAI COLLEGE, PATTAMUNDAI**



**DEPARTMENT OF EDUCATION**

**A Webinar  
On**

**ICT Enabled Teaching Learning Practices**

Presented By:

**Dr. Sarat Kumar Rout,**  
Asst. Professor in Education,  
Ravenshaw University, Cuttack.



**28<sup>th</sup> SEPTEMBER 2020**

## REPORT

An extramural webinar was organized by Department of Education, Pattamundai College, Pattamundai on 28.09.2020 on the title "**ICT Enabled Teaching Learning Practices**" at 11.00 am in library through Zoom Cloud Meeting. The Resource Person for the webinar was **Dr. Sarat Kumar Rout**, Asst. Professor in Education, Ravenshaw University, Cuttack. The convenor of the Meeting was Ms. Nibedita Nayak, Head & Lecturer in Education, Pattamundai College. There were 160 registration for the webinar.

At the outset Ms. Neerupama Swain, Lecturer in Education, Pattamundai College welcomed all the participants and resource person and read out the theme paper of the webinar. Ms. Nibedita Nayak had introduced the resource person to the participants. Then Dr. Sarat Kumar Rout, had deliberated upon the importance of technological advances in this pandemic time and the need to skill up the advances. In his deliberation he spoke about the different tools which need to be known and practice by the students. In particular he talked and demonstrated the concept, process, modus-operandi and uses of C-Map, Prezi and Wakelet tools. It was a step by step demonstration of each tool, which was very much liked by the students. He ended his talk with the appeal to the students to practice it.

The meeting ended with a vote of thanks to the Principal Sri A L N Dash and to the resource person Dr. S.K. Rout by Ms. Neerupama Swain, Lecturer in Education, Pattamundai College.

*Nibedita Nayak  
H.O.D OF Education,  
Pattamundai College.*





Principal Pattamundai College <pattamundaicollege@gmail.com>

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## invitation as Resource Person

1 messages

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Principal Pattamundai College <pattamundaicollege@gmail.com>  
to: saratrout2007@rediffmail.com

Wed, Sep 23, 2020 at 11:27 AM

Principal  
Pattamundai College  
[pattamundaicollege@gmail.com](mailto:pattamundaicollege@gmail.com)

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359K

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Dr. Sarat Rout <saratrout2007@rediffmail.com>  
to: Principal Pattamundai College <pattamundaicollege@gmail.com>

Wed, Sep 23, 2020 at 11:57 AM

Thanks for inviting. I will resume the session at scheduled time on 26/09/20.

Thanks

Dr. Sarat Kumer Rout  
Assistant Professor, Department of Education  
Ravenshaw University, Cuttack, Odisha  
Mobile-919337760983  
Email- saratrout2007@rediffmail.com

Sent from RediffmailNG on Android

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From: Principal Pattamundai College <pattamundaicollege@gmail.com>  
Sent: Wed, 23 Sep 2020 11:27:16 GMT+0530  
To: saratrout2007@rediffmail.com  
Subject: invitation as Resource Person

Principal  
Pattamundai College  
[pattamundaicollege@gmail.com](mailto:pattamundaicollege@gmail.com)

**Dr. Sarat Kumar Rout**

**Educational qualification:**

- M. A (Education) from Ravenshaw university
- M.A History from Utkal University
- M.Phil from RNIASE, Cuttack
- B.Ed from Rohatak University
- PGDDE from IGNOU
- Ph. D from Lucknow University

**Professional Experience:**

Presently working as Assistant Professor (stage-III) in School of Education, Ravenshaw University since 2010 till date. *Before joining in Ravenshaw*

- Started career as Junior Project Fellow (JPF) in DTEE-NCERT, New Delhi in 2002
- Joined as Lecturer in RCIT, Affiliated college of Guru Gobinda Indraprastha University, New delhi from 2003 to 2009.
- Joined as Programme officer in DEP-SSA, IGNOU, New Delhi in 2009

**Area of Specialization**

- Educational Technology and Application of Advanced ICT tools
- Educational assessment
- Curriculum Construction and Evaluation
- Policy and Plan of School education
- Mixed method Research

**Research Exposure:**

- 17 M.Phil scholars have been awarded so far
- 07 Ph. D scholars have been awarded so far
- Completed 02 major projects funded by ICSSR, New Delhi and ERJC, New Delhi
- Organised one national seminar funded by ICSSR, New Delhi

**Publications:**

- 48 research and concept papers published in reputed national and international journals
- 50 papers presented in national and international seminar
- Contributed 11 chapters in edited books
- Published two books by national publisher
- Worked as a resource person for NCERT, NIOS, IGNOU and NCTE since 2008
- Delivered talks as resource persons in 18 national platforms



**DEPARTMENT OF EDUCATION  
PATTAMUNDAI COLLEGE , PATTAMUNDAI**

Organises  
A Webinar on

**“ICT ENABLED TEACHING LEARNING PRACTICES”**

**Date: 26.09.2020 , Time:11.00 A.M.**



**RESOURCE PERSON**

**Dr. Sarat Kumar Rout,**

Asst Professor, Department of Education,  
Ravenshaw University, Cuttack



**Prof. A.L.N Dash**

**Principal**

Pattamundai College  
Pattamundai



**Ms. Nibedita Nayak**  
Head & Convenor



**Ms. Neerupama Swain**  
Asst. Prof. & Co-Convenor

## ICT ENABLED TEACHING LEARNING PRACTICES

Dr. Sarat Kumar Rout  
Asst. Prof., Department of Education  
Ravenshaw university, Cuttack

In this era of pandemic and digital learning, technology plays a crucial role in the process of knowledge dissemination. Though there are thousands of applications/technology tools available in the market, only a handful of them are popular among the students and educators. In the world we live in is, technology is literally everywhere and the kids adapt to it more than anyone else. Unlike teachers, students are being raised in a digital world. For students of all ages, it is absolutely natural to use technology in every aspect of their lives. This is why digital tools in classroom are becoming more and more crucial. Traditional methods for teaching are already going through a transformation to adapt to the needs of 21st-century students and to enhance the professional practice of teachers. The digital future is literally happening now in this pandemic situation.

Using technology for education provokes student's curiosity, boost their engagement, and leads to better learning and comprehension. These factors are a priority for every effective teacher and today they can be easily achieved by using digital tools in classroom.

Instead of taking notes, students are now occupied by surfing the Internet, scrolling through Facebook, and messaging their friends on their smart phones, tablets, and laptops. Instead of focusing on the instruction, teachers are constantly required to interrupt class in order to remind those students again and again, that class time is for learning, not texting. However, as today's students are using more technological devices, it is imperative that teachers have access to the resources to keep pace with the growing tech culture.

The use of smart phones, tablets, and other tech items in the classroom do not necessarily have to have a negative impact on student achievement. On the contrary, the increasing accessibility and growth of technology presents teachers with the unique opportunity to take advantage of those once distracting gadgets, and use them to facilitate academic achievement in new and innovative ways. In this capacity, teachers do not need to be constantly fighting for student attention, but can freely

accept it, by introducing a new educational environment that will automatically encourage student participation.

Today I am bringing to you three digital learning tools that can be used by teachers and students to expand their knowledge and make learning easy and fun.

#### C-map Tool-

Cmap software was developed by the researches conducted at the Florida Institute for Human & Machine Cognition (IHMC). It empowers users to construct, navigate, share and criticize knowledge models represented as concept maps. Concept maps are graphical tools for organizing and representing knowledge in an organized fashion.

- Let us Learn what concept maps are, how to construct them, and use them through the live demonstration.

#### Wakelet App-

Wakelet is an easy and enjoyable way to save, organize and share content from across the web. With Wakelet, you can bookmark the content that matters to you, organize it how you like, and add your own images and notes to give context. People everywhere are using Wakelet to save, organize and share content in stunning, visual collections. So, whether you're a student, traveller, blogger, brand or business, it's easy to start bookmarking and sharing great content. With Wakelet you can easily save and organize links to articles, videos, tweets, and any other piece of content. You can also add your own images and notes. Save links straight from your phone browser using the Wakelet extensions. Create stunning collections of content, which can be kept private or made public. Discover news articles on subjects that interest you and add them straight into your collections. Reorder your content at any time and present your collections in different layouts. Share your collections on social media or via a single link. Embed collections on your own blog or website. Like collections to stay updated when new content is added. You can explore collections created by others and follow the people you find interesting.

- Here goes the live demonstration will help you get the hang of the software.

Prezi.com-

Prezi is a digital software for creating interactive presentations. According to the recent researches, the innovative way in which Prezi helps you make presentations – by zooming, leads to more effective, more persuasive, more effective, and more engaging presentations compared to presentations made with PowerPoint. Prezi is a fantastic tool for changing the way teachers and students present, moving away from the standard slide-by-slide model, and using a visually stimulating canvas that moves from point to point. Prezi is simple to use, visually stunning, and includes all the standard components of a normal presentation. The variations of presentations are endless, encouraging students and teachers to creatively customize each presentation to enhance how the audience members receive the information.

- Let us learn the creation of slides through this live demonstration.



# DEPARTMENT OF EDUCATION

## PATTAMUNDAI COLLEGE

### PATTAMUNDAI

Affiliated to Utkal University, Bhubaneswar, Odisha



## *Certificate of Participation*

This is to certify that Mr./Ms./Mrs. Neerupama Swain of Pattamundai College has actively participated in the Webinar on 'ICT ENABLED TEACHING LEARNING PRACTICES' organized by Department of Education, Pattamundai College, Pattamundai, Kendrapara, Odisha.

Date: 26th September 2020, Certificate No-YU7RIG-CE000011

*N. Nayak*

Ms. Nibedita Nayak

Convenor

*[Signature]*  
26.09.2020

Dr. S.K.Rout

Resource Person

*[Signature]*

Prof A.L.N Dash

Principal

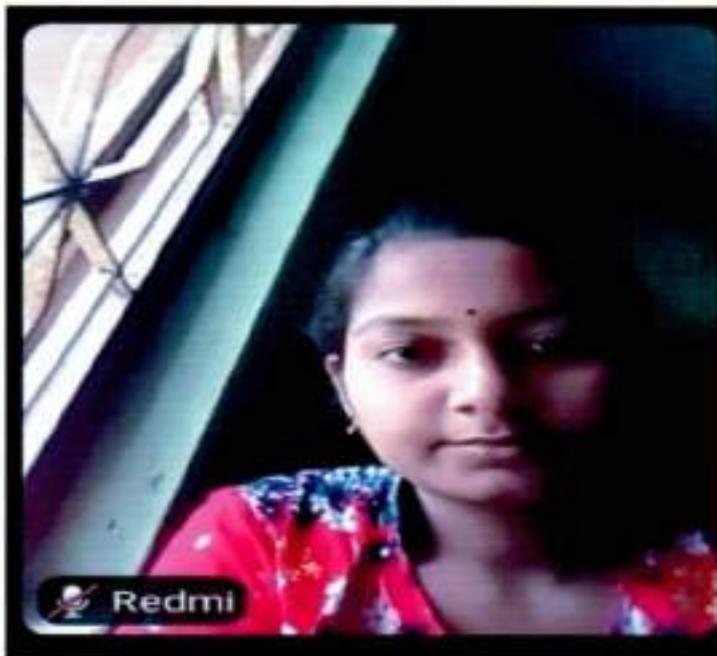
Time/Temp	Email Address	FULL NAME   IIN CAPITA Designation	Class   Only for Students	Roll No   Only For Student	Department	Mobile No.
9/24/2020 12:40:32	souranyarajangi12@gmail.com	SOURANYA RANJAN GIRI Student	+3 3rd year		270 Education	6371305606
9/24/2020 12:48:38	labhorjain@gmail.com	ROJANUJAINA Student	+3 arts 3rd year		23 Education	8618121639
9/24/2020 12:48:55	anjnabhat78@gmail.com	ARCHANA BAL Student	+3 2Yer		33 Education	7177146638
9/24/2020 12:48:56	geethajeliker40@gmail.com	GITANJALI LENKA Student	+3 second year		7205887491	
9/24/2020 12:48:21	noutaraj09@gmail.com	SARAJINI ROU Student	+3 3rd year Arts		9-114590288	
9/24/2020 12:48:32	sweetssambedanasar@gmail.com	SWEETA SAMBEDANA Di Student	Plus two secorde year		61 Arts	8-114974450
9/24/2020 12:50:37	swarnaravensh139@gmail.com	SWARNAPRAYA NATH Student	+3 2 nd year		Education	9461075391
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9/24/2020 12:56:05	lakshmyamohary183@gmail.com	LAKSHMIPRYA MOHANTY Student	+3 3rd year		Education	9678769195
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9/24/2020 13:00:27	menaranyak2009@gmail.com	DR MANAS KUMAR NAY Lecturer			English	8763776106
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9/24/2020 13:10:21	akshayasah0@gmail.com	AKSHAYA KUMAR SAHJ Research Scholar			Department of Commerce	7978704822
9/24/2020 13:11:00	binodraj01@gmail.com	DR BINOD BIHARI RATH Lecturer			Education	07077874096
9/24/2020 13:11:10	dmysatou9770@gmail.com	Ms Divya Ayoia Research Scholar			Faculty of Commerce and	9068217968
9/24/2020 13:13:02	chinnayeesath13@gmail.com	Chinnayee satry Student	+3 3rd year (Arts)		Education	9714861403
9/24/2020 13:15:26	prasannakar@rediffmail.com	PRASANNA KUMAR Professor			Pharmacy	9059255339
9/24/2020 13:16:58	akhu.kae2010@gmail.com	SOUBHADYABATI DAS Student	+3 3rd year		Education	7978299174
9/24/2020 13:17:35	tanushreemohantyedu@gmail.com	TANUSHREE MOHANTY Research scholar			Education	8805427557
9/24/2020 13:20:22	kakosalunabedant@gmail.com	DR KISHORA KUMAR BI Lecturer			Dept of Education	+919438510179
9/24/2020 13:23:04	chidewandamohary66@gmail.com	CHIDANANDA MOHANT Student	+3 3rd year Arts		Education	9078851293
9/24/2020 13:26:32	dharmendrasethy1@gmail.com	DHARMENDHAR SETHY Lecturer			Education	8248397419
9/24/2020 13:36:24	opantad322@gmail.com	Om Prakash panda Student	+3		Education	8457810691
9/24/2020 13:38:05	surjyankaribayee@gmail.com	SURYAKANTI BAYEE Student	+3 3rd year (Arts)		SOCIOLOGY	9596890138
9/24/2020 13:40:08	matunbheerade@gmail.com	MR.MATHUR BEHERA Lecturer			Education	9437716854
9/24/2020 13:51:43	toutyrajmishra5@gmail.com	Semantis Fourtray Student	+3 3rd yr Arts		Education	8372209605
9/24/2020 13:55:57	sarangisubhasheela@gmail.com	SUBHASHREE PRAGYV Lecturer			Education Dept. Birupa ci	7381815620
9/24/2020 13:59:20	paridiprimyee90@gmail.com	TRIPITAMAYEE PARIDA Student	+3 2nd year		Education	79802027854
9/24/2020 14:03:44	nrlakshmanraj024@gmail.com	MITALI SWAIN Student	+3 3rd year arts		Education	8144987490

Timestamp	Email Address	FULL NAME ( IN CAPITA Designation)	Class ( Only for Students	Roll No ( Only For Studen	Department	Mobile No.
9/24/2020 14:04:17	pravakamalakko@gmail.com	DR PRAVAKAR MALLUCI Lecturer			Education	9417673108
9/24/2020 14:05:09	bojyakkavalya@gmail.com	AAKASHTVA BORTH Student	Pg 1st year	001	Education	8370660017
9/24/2020 14:07:41	pryambedade2001@gmail.com	PRYAMBADA DAS Student	+3 2nd year (Arts)	BA19-09	Education	8371762034
9/24/2020 14:16:11	githasubhadrasri2000@gmail.com	GITHIKA SUBHADRASRI Student	+3 final year	BA17-015	EDUCATION	8372590338
9/24/2020 14:24:24	kumaryajama1991222@gmail.com	PRYANKA PARIJA Student	+3 3rd year/Education No		36 Education	8240820243
9/24/2020 14:37:03	kepmudhade@gmail.com	LOPAMUDRA DASH Student	+3 2nd year	BA20-001	Education	9348930983
9/24/2020 14:55:04	excellentnagma@gmail.com	SAROLAKANTA NAYAK Lecturer			English	9453371671
9/24/2020 15:05:35	nayakashukon90@gmail.com	ASHIMA NAYAK Student	+2 2nd yr		19 Arts	6370574192
9/24/2020 15:05:53	sasmita184@gmail.com	KSHIRSAGAR SANTOSH Lecturer			Chemistry	9890159493
9/24/2020 15:08:26	sureshchivhvak37@gmail.com	MR SURESH CHANDRA Lecturer			Education	9917322492
9/24/2020 15:18:53	kardmalj1991@gmail.com	KARTIK MAJI Professor			Education	9647067035
9/24/2020 15:28:59	pranajitda@gmail.com	PRANATI PALAI Teacher Educator			EDUCATION	07706673394
9/24/2020 15:38:41	aseem1994@gmail.com	Mohammed Jyoti Ajeed Research Consultant			Research Cell	+8801790605036
9/24/2020 15:51:46	gurunohari.kumar2013@gmail.com	PURUSHOTAM KUMAR Assistant professor	+3 3rd year	BA19-032	Department of Education	9801123422
9/24/2020 16:17:06	kamrudeesh0117@gmail.com	SASMITA DASH Student	+3 Second Year Arts	BA19-178	Education	9908215905
9/24/2020 16:18:01	benkanta229@gmail.com	SHIKANTA BEHERA Student			Education	7739995296
9/24/2020 16:19:34	gulmuzali@gmail.com	MUZAFAR GUL WAGAY Lecturer			Department of Education	7006349690
9/24/2020 16:26:38	swarnpunam18@gmail.com	PURNIMA SWAIN Student	+3 second year	BA19-190	Economic	9348125293
9/24/2020 16:35:43	nirmannilnaboo@gmail.com	DR NILAMANI LENKA Reader			Ods	9438339950
9/24/2020 16:37:32	sankarankshyee@gmail.com	RITURAJAN NAYAK Student	+3 2nd year arts	BA19-027	Education	9891376215
9/24/2020 16:44:57	cahkrani1989@gmail.com	CHITRAKANTI BETHI Lecturer			ODIA	8348703674
9/24/2020 17:01:31	swarnetou09@gmail.com	SAUTI SWAIN Student	+3 2nd year	BA19-045	Education	7605975372
9/24/2020 17:36:32	babbar19762019@gmail.com	BHABANI SANKAR DAS Lecturer			EDUCATION	9124346547
9/24/2020 17:50:44	sratchandrasengupta@gmail.com	DR. SARPAT CHANDRA I Lecturer			English	9078961028
9/24/2020 18:08:47	priyashekh23@gmail.com	PRITYA SEHJAL Research Scholar			Education	7960966212
9/24/2020 18:26:15	bernarabihyan655@gmail.com	BARSHARANI BHUYAN Student	+3 3rd yr	BA-19-097	Political science	9178431208
9/24/2020 18:31:49	anumamira2511@gmail.com	MRS. ARUNA MISHRA Lecturer			Dept. of Education	9777942029
9/24/2020 19:00:15	suryakantbayee@gmail.com	CHANDRAKANTI BAYEE Student	M.A	Enrollment No-195730397	History	95598296138
9/24/2020 20:28:24	bd.debas@gmail.com	Dr. Bhawan K. Patel Employee			Commerce	9429870455
9/24/2020 21:34:56	prachari.praona@gmail.com	Prabhabati Padhan Lecturer			Education	9438332994
9/24/2020 22:12:15	sudheeshb@gmail.com	DR. SUDHEESH B Lecturer			Economics	7293162877
9/24/2020 22:36:03	subhasar@gmail.com	Dr. Subhasish Das Professor			SMS	7008786101
9/24/2020 22:36:18	kavishapata77@gmail.com	Ms. Kavisha Kantanbhai Research scholar			Veer narmaid south Gujar	9697480354
9/25/2020 7:55:59	guyahed71@gmail.com	GAVATRI PANDA Lecturer			Education	9853296028
9/25/2020 8:55:48	prtanisarkoo510@gmail.com	Pranashree Student	+3(3rd arts)	1701020040020254	EDUCATION	9556991713
9/25/2020 9:12:53	zoneindianhu@gmail.com	SHITANSHU SHEKHAR Student		12 EDB19005	DEPARTMENT OF EDUC	7488150710
9/25/2020 9:46:48	tarasaurana3@gmail.com	SUSAMTA TARA Student	+3 3rd year arts	BA_19_33	EDUCATION	9897268851
9/25/2020 10:32:48	pkaram2002@gmail.com	J.J. JASWAN TRIPATHY Student	+3 Second Year (arts)	BA19-082	Education Department	8118067805
9/25/2020 10:42:47	dashno12@gmail.com	MANOJRAJAN DASH GUEST Faculty			SCHOOL OF EDUCATIO	7377419403
9/25/2020 11:59:37	ank20223@gmail.com	ANKU KUMAR RAHA Student	+3 Second Year Arts	BA19-002	Education Department	8114807584

Timestamp	Email Address	FULL NAME ( IN CAPITAL)	Designation	Class ( Only for Students)	Roll No ( Only For Studen	Department	Mobile No
9/26/2020 12:01:48	bnajrajydn@gmail.com	BRUJAKSHOR BEHERA	Lecturer			Department of Education	7504231431
9/26/2020 12:20:07	cranzysyeha7@gmail.com	AVSHA KHAN	Student	M.A part 1	83398	English literature	8899138425
9/26/2020 12:29:20	kajpalataz@gmail.com	J.K JASMIN TRIPATHY	Student	+3Second Year (ans)	BA19-082	Education Department	9337041199
9/26/2020 12:31:01	najlan775819@gmail.com	RAVJAN KUMAR BEHUI	Lecturer			HISTORY	9688830385
9/26/2020 12:32:24	chamekshumraj3@gmail.com	CHAMELISAHU	Student			English	6105190596
9/26/2020 12:51:28	sima.agnihotri1@gmail.com	DR. SEEMA AGNIHOTRI	Assistant Teacher			Basic Education Departm	8400566231
9/26/2020 13:11:41	manidatou84@gmail.com	RASMITA ROUT	Student		+3 Year	Education	8718594106
9/26/2020 13:32:04	dashyonyambada@gmail.com	DR PRIYAMBADA DASH	Lecturer			EDUCATION	9437231598
9/26/2020 13:34:53	pkh334@gmail.com	Piyush Kumar	Teacher			Teacher	9838454439
9/26/2020 13:45:41	karjinhimesha7131@gmail.com	SARJINI MISHRA	Lecturer			zoology	9437920782
9/26/2020 13:53:48	tepakumar1261@gmail.com	TAPAN KUMAR GANTA	Student	+3 2nd year ans	BA 19-034	Education	7449970199
9/26/2020 13:12:58	sharmistalarai19@gmail.com	SHARMISTHA TAPAI	Student	+3 2nd yr	BA-19-104	Education	8114642863
9/26/2020 16:40:54	startokjoo@gmail.com	P. BALJE	Lecturer			English	+019888855422
9/26/2020 16:54:37	grawathra132@gmail.com	L.K JASMIN TRIPATHY	Student	+3 Second Year Ans	BA19-082	Education Department	7504807041
9/26/2020 17:50:18	kaamaal78@gmail.com	SMITA BISWAL	Lecturer			Education	6370789909
9/26/2020 19:45:39	pancasorunya7@gmail.com	SOLIVYASHREE PASUD	Student	+3 2nd year	BA-18-049	Education	7846985556
9/26/2020 19:50:06	dashyandani67@gmail.com	RAJNANDINI DAS	Student	Yes	BS18-081	English	9337979428
9/26/2020 19:54:58	kythoy563@gmail.com	SUBHRANSU DAS	Student	Yes		Physics	9348704748
9/26/2020 22:13:34	dranishkumarchowdhary2@gmail.com	DR RAMESH KUMAR MI	Lecturer			Education	9937539732
9/26/2020 22:26:46	saropandey4@gmail.com	DR SAROU PAWDEY	Professor			Teacher's Training depart	9452178526
9/26/2020 23:16:01	ardakaraaryan@gmail.com	Achra s v	Teacher			High school teacher, g'rssc	8744018825
9/26/2020 8:12:01	bnajyaal730@gmail.com	BASUDEB NAYAK	Service			Sales	8114730888
9/26/2020 10:32:58	manojendar1967@gmail.com	MANOJ PANDA	Reader			Sociology	9461329944
9/26/2020 10:55:26	chandanayashambhurna12@gmail.com	DHANAJAYA SAMAL	Student	+3 3rd year	BS18-117	Zoology	7894708480
9/26/2020 10:57:41	opazratma@gmail.com	DIPA PRATIMA CHOUDI	Student	+3 3rd year	BS-18-094	Zoology	0371796352
9/26/2020 10:58:38	dashyant@gmail.com	SWAGAT RAWJAN DAS	Student	+3 3rd yr	DS-18-008	Zoology	8144570350
9/26/2020 11:21:52	beharsambhakar0824@gmail.com	UPENDRA BEHERA	Student	+3 3rd year	BS18-032	Zoology	7464704923
9/26/2020 11:57:12	swasthikarao@gmail.com	SWASTHIKA TAPAI	Student	+3 2nd year		18 Zoology	8260063090
9/26/2020 11:57:18	karanmishrayakos@gmail.com	KARISHMA NAYAK	Software developer			IT	7878675120
9/26/2020 11:19:25	monalbarua48@gmail.com	MONALI BARAL	Student	+3 2nd year	BS(B)-19-004	Zoology	9861482757
9/26/2020 11:26:42	schaharidash79@gmail.com	SUBHADRA DASH	Student	+3 3rd year	BA18-068	Odia	7892648829
9/26/2020 11:29:08	saantarnou2@gmail.com	SUSANTA ROUT	Student	+3 2nd year	BS(B)-18-102	Zoology	7132679878
9/26/2020 11:39:21	parbatishah12001@gmail.com	PARBATI SETHI	Student	+3 3rd year	BS-18-035	Zoology	9178792994
9/26/2020 13:40:21	8777835907@gmail.com	Rusmita Nayak	Student	+3 2nd year	BA19-179	Sociology	9154277403
9/26/2020 16:29:17	beharpalitra533@gmail.com	PRATIMA BEHERA	Student	Yes	BA 19-094	Education	8114321652



# PARTICIPANT



### ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଶିକ୍ଷା ବିଭାଗ ଓଡ଼ିଶା

ପଢ଼ାମୁଣ୍ଡାଇ (ଆପ୍): ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଶିକ୍ଷା ବିଭାଗ ପକ୍ଷରୁ ପୁସ୍ତକ ଓ ଯୋଗାଯୋଗ ପ୍ରଯୁକ୍ତି ବିଦ୍ୟାଳୟ ଅଭି. ବି. ବିଭାଗ ସୂଚନା ଓ ଉତ୍ତର ଶୀର୍ଷକ ଓଡ଼ିଶାରେ ଅନୁଷ୍ଠିତ ହୋଇପାରେ । ଏଥିରେ ଉଲ୍ଲେଖ ବିଶ୍ୱବିଦ୍ୟାଳୟର ପ୍ରଫେସର ଡ. ଶରତ କୁମାର ରାଉତ ଯୋଗ ଦେଇ ସଂଗୃହଣ ଶିକ୍ଷା ସମାପ୍ୟ ସଂପର୍କରେ ଅବଲୋଚନା କରିଥିଲେ । ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଅଧ୍ୟକ୍ଷ ପ୍ରଫେସର ଅଧିକାରୀ

ଉପସ୍ଥାପନାରେ ଦାଖଲ ହୋଇଥିଲେ । ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଶିକ୍ଷା ବିଭାଗ ମୁଖ୍ୟ ଅଧ୍ୟାପିକା ନିରେଦିତା ନାୟକ ଅଧିକାରୀଙ୍କଦ୍ୱାରା ପ୍ରଦାନ କରି କାର୍ଯ୍ୟାଳୟ ସଂପର୍କରେ ପୁସ୍ତକ ଦେଇଥିଲେ । ଶେଷରେ ନିରୁପମା ଦ୍ୱାରା ଧନ୍ୟବାଦ ଦେଇଥିଲେ । ଏଥିରେ ବହୁ ଅଧ୍ୟାପକ/ଅଧ୍ୟାପିକା ଓ ଛାତ୍ରଛାତ୍ରୀ ଯୋଗ ଦେଇଥିଲେ ।

The Pramaya (29.10.2020)

### ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଶିକ୍ଷା ବିଭାଗ ଖେବିନାର

ପଢ଼ାମୁଣ୍ଡାଇ, ୨୮.୧୦ (ବି.ପ୍ର): ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଶିକ୍ଷା ବିଭାଗ ପକ୍ଷରୁ ସୁବନା ଓ ଯୋଗଯୋଗ ପ୍ରସ୍ତୁତି ବିଦ୍ୟାରେ ଆନୁଷ୍ଠାନିକ ପୁନିତା ଓ ସ୍ଥୁଳ ଶାନ୍ତ ଖେବିନାର ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । ଏଥିରେ ଯେତେବେଳେ ବିଶ୍ୱବିଦ୍ୟାଳୟର ପ୍ରଫେସର ଓ ଶିକ୍ଷକବୃନ୍ଦର ରାଜ୍ୟ ସାମ୍ପ୍ରତିକ ଶିକ୍ଷା ସମୟା ଫାପର୍ସରେ ଅଲୋଚନା କରିଥିଲେ । ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଅଧିକ ପ୍ରଫେସର ଅଧିକାରୀ ଲକ୍ଷ୍ମୀନାରାୟଣ ଦାଶ ସାଜକ ଭାଷଣ ଦେଇଥିଲେ । ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଶିକ୍ଷା ବିଭାଗ ପୁଣ୍ୟ ଅଧ୍ୟାପିକା ନିରେଦିତା ନାୟକ ଅଧିକ ପରିଷଦ ପ୍ରଦାନ କରି କାର୍ଯ୍ୟକ୍ରମ ଫାପର୍ସରେ ସୁବନା ଦେଇଥିଲେ । ନିରୁପମା ସାହି ଧନ୍ୟବାଦ ଦେଇଥିଲେ । ଏଥିରେ ବହୁ ଅଧ୍ୟାପକ/ଅଧ୍ୟାପିକା ଓ ଛାତ୍ରଛାତ୍ରୀ ଯୋଗଦେଇଥିଲେ ।

The Samaj (29.10.2020)

### ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଶିକ୍ଷା ବିଭାଗ ଶୈବିନୀର

ପଢ଼ାମୁଣ୍ଡାଇ, ୨୮.୧୦ (ମି.ପ୍ର): ପଢ଼ାମୁଣ୍ଡାଇ ବଲେଇ ଶିକ୍ଷା ବିଭାଗ ପକ୍ଷରୁ ପୁରୀ ଓ ଯୋଗଯୋଗ ପ୍ରଭୃତି ବିଦ୍ୟାଳୟ ଅନୁଷ୍ଠାନ ଛାତ୍ରୀଣୀ ଓ ଛାତ୍ରୀଣୀଙ୍କୁ ଶିକ୍ଷା ବିଭାଗ ଅନୁଷ୍ଠାନ ଦେଇପାରିବ । ଏଥିରେ ଉଲ୍ଲେଖ୍ୟ ବିଦ୍ୟାଳୟର ପ୍ରତ୍ୟେକ ଜଣ ଛାତ୍ରୀଣୀଙ୍କର ଉପର ସାମ୍ପ୍ରତିକ ଶିକ୍ଷା ସମୟ ସଫଳରେ ଆରୋପନା କରାଯାଇ । ପଢ଼ାମୁଣ୍ଡାଇ ବଲେଇ ଅଧିକ ପ୍ରତ୍ୟେକ ଅଧିକାରୀ ଉପାଦାନରୁ ଯାହା ସାଧ୍ୟ ହୋଇପାରେ । ପଢ଼ାମୁଣ୍ଡାଇ ବଲେଇ ଶିକ୍ଷା ବିଭାଗ ମୁଖ୍ୟ ଅଧିକାରୀ ନିରବଚିତା ନୀଳମ୍ବର ଅଧିକାରୀ ପ୍ରତ୍ୟେକ କର୍ମ କାର୍ଯ୍ୟକୁ ସଫଳରେ ପୁରୀ ଦେଇପାରେ । ନିରୁପନା ସାଗି ଧନ୍ୟବାଦ ଦେଇପାରେ । ଏଥିରେ ତୁ ଅଧ୍ୟାପକ/ଅଧ୍ୟାପିକା ଓ ଛାତ୍ରୀଣୀଙ୍କୁ ଯୋଗଦେଇପାରେ ।

The Sambad (29.10.2020)



An Extramural Webinar

On

**“Footprints of Goodness”**

Presented by:

Dr. Patitapaban Das

Asst. Prof. Department of Philosophy

Ravenshaw University, Cuttack, Odisha.

on

5th October 2020

**Department of Philosophy**

Pattamundai College,

Pattamundai.

## REPORT

An extramural webinar was organised by the Department of Philosophy, Pattamundai College, Pattamundai on 05-10-2020 on the topic, "**Footprints of Goodness**". The resource person of the webinar was Dr. Patitapaban Das, Head Department of Philosophy, Ravenshaw University, Cuttack, Odisha. Prof. Adhikari Laxminarayan Dash, Principal of the college chaired the webinar and formally welcomed the resource person and all the participants. Srimanta Kumar Jena, HOD Philosophy gave a key note address on the topic and R N Madhusmita Parida, Lecturer in Philosophy introduced the resource person. Most of the students of the department, other departments, staff members of the college, lecturers and research scholars from other colleges, Universities attended the webinar. The webinar was ended with a vote of thanks by Ranjan Kumar Gahan, Lecturer in Physics.



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# PATTAMUNDAI COLLEGE

NAAC ACCREDITED B+ GRADE

PATTAMUNDAI, KENDRAPARA, ODISHA - 754215

Ref. No. : ..... 936 .....

Date..... 28/09/2020 .....

To

Dr. Patitapaban Das,  
Assistant Professor  
Department of Philosophy  
Ravenshaw University, Cuttack, Odisha.

Sub: Invitation to the **Resource Person** for the webinar organised by Dept. of Philosophy, Pattamundai College, Pattamundai on 5<sup>th</sup> October 2020.

Sir,

I am pleased to invite you kindly be the resource person in the webinar on "Footprints of Goodness" organised by Dept. of Philosophy on 5<sup>th</sup> October 2020 at 11:00 a.m.

Your kind consent in this regard is highly solicited.

*Patitapaban Das*  
28.9.20  
Principal  
Pattamundai College.

Compose

**Inbox** 762

Starred

Snoozed

Important

Chats

Sent

**Drafts** 258

All Mail

Meet

Start a meeting

Join a meeting

Hangouts

 Principal Pattan +

No recent chats  
Start a new one

# Re: consent letter for Webinar

Inbox x

**dilu das**

to me

Sir

I am happy to be part of the webinar. This may be considered as the  
Regards

On 29-Sep-2020 12:58 PM, "Principal Pattamundai College" <[pattar](mailto:pattar)>

**Principal  
Pattamundai College**  
[pattamundaicollege@gmail.com](mailto:pattamundaicollege@gmail.com)

Reply

Forward

# CURRICULUM VITAE

## MR. PATITAPABAN DAS

ASSISTANT PROFESSOR  
DEPARTMENT OF PHILOSOPHY  
RAVENSHAW UNIVERSITY  
CUTTACK-3, ODISHA

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## EDUCATION:

SL. NO.	NAME	BOARD/UNIVERSITY	YEAR OF PASSING	DIVISION/DISTINCTION
1	PhD	RAVENSHAW UNIVERSITY CUTTACK	Awarded May, 2015	
2	NET ( Buddhist, Jaina,Gandhian and Peace Studies)	U.G.C	2010	
3	M.PHIL.	J. N.U. NEW DELHI	2008	FIRST
4	NET (PHILOSOPHY)	U.G.C	2005,2007	
5	M.A.	UTKAL UNIVERSITY	2005	FIRST CLASS FIRST(Gold Medal)
6	B.A. (Hons)	GOVT.COLLEGE,ROURKELA SAMBALPUR UNIVERSITY	2003	FIRST CLASS FIRST WITH DISTINCTION (Gold Medal)
7	INTERMEDIATE	C.H.S.E. ODISHA	2000	FIRST
8	IT.I	GOVT. I.T.I. ROURKELA	1996	FIRST
9	MATRIC	B.S.E. ORISSA	1995	FIRST

### EMPLOYMENT:

SL. NO	ASSIGNMENT	NAME OF INSTITUTION	YEAR
1	ASSISTANT PROFESSR	RAVENSHAW UNIVERSITY	DEC.2010
2	ASSISTANT PROFESSOR	KABI NAZRUL MAHAVIDYALAYA GOVT. OF TRIPURA	APRIL2008 TO DEC.2010
3	TEACHING ASSISTANT	JAWAHARLAL NEHRU UNIVERSITY	2007

### PUBLICATIONS:

#### Books:-

1. "Right to Life in Medical Ethics: A Plea for Moral Contextualism," published by VDM Verlag Dr. Muller Publishing House, Germany, ISBN No. 10/3639362764, ISBN No13/978-3639362763.2011.
2. Moral Contextualism in Medical Ethics published by LAP Academic publishing, Germany, ISBN NO. 928-3-659-82222-3, 2015.
3. Social and Political Philosophy by Kalyani Publishers, New Delhi, ISBN No. 978-93-272-8927-5, April, 2018.
4. Life, language and Reality: An Introduction to Philosophy of Language, Kalyani Publishers)
5. Sri Aurobindo: The Man and His Social Mission by City Publication, New Delhi, ISBN: 978-93-8911-729-5 in December 2019.



DEPARTMENT OF PHILOSOPHY  
PATTAMUNDAI COLLEGE , PATTAMUNDAI



Organises  
a Webinar on

**“Footprints of Goodness”**

Date: 05.10.2020 , Time:11.00 A.M.



**RESOURCE PERSON**

**Dr. Patitapaban Das,**

Asst Professor, Department of Philosophy,  
Ravenshaw University, Cuttack, Odisha



**Prof. A.L.N Dash**

**Principal**

Pattamundai College  
Pattamundai



**Ms. R.N. Madhusmita Parida**

Asst. Prof. & Convenor



**Mr. S.K.Jena**

Asst. Prof. & Co-Convenor

## Footprints of Goodness

Patitapaban Das  
Ravenshaw University  
Mail: [ppdruc@gmail.com](mailto:ppdruc@gmail.com)

Are we not in constant search of good people? Good friends, good parents, good kids, good lover, good spouse, good teacher, good worker, good employer and what not? Is it not equally frustrating to find such people? Let's have an activity in this regard.

Let's close our eyes and ask ourselves a simple question – Who is a good teacher? Let's recollect all the teachers we have come across in our life. The teacher who for the first time introduces us to the world of learning – the village primary teacher, the teacher who actually initiated us to the world of academics – the school teacher, our class teacher who teaches us discipline in a strict hand, the village headmaster who makes the whole school a temple of learning. Please recollect all of them. Do recall your high school teachers too who first time impressed you with erudite scholarship. Or you can also take the instances of your present professors who are high at their versatility and academic achievement. Now let's be prepared for the activity.

### **Who is a good teacher?**

He who gives good marks but does not take classes?

Is an intelligent teacher necessarily a good teacher?

Is a smart teacher good?

Is a strict teacher good one?

Is a religious teacher is a good teacher?

A teacher who dances in a night club but teaches well is a good one.

What is your answer? Are you bit confused? Let's expand this question a little further adding another adjective.

**Who is a good human being?**

A man who strictly follows sexual character but indifferent to the poor next door.

A man who is ardent religious but does not care driving a car unnecessarily

A man who always believes that what he believes is right.

A man who gives alms to the poor but does not know why this is good.

How to decide? But what is the nature of this adjective good which fits to all kind of people? This question indeed is very important in our life. Otherwise we will end up in selecting bad people who will invite unnecessary disturbances in our life.

The nature of goodness is invariably associated with the nature of ethics. Ethics is a branch of philosophy that teaches us what is good and what is bad? But we have equally immense difficulty in deciding the nature of ethics. There are innumerable misunderstandings regarding ethics. Let's clarify some of these misunderstandings so that the true nature of goodness will be revealed in front of us.

**1. Ethics is not primarily a set of prohibitions**

Many people believe that ethics is primarily designed to prohibit people having fun. For them ethics is a set of rules that simply check us doing something interesting. In fact some people equate ethics with sexual behaviour. Ethics is nothing but discussions regarding promiscuity, pornography, homosexuality, pre or post marital relationship. But ethics is not all these. Ethics has many more serious things to do rather than simply putting its nose in someone's private life. Ethics instead is more

interested in discussing more pressing questions like environmental issues, world poverty, social justice etc

## **2. Ethics is good at theory but not in practice**

Many people believe that ethics is good at theory but horribly wrong in practice. Ethics is a set of simple rules of dos and don'ts which cannot be practised in real life or if practised will bring sufferings in life. But if we ponder a little we will find that this is highly mistaken. For, if something is good at theory it has to be good at practice too. If something cannot be practised it is not good at theory either. But this is also true that some simple rules of ethics bring difficulties in life. This is because these rules are made in a different set up which has changed. But for that we cannot simply ridicule the whole of ethics. If some rules do not work others work perfectly.

## **3. Ethics is nothing but religious behaviour**

Some people believe that ethics is dependent on religion. In common discussion too we call a person good if he visits temple, makes *pujas*, gives alms to the beggars no matter he does it because he wants a son might be. On the other hand if someone does not do anything like this but helps the needy whenever he finds fit, do we call him a good person? People believe that what is good is liked by the god. But what is god likes human flesh? Is it good? Plato rejects this idea two thousand years back. He points the arrow in the reverse direction. He says that if something is good god must like it. So ethics is not dependent on religion but religion is dependent on ethics.

Who is a good person then? How to know him? What is the mark of goodness?

Let's have some examples:

1. A person does everything whenever he likes things to do. He does not have any standard. Sometimes he steals, sometimes he does not. Another person does things according to a particular standard.
2. A person does all things which we normally consider as good thing like he tells truth, does not steal etc. He follows a standard but cannot provide a reason why he is following that standard. Yet another person does exactly opposite. But he follows another standard. He gives reason why he is doing what he does. For example the first one does not steal but when asked cannot tell why he is not stealing. But the second person steals and is ready to explain why does he steal?
3. A person follows a standard that serves only him. He provides a reason that simple serves him. Another person provides a reason that addresses larger audience. Suppose first person kills a man and when asked for the reason he says that he killed him so that he will be king. Another person kills a man and when asked for the reason says that by killing the man he serves many people.

### **Marks of Goodness**

Now we are in a position to discern the marks of goodness.

1. following a particular standard rather than no standard
2. Following any standard but ready to give a justification
3. Providing a particular kind of justification
4. A justification that addresses a larger audience

Hence providing the right kind of justification is the simple mark of goodness. The justification that addresses larger audience, includes more people is better than that includes less people. In short altruism is the mark of goodness.



**DEPARTMENT OF PHILOSOPHY**  
**PATTAMUNDAI COLLEGE**  
**PATTAMUNDAI**

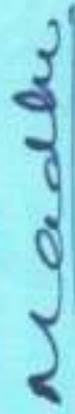
Affiliated to Utkal University, Bhubaneswar, Odisha



*Certificate of Participation*

This is to certify that Mr./Ms./Mrs. R N MADHUSMITA PARIDA of Pattamundai college pattamundai has actively participated in the Webinar on "Footprints of Goodness" organized by Department of Philosophy Pattamundai College, Pattamundai, Kendrapara, Odisha.

Date: 05 October 2020, Certificate No-V1JFH8-CE000001

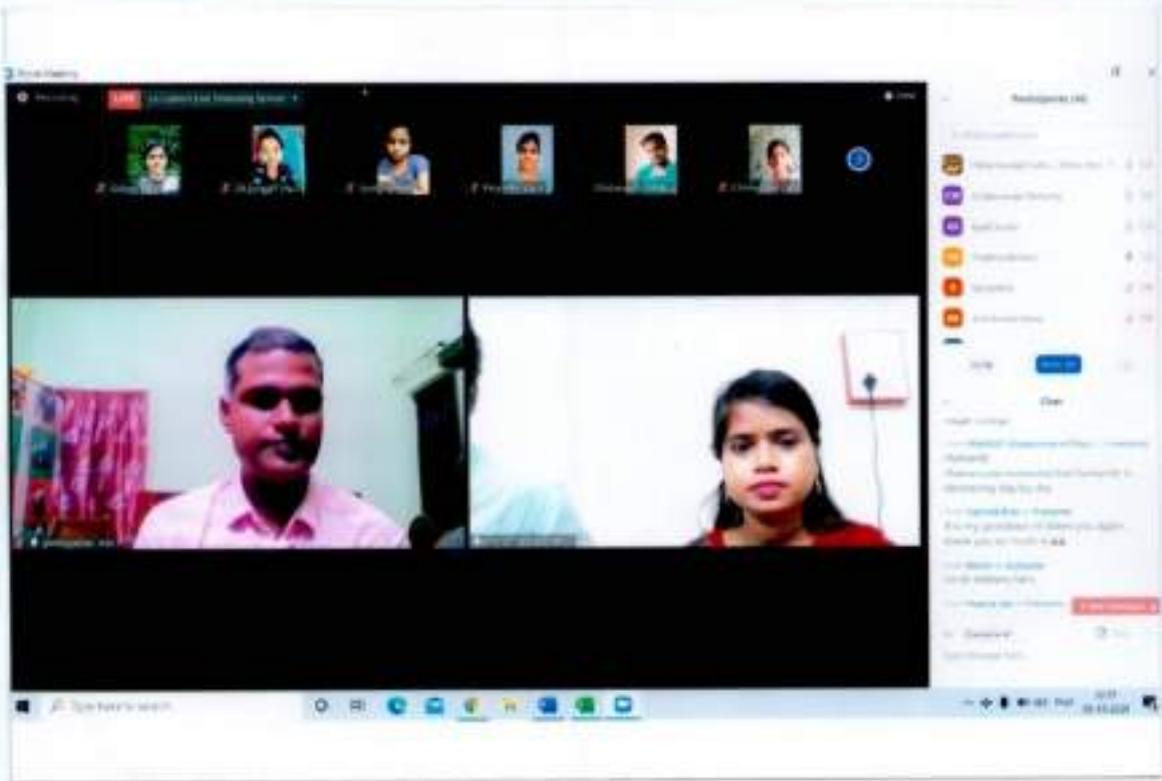
  
R N Madhusmita Parida  
Convenor

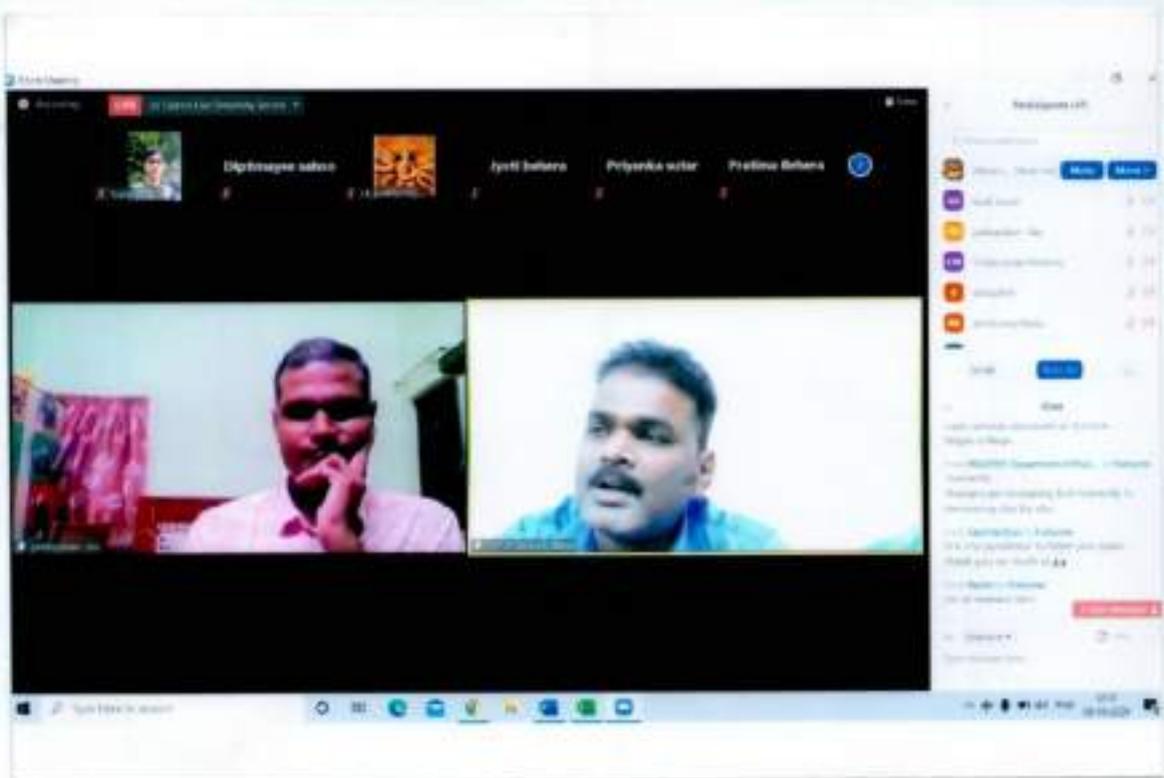
  
Dr. Patitapaban Das  
Resource Person

  
Prof A.L.N Dash  
Principal

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odi.sasmitabisoi08@gmail.com	SASMITA BISOI	Sudarsan Mahavidyalaya,42 Mouza,	Asst.Professor	9348739538





■ ପଟ୍ଟାମୁଦ୍ରାକର କଲେଜ

# ଦର୍ଶନ ବିଭାଗର ଫ୍ରେଣ୍ଡିନାର

ପଟ୍ଟାମୁଦ୍ରାକର, ପି.ଏ.ଏ.ଏ. ପଟ୍ଟାମୁଦ୍ରାକର କଲେଜ ଦର୍ଶନ ବିଭାଗ ପକ୍ଷରୁ ପୁସ୍ତକ ପ୍ରତିଦ୍ୱାରା  
ପୁସ୍ତକମାନଙ୍କ ଶୀର୍ଷକ ଫ୍ରେଣ୍ଡିନାର କଲେଜ ଅଧିକାରୀଙ୍କୁ ପ୍ରଦେୟର ଅଧିକାରୀ ଉପକାରଣର  
ଦ୍ୱାରା ପଠାଯିବାର ସୁଯୋଗ ଦେବାକୁ ଯୋଚନା କରାଯାଇଛି । ଯେଉଁଠି ବିଶ୍ୱାସ୍ୟତାପୂର୍ଣ୍ଣ ଉପକାରଣ  
ପ୍ରଦେୟର ଉପକାରଣ ଦ୍ୱାରା ପଠାଯିବାର ସୁଯୋଗ ଦେବାକୁ ଯୋଚନା କରାଯାଇଛି ।  
ବିଭାଗର ପୁସ୍ତକ ଅଧିକାରୀଙ୍କୁ ଶ୍ରୀମତୀ କୁମାରୀ ଦେବୀ ସାହେବ ଉପକାରଣ ପ୍ରଦାନକରି  
କାର୍ଯ୍ୟକ୍ରମ ସମ୍ପର୍କରେ ସୂଚନା ଦେଇଥିଲେ । ଅଧ୍ୟାପିକା ଶ୍ରୀମତୀ ଏନ. ମଧୁସୂଦନା ପରିତା  
ଅଧିକାରୀଙ୍କୁ ସୂଚନା ଦେଇଥିଲେ । ଅଧ୍ୟାପକ ଉ. ମାନ୍ୟ କୁମାର ନାୟକ କାର୍ଯ୍ୟକ୍ରମ  
ସମ୍ପର୍କରେ ସୂଚନା ଦେଇଥିଲେ । ଅଧ୍ୟାପକ ଉପକାରଣ ପ୍ରଦାନ ପାଇଁ ଧନ୍ୟବାଦ ଦେଇଥିଲେ  
। ଏହି କାର୍ଯ୍ୟକ୍ରମରେ ବହୁ ଅଧ୍ୟାପକ, ଅଧ୍ୟାପିକା ଓ ଛାତ୍ରଛାତ୍ରୀ ଯୋଗ ଦେଇଥିଲେ ।

ଗୁରୁତୀର୍ଥୀ - ୩୦/୧୦/୨୦୨୦



## REPORT

An extramural webinar was organised by the Department of Philosophy, Pattamundai College, Pattamundai on 03-010-2020 on the topic, "***Aristotle's Virtues and Phronesis: A Way to Improve Moral and Intellectual Lives***". The resource person of the webinar was Dr.Kabita Das, Assistant Prof, department of philosophy, Utkal University, Vani Vihar Odisha. Prof. Adhikari Laxminarayan Dash, Principal of the college chaired the webinar and formally welcomed the resource person and all the participants. Srimanta Kumar Jena, HOD Philosophy gave a key note address on the topic and R N MadhusmitaParida, Lecturer in Philosophy introduced the resource person. Most of the students of the department, other departments, staff members of the college, lecturers and research scholars from other colleges, Universities attended the webinar. The webinar was ended with a vote of thanks by Dr. M.K. Nayak, Lecturer in English.



OFFICE OF THE PRINCIPAL

Mobile : 9437376724

# PATTAMUNDAI COLLEGE

NAAC ACCREDITED B+ GRADE

PATTAMUNDAI, KENDRAPARA, ODISHA - 754215

Ref. No. : ..... 936 .....

Date..... 28/09/2020 .....

To

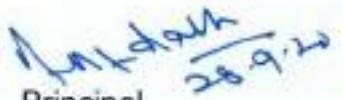
Dr. Kabita Das,  
Assistant Professor  
Department of Philosophy  
Utkal University, Vani Vihar, Odisha.

Sub: Invitation to the **Resource Person** for the webinar organised by Dept. of Philosophy, Pattamundai College, Pattamundai on 3<sup>rd</sup> October 2020.

Ma'am,

I am pleased to invite you kindly be the resource person in the webinar on **'Aristotle's Virtues and Phronesis: A Way to Improve Moral and Intellectual Lives'** organised by Dept. of Philosophy on 3<sup>rd</sup> October 2020 at 11:00 a.m.

Your kind consent in this regard is highly solicited.

  
Principal  
Pattamundai College.



Principal Pattamundai College <pattamundaicollege@gmail.com>

---

## Invitation letter for Webinar

2 messages

---

Principal Pattamundai College <pattamundaicollege@gmail.com>

Tue, Sep 29, 2020 at 12:53 PM

To: kabitajnuphilosophy@gmail.com

Principal  
Pattamundai College  
[pattamundaicollege@gmail.com](mailto:pattamundaicollege@gmail.com)

---

 kabita ma'am.pdf  
72K

---

kabita das <kabitajnuphilosophy@gmail.com>

Tue, Sep 29, 2020 at 2:42 PM

To: Principal Pattamundai College <pattamundaicollege@gmail.com>

Dear Sir

Thank you for the invitation. By this mail I herewith agree to deliver my talk on Aristotle's virtues and phronesis: A way to improve moral and intellectual lives on 3rd october 2020.

Regards  
Dr.Kabita Das

On 29-Sep-2020 12:53 PM, "Principal Pattamundai College" <pattamundaicollege@gmail.com> wrote

Principal  
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**Dr. Kabita Das** is an Assistant Professor of Philosophy at the post-Graduate department of Philosophy, Utkal University, Bhubaneswar, India. She received her M.Phil and Ph.D. award in Philosophy from Centre for Philosophy, JNU, New Delhi in the year 2010 and 2014. She joined Odisha education service (OES) in the year 2013. She has been working in the Field of Normative ethics, Applied Ethics, Socio Political Philosophy particularly on Virtue Ethics and Justice and has published number of research articles in reputed journals and anthologies. Recently she has published one article entitled "Inter nation social lockdown versus medical care against COVID-19, a mild environmental insight with special reference to India" in STOTEN, from Elsevier, web of science indexed with impact factor 6.87. In addition she has presented several research papers in the national and international conferences. She has been working as observer and Rapporteur in several International and national conferences. She is a reviewer in two international journals. She got UGC Junior Research Fellowship, New Delhi for the year 2012-14. She has received one major project from Odisha state higher education council, Govt of Odisha under OURIIP young faculty scheme in the year 2019. She is Life member AOPA, JICPR.



**DEPARTMENT OF PHILOSOPHY**  
**PATTAMUNDAI COLLEGE , PATTAMUNDAI**



Organises a Webinar on

**“Aristotle’s Virtues and Phronesis: A Way to Improve Moral  
and Intellectual Lives”**

**Date: 03.10.2020 , Time:11.00 A.M.**



**RESOURCE PERSON**

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Asst Professor, Department of Philosophy  
Utkal University, Vani Vihar, Odisha



**Prof. A.L.N Dash**

**Principal**

Pattamundai College  
Pattamundai



**Ms. R.N. Madhusmita Parida**  
Asst. Prof. & Convenor



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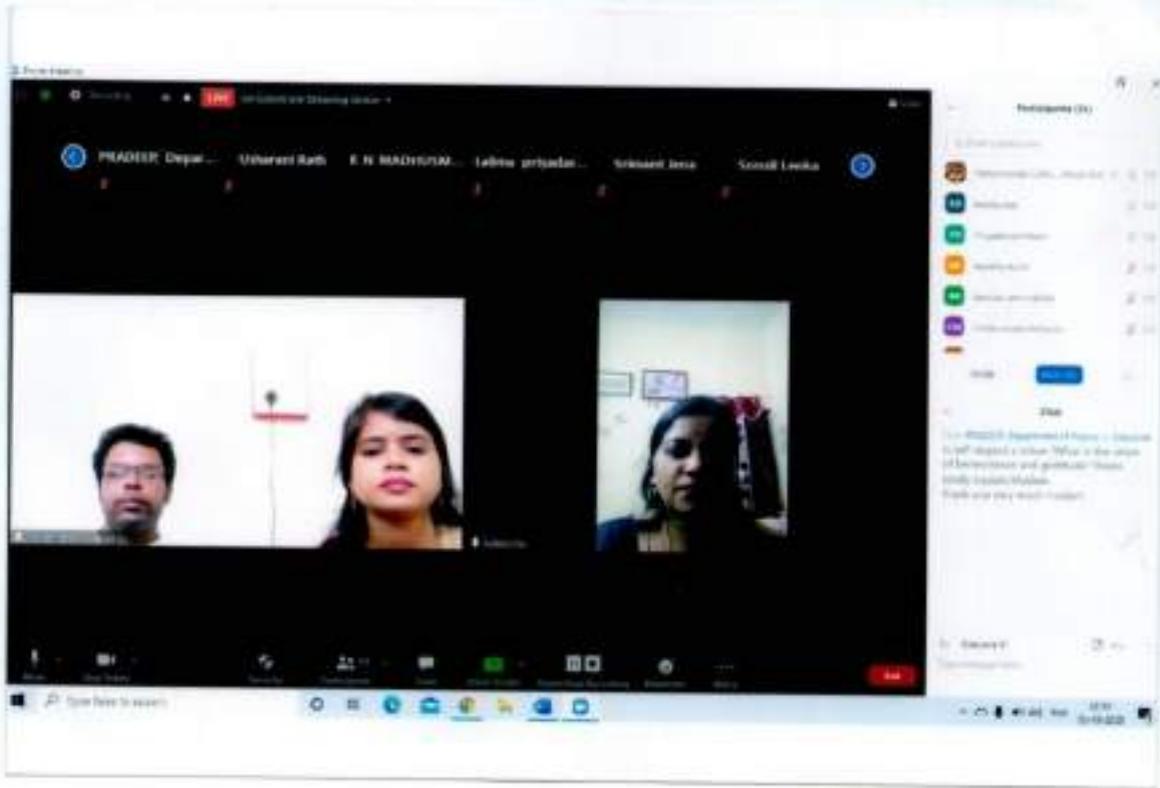
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### ପଟ୍ଟାମୁଣ୍ଡାଇ ଜାଲେଇ ଦଶନ ବିଭାଗ ଶ୍ରେଣିନାମ

ପଟ୍ଟାମୁଣ୍ଡାଇ, ଖାର (ବି ପ୍ର): ପଟ୍ଟାମୁଣ୍ଡାଇ ଭଲେଇ ଦଶନ ବିଭାଗ ପଞ୍ଚମ ଆରମ୍ଭ୍ୟାଦିକର  
 ନିରନ୍ତର ଆଠ ପୋଲିସିଏ ଏ ଶ୍ରେଣିରୁ ଉତ୍ପନ୍ନ ଗୋଟାଳ ଆଠ ଭେଦଭେଦରୁ ଆଳ ନାହିଁ  
 ଶ୍ରେଣି ଶ୍ରେଣିନାମ ଭଲେଇ ଆଠ ପ୍ରଦେଶର ଅଧିକାରୀ ଉତ୍ପାଦନାରେ ଦଶନ ପୈ  
 ଶ୍ରେଣିନାମର ଅନୁଷ୍ଠିତ ହୋଇପାରେ। ଉତ୍ତର ବିଦ୍ୟାଳୟରେ ପଢ଼ାଦାନ ପ୍ରଦେଶର  
 ଶ୍ରେଣି ବିଭାଗ ଦାସ ବିଭାଗରେ ଅଭ୍ୟାସ କରିଥିଲେ। ବିଭାଗର ପୁଣ୍ୟ ଅଧ୍ୟାପକ  
 ଶ୍ରୀମତୀ ଜେନା ସାହେବ ଭାଷଣ ଶେଷ କରିବାପରେ ସଂପର୍କରେ ଦୂରନା ବେଲୁଣ୍ଡେ।  
 ଅଧ୍ୟାପିକା ଆର. ଏଲ. ମଧୁସୂଦନ ଦାସିକା ଅଧିକ ପରିଚୟ ପ୍ରଦାନ କରିଥିଲେ। ଅଧ୍ୟାପକ  
 ଡଃ ମନସ ନାୟକ ଧନ୍ୟବାଦ ଦେଇଥିଲେ। ଏହି କାର୍ଯ୍ୟକ୍ରମକୁ ଅଧ୍ୟାପକ ଶ୍ରୀମତୀ  
 ମିଶ୍ର ଓ ଶିବପ୍ରସାଦ ମିଶ୍ର ପରିଚାଳନା କରିଥିଲେ।

କଥାଟି  
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 କାହାରୁ କି  
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ସମାପ୍ତ - ୦୪/୧୦/୨୦୨୦

**WEBINAR ON**  
**GANDHI AND GLOBAL PEACE: A DISCOURSE**



**28-09-2020**



**DEPARTMENT OF POLITICAL SCIENCE**  
**PATTAMUNDAI COLLEGE,**  
**PATTAMUNDAI**

## REPORT

A webinar was organized by the Department of Political Science, Pattamundai college, Pattamundai, on the topic "GANDHI AND GLOBAL PEACE: A DISCOURSE" at 12.30 p.m. on 28.09.2020 through online Platform: **Google meet APP**. The Resource Person of this webinar was Dr. Tripurari Narayan Pati, Reader in Political Science, Gangadhar Mehar University, Sambalpur. Prof Adhikari Laxmi Narayam Dash, Principal of the College welcomed the esteemed Resouce Person and the participants to the Webinar. Miss Nibedita Pradhan, Head Department of Political Science gave a key note address of the topic and Miss Simangini Das, Lecturer in Political Science, introduced the Resource Persons on this occasion. Dr. Tripurari Narayan Pati delivered his talk by explaining how in this Materialist age world is burning with domestic violence, communal violence, terrorism, religious war and Corruption. He also focused on Gandhian way and his ideas seem to be the only solution to overcome the present crisis of the world before we become endangered and the World become destroy. Miss Nibedita Pradhan, Head of Department co- ordinates the Question answer session of the talk. Miss Simangini Das, Co convenor of the Webinar extended vote of thanks to the Resource Person, all participants, faculty members and staff of the college and also briefed the talk.

Around 100 Participants were actively participated as well as interacted with the Resource Person.

The webinar was successfully conducted by technical support of Mrs. Nirupama Swain, Lecturer in Education, Mrs. R.N Madhusmita Parida, Lecturer in Philosophy.

*Nibedita Pradhan*

Nibedita Pradhan 09.11.2020

Convenor, HOD PoliticalScience



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# PATTAMUNDAI COLLEGE

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Ref No. : ..... 926 .....

Date..... 26/09/2020 .....

To

Dr. Tripurari Narayan Pati,  
Reader in Political Science,  
Gangadhar Meher University.

Sub - invitation as a Resource Person in the Webinar of Political Science Dept at Pattamundai College, Pattamundai, Kendrapara on 28<sup>th</sup> September, 2020.

Sir,

We are organizing a Webinar in the Dept. of political Science on "**Gandhi and Global Peace: A Discourse**" on 28<sup>th</sup> Sep, 2020. We would appreciate it very much if you would accept our invitation to deliver your talk in the said topic.

Your cooperation in this regard will be highly encouraged us and make the seminar a grand Success.

Thanking you

Principal  
Pattamundai College  
Pattamundai



Principal Pattamundai College <pattamundaicollege@gmail.com>

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## Giving a talk in the webinar

1 message

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**Tripurari Narayan Pati** <tripurari.012@gmail.com>  
To: pattamundaicollege@gmail.com

Sat, Sep 26, 2020 at 1:08 PM

To

The Principal, Pattamundai College, Pattamundai

Sir,

I accept the invitation sent to me through email to give a talk in the webinar on the topic " Gandhi and global peace - A discourse " , to be held on 18/09/20 at 12:30 pm .

Thanks & Regards

Dr Tripurari Narayan Pati

Reader in Pol. Sc.

GM University, Sambalpur



**DEPARTMENT OF POLITICAL SCIENCE**  
**PATTAMUNDAI COLLEGE, PATTAMUNDAI**



**Organises**

**A Webinar on**

**“GANDHI AND GLOBAL PEACE: A DISCOURSE”**

**Date: 28.09.2020, Time: 12:30 P.M**



**RESOURCE PERSON**

Dr. Tripurari Narayan Pati,  
Reader in Political Science  
Gangadhar Meher University



Prof. A.L.N Dash  
**Principal**  
Pattamundai College  
Pattamundai



Miss. Nibedita Pradhan  
HOD & Convenor



Miss. Simangini Das  
Lecturer in Political Science  
Co-Convenor

## **Gandhi and Global Peace**

If we cast an eye over contemporary world, we witness that during the last five or six decades the world has made phenomenal progress in the field of science, technology, economy etc. but on the other hand, threat to human life has increased manifold in every nook and corner of the world. It may be due to the proliferation of Nuclear weapons of mass destruction, terrorism of many forms, communal frenzy, human degradation and substantial erosion of moral and humanitarian values. Gradually, people throughout the world are developing an innate faith in violence. Terrorism is engulfing the world. Therefore, the greatest challenge before the human society is to establish global peace and to make the world free from fear. Therefore, to bring about peace in the world should be the first priority of every nation of the world. In today's world, peace is a priceless and rare commodity. "Securing peace is quite different from purchasing a commodity in a market. If you go with a credit card to a shop, you can purchase the commodity first and the price is paid after words. But, in securing peace you have to pay the price first and then you achieve peace" (Simon Pares 2003).

We have tested several methods like bullet, ballot, war, coercion etc. to establish global peace the world over but, none of these methods has been fruitful. Thus, the only alternative before the human society to save itself is to rely on Gandhian way, of non-violence, the way of communal harmony, religious tolerance by appealing to the conscience of every human being.

The name Mahatma Gandhi is sufficient enough to convey the message of peace and amity to the human society as a whole. Gandhi, the apostle and harbinger of peace was truly a noble soul and a humanitarian to the core and was also an ardent supporter of global peace. All his life he had contemplated on two major issues, non-violence and communal harmony. In fact, at the end he had to sacrifice his life for the realization of those two goals which can be regarded as the foundation stones of global peace.

### **Strategy for Global Peace: -The Gandhian approach**

One of the cardinal principles of Gandhian philosophy is Non-violence. Gandhiji had a firm faith in the principle of non-violence as a moral principle. The supremacy of Ahimsa has been recognized by Gandhiji. In his words "Non-

violence is the first article of my faith. It is also the last article of my creed". Gandhiji was a great seeker of truth. For him, truth was God, truth was the end and truth was everything. It is this truth which is relevant in all ages. Truth can be achieved through Ahimsa or Non-violence, which in Gandhian terminology means infinite issue and infinite capacity for suffering. Truth is the end and non-violence are the means.

Gandhi maintained that Truth and non-violence are inseparable and are keys to all religions. The original message of every religion is the message of peace and non-violence. Therefore, Ahimsa or non-violence is not a novel concept and well known in all religions. It is embedded in the holy scriptures of Jainism, Buddhism, in the Vedas and Upanishads, Quran and Bible. Non-violence is considered to be an essential norm in Jainism, Buddhism and Yoga philosophic tradition, for the realization of spiritual awakening and development is considered to be a vital principle almost in every religion. "Truth as non-violence as eternal and as old as the mountains".

Gandhiji learnt the lesson of truth and non-violence from various scriptures and the teaching of Buddha, Jain and Jesus. Thus, one has to think that there is nothing original or unique in what Gandhi's thinking.



**DEPARTMENT OF POLITICAL SCIENCE**  
**PATTAMUNDAI COLLEGE**  
**PATTAMUNDAI**

Affiliated to Utkal University, Bhubaneswar, Odisha



*Certificate of Participation*

This is to certify that Mr./Ms./Mrs. {{FULL NAME}} of {{OTHER IDENTIFIER}} has actively participated in the Webinar on  
**'GANDHI AND GLOBAL PEACE: A DISCOURSE'** organized by Department of POLITICAL SCIENCE, Pattamundai College,  
Pattamundai, Kendrapara, Odisha.

Date: 28th September 2020, Certificate No-{{certificate id}}

*N. Pradhan*

**Ms. N. Pradhan**  
Convenor

*Dr. T.N. Pati*  
28.09.2020

**Dr. T.N. Pati**  
Resource Person

*A.L.N Dash*

**Prof A.L.N Dash**  
Principal

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9262020 21:13:42	manojkumar1907@gmail.com	MANOJ KUMAR PANDA	Government autonomous	Student	+1st year	17POL01	Political science	8078884638
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9262020 21:15:20	senjanshree711@gmail.com	MAHESHWAR SETHI	Pattamunda College Pat	Student	+1 3rd year	BA19-186	POLITICAL SCIENCE	7064122442
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9262020 21:16:44	manojkumar1907@gmail.com	MANOJ KUMAR PANDA	Kantapara Evening Deg	Junior Lectur			Department of political sc	8637882201
9262020 21:17:25	prabhat1989@gmail.com	PRABHAT MISHRA	Sambalpur University	Research Scholar			Political science	807827266
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9262020 21:21:08	satyajit1993@gmail.com	SATYAJIT BEHERA	EVENING COLLEGE, KEI	Student	+1 2ND YEAR		27 POLITICAL SCIENCE	886132844
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9262020 21:21:16	manojkumar1907@gmail.com	MANOJ KUMAR PANDA	PATTAMUNDA COLLEGE	Student	+1 3rd year	BA- 18-142	Political science	720867594
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# ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ରାଜନୀତି ବିଜ୍ଞାନ ଷ୍ଟେଡିନାର

ପଢ଼ାମୁଣ୍ଡାଇ, ୧୧୦ (ନି.ପ୍ର) : ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ରାଜନୀତି ବିଜ୍ଞାନ ବିଭାଗ ପକ୍ଷରୁ ଗଣ୍ଡା ଷ୍ଟାଡିଓରେ ଶୀର୍ଷକ ଷ୍ଟେଡିନାର ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । ଏଥିରେ ପଢ଼ାଧାର ମେଣ୍ଟର ବିଶ୍ୱବିଦ୍ୟାଳୟ ରାଜନୀତି ବିଜ୍ଞାନ ପ୍ରଧ୍ୟାପକ ଡଃ ଦ୍ୱିପୁରୀ ନାରାୟଣ ପତି ବିଷୟ ବିଭିନ୍ନ ଆଲୋଚନା କରି ବର୍ତ୍ତମାନ ସମାଜକୁ ଗଣ୍ଡା ମାରି ହିଁ ଧର୍ମ

ପୁଣ୍ୟ ରକ୍ଷା କରିପାରିବ ବୋଲି ବିଶ୍ୱେକ୍ଷଣ ମାଧ୍ୟମରେ ଆଲୋଚନା କରାଯାଇଛି । ରାଜନୀତି ବିଜ୍ଞାନ ବିଭାଗ ଅଧ୍ୟାପିକା ନିରେଦିତା ପ୍ରଧାନ ଅତିଥି ପରିଚୟ ପ୍ରଦାନ କରି କାର୍ଯ୍ୟକ୍ରମ ସଂପର୍କରେ ସୂଚନା ଦେଇଥିଲେ । ଅଧ୍ୟାପିକା ନିରୁପମା ସାର୍ଦ୍ଧ କାର୍ଯ୍ୟକ୍ରମ ସଂଯୋଜନା କରିଥିଲେ । ଅଧ୍ୟାପିକା ସାମାଜିକା ଦାସ ଧନ୍ୟବାଦ ଦେଇଥିଲେ । ଏଥିରେ ଅଧ୍ୟାପକ/ଅଧ୍ୟାପିକା ଓ ଛାତ୍ରଛାତ୍ରୀ ଯୋଗଦେଇଥିଲେ ।

The Samaj  
Date - 2.10.2020

## ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ରାଜନୀତି ବିଜ୍ଞାନ ଓ ଅର୍ଥଶାସ୍ତ୍ର ବିଭାଗରେ ଷ୍ଟେଡିନାର

ପଢ଼ାମୁଣ୍ଡାଇ, ୧୧୦ : ଏକପ୍ରେସ୍ ନ୍ୟୁଜ୍

ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ରାଜନୀତି ବିଜ୍ଞାନ ବିଭାଗ ପକ୍ଷରୁ ଗଣ୍ଡା ଷ୍ଟାଡିଓରେ ଶୀର୍ଷକ ଷ୍ଟେଡିନାର ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । ଏଥିରେ ପଢ଼ାଧାର-ମେଣ୍ଟର ବିଶ୍ୱବିଦ୍ୟାଳୟ ରାଜନୀତି ବିଜ୍ଞାନ ପ୍ରଧ୍ୟାପକ ଡଃ ଦ୍ୱିପୁରୀ ନାରାୟଣ ପତି ଯୋଗଦେଇ ବିଷୟ ବିଭିନ୍ନ ଆଲୋଚନା କରି ବର୍ତ୍ତମାନ ସମାଜକୁ ଗଣ୍ଡା ମାରି ହିଁ ଧର୍ମ ପୁଣ୍ୟ ରକ୍ଷା କରିପାରିବ ବୋଲି ବିଶ୍ୱେକ୍ଷଣ ମାଧ୍ୟମରେ ଆଲୋଚନା କରାଯାଇଛି । ରାଜନୀତି ବିଜ୍ଞାନ ବିଭାଗ ଅଧ୍ୟାପିକା ନିରେଦିତା ପ୍ରଧାନ ଅତିଥି ପରିଚୟ ପ୍ରଦାନ କରି କାର୍ଯ୍ୟକ୍ରମ ସଂପର୍କରେ ସୂଚନା ଦେଇଥିଲେ । ଅଧ୍ୟାପିକା ନିରୁପମା ସାର୍ଦ୍ଧ କାର୍ଯ୍ୟକ୍ରମ ସଂଯୋଜନା କରିଥିଲେ । ଶେଷରେ ଅଧ୍ୟାପିକା ସାମାଜିକା ଦାସ ଧନ୍ୟବାଦ ଦେଇଥିଲେ । ଏଥିରେ ଅଧ୍ୟାପକ, ଅଧ୍ୟାପିକା ଓ ଛାତ୍ରଛାତ୍ରୀ ଯୋଗଦେଇଥିଲେ ।

ବେହିପତ ଅର୍ଥଶାସ୍ତ୍ର ବିଭାଗ ପକ୍ଷରୁ ଭାରତରେ ପ୍ରଥମେ ପୁଞ୍ଜି ବିଳେଷ ଓ ଏହାର ପୁରାଣ ଶୀର୍ଷକ ଷ୍ଟେଡିନାର କଲେଜ ଅଧିକ ପ୍ରାୟେସର ଅଧିକାରୀ ଉତ୍ତମାସାହାୟ ଦାଶଙ୍କ ପୌରସିଦ୍ଧ୍ୟରେ ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି । ଏଥିରେ ଉତ୍ତମ ବିଶ୍ୱବିଦ୍ୟାଳୟର ଅର୍ଥଶାସ୍ତ୍ର ବିଭାଗ ସହକାରୀ ପ୍ରାୟେସର ଡଃ ଆଲୋକ ପଟ୍ଟନାୟକ ଯୋଗଦେଇ ଭାରତରେ ବୈଦେଶିକ ପୁଞ୍ଜି ନିବେଶନ ବିଭିନ୍ନ ଚିର ଉପରେ ଏହାର ପ୍ରଭାବ ସଂପର୍କରେ ବିଶଦ ଆଲୋଚନା କରିଥିଲେ । ପଢ଼ାମୁଣ୍ଡାଇ କଲେଜ ଅର୍ଥଶାସ୍ତ୍ର ବିଭାଗ ପ୍ରଧ୍ୟା ଅଧ୍ୟାପକ କୁଞ୍ଜକାନ୍ତ ମିଶ୍ର ଅତିଥି ପରିଚୟ ପ୍ରଦାନ କରିଥିଲେ । ଛାତ୍ରୀ ବୈଶାଳୀ ଦାଶ ଧନ୍ୟବାଦ ଦେଇଥିଲେ । ଅଧ୍ୟାପକ ବିଜେନ୍ଦ୍ର ମହାନ୍ତି ଓ ଅଧ୍ୟାପକ ସତ୍ୟନାଥ ନାୟକ କାର୍ଯ୍ୟକ୍ରମ ପରିଚାଳନା କରିଥିଲେ । ଏଥିରେ ସବୁ ଅଧ୍ୟାପକ, ଅଧ୍ୟାପିକା ଓ ଛାତ୍ରଛାତ୍ରୀ ଯୋଗ ଦେଇଥିଲେ ।

The Odisha expresse  
Date - 02.10.2020  
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**A WEBINAR**  
**ON**  
**"STRESS MANAGEMENT IN STUDENTS"**



**Presented by**  
**Dr. Ashrumochan Sahoo**  
Assistant Professor, Department of Psychiatry  
P.R.M Medical College  
Baripada, Mayurbhanja  
Odisha  
ON- 24.09.2020

**Organised by -:**  
**DEPARTMENT OF ZOOLOGY**  
**PATTAMUNDAI COLLEGE,**  
**PATTAMUNDAI**

## WEBINAR REPORT

A Webinar was organised by Department of Zoology, Pattamundai Degree College, Pattamundai on dated 24.09.2020 at 11 AM on the topic "STRESS MANGEMENT IN STUDENT'S". Dr. Ashrumochana sahuo, Asst.Prof Department of Psychiatry and Neuro Sceince of Pandit Raghunatha Murmu Medical College Baripada, Mayurbhanj, Odisha was the resource person for the Webinar. In this webinar +3 2<sup>nd</sup> year, 3<sup>rd</sup> year Zoology Honours students of Pattamundai College & zoology Honours students of the nearby college of Kendrapara district were attended through Zoom link.

The Webinar was held Under the chairmanship of Prof. Adhikari Laxminarayan Dash, Principal Pattamundai College. Prof.A.L.N Dash welcome the Resource person & all the participants. He also narrate the aim & intension of the webinar.

Prof.Dillip Kumar Bhuyan, Reader& HOD, Zoology, Pattamundai College introduced the resource person & focused on the topic to the participants.

The webinar was ended with vote of thanks given by Smt. Saroji Mishra, Lecture in Zoology.

*Dillip Kumar Bhuyan.*  
Head of The Department  
Zoology  
Pattamundai College.



OFFICE OF THE PRINCIPAL

Mobile : 9437376724

# PATTAMUNDAI COLLEGE

NAAC ACCREDITED B+ GRADE

PATTAMUNDAI, KENDRAPARA, ODISHA - 754215

Ref No. : 861

Date: 12.09.20

To

Dr. Ashrumochan Sahoo  
Asst. Prof.  
Department of Psychiatry  
P.R.M Medical college, Baripada.

Sub:- Invitation as speaker & resource person of the webinar, Zoology  
Department.

Sir,

It is a proud privilege for me to invite you as a speaker of the webinar on the topic "Stress Management in Students" conducted by Zoology Department of Pattamundai Degree College, scheduled to be held on 24.09.2020 at 11 am.

Your kind consent in this regard is solicited.

With regards,

Yours Faithfully,

*[Handwritten Signature]*  
12-9-20

Principal

Pattamundai College  
Pattamundai

Principal  
Pattamundai College

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# Dr. Ashrumochan Sahoo

MD PGDGM FIPS  
Assistant Professor  
Consultant, Neuropsychiatry  
S.C.B. Medical College & Hospital, Cuttack



ଡାଃ ଅଶ୍ରୁମୋଚନ ସାହୁ

ପ୍ରାୟ ମାନସିକ ବିଶେଷଜ୍ଞ (ଏମ.ଡି.)

ଏମ୍.ସି.ସି. ମେଡିକାଲ କଲେଜ, କଟକ

E-mail : drashru@gmail.com, www.psychiatristashru.com

Name..... Age..... Sex.....

ARE YOU SUFFERING FROM

Epilepsy (FITS) (ଅପକୃମ)

Child Psychiatric Illness

(ପିଲାମାନଙ୍କ ମାନସିକ ସମସ୍ୟା)

Headache (ମୁଣ୍ଡବନ୍ଧ)

Memory Loss

(ସ୍ମରଣଶକ୍ତି ହ୍ରାସ)

Parkinson's Disease

(ଗୋକୃମାଚ ଅଭିକା,  
ଧୂଳେ ଧୂଳେ ବାଲିକା)

Addiction

(ନିଶାକଳିତ ମାନସିକ ରୋଗ)

Sex Problem

(ସୌନ୍ଦର୍ଯ୍ୟ ସମସ୍ୟା)

Depression

(ବିସ୍ମାଦ)

Sleep Disorders

(ନିଦ୍ରାହୀନ ରୋଗ)

O.C.D.

(ବୁଦ୍ଧାବଳ ରୋଗ)

Anxiety

(ଛାନ୍ତିଆ)

Date.....

Informant -

Duration -

B.P. -

Pulse Rate -

Weight -

To

The principal, Pattanunda College,  
Pattanunda

Respected Sir

Have a great pleasure to  
accept your invitation and give my  
consent to act as a resource person  
on date 24-9-2020 at 11 am on  
topic Stress management in student.

With regards

Dr. Ashrumochan Sahoo  
20-9-20

\*Not for medico legal purpose\*

Clinic : SHREE GOPAL MEDICINE & DIAGNOSTIC

Kathagola Road, Mangalabag, Cuttack-753001

Consultation Time : Everyday 9-10 A.M. & 1-2 P.M. (Sunday Closed)

For inquiry  
Ph : 9671-2303585  
Mob : 8596912091  
Time : 5P.M. to 7P.M.



**DEPARTMENT OF ZOOLOGY**  
**PATTAMUNDAI COLLEGE**  
**PATTAMUNDAI**

Affiliated to Utkal University, Bhubaneswar, Odisha



*Certificate of Participation*

This is to certify that Mr./Ms./Mrs. Dips Pratima choudhury of Pattamundai college has actively participated in the Webinar on '**STRESS MANAGEMENT IN STUDENTS**' organized by Department of ZOOLOGY Pattamundai College, Pattamundai, Kendrapara, Odisha.

Date: 24th September 2020, Certificate No- YMCQTY-CE000051

**Mr. D.K. Bhuyan**  
**Convenor**

**Dr. A. Sahoo**  
**Resource Person**

**Prof A.L.N Dash**  
**Principal**



Timing	Dist. Address	Event	Participants	College/University name	Description	Class (For students)	Class (For fac. only for admission)	How do you rate the overall impact of the meeting?	
9/24/2020 13:22:38	ayyemeh440@gmail.com		0-1 ARIANA BARIK	Palembanga college poly Student		+3 2nd year (2 rd semester)	BA-19-027	875767891	4
9/24/2020 13:24:12	saatvian84@gmail.com		0-1 KARNATI NARAS	Palembanga college Poly Student		+3 2nd year	BC 19-028	250887568	4
9/24/2020 13:25:35	soemawonghena73@gmail.com		0-1 Sunrise pengsi ke	Libal university Student		Max biology		8114820426	4
9/24/2020 13:26:31	daatavinda10@gmail.com		0-1 Mathianda Dora	Palembanga general poly Student		+3 semester	BC-19-014	808371182	5
9/24/2020 13:27:15	suventana1234@gmail.com		0-1 SILVIA LINDA	Palembanga college poly Student		+3 2nd year	BC 19-020	732899029	5
9/24/2020 13:28:38	suatvian84@gmail.com		0-1 SORALI LINDA	Palembanga poly coll Student		+3 2nd yr	BC-19-121	733037740	5
9/24/2020 13:31:08	moelidhera991@gmail.com		0-1 MONALISA RIZKI	Palembanga college poly Student		+3 2nd year	BC-19-018	858147488	5
9/24/2020 13:32:14	naatavinda2014@gmail.com		0-1 ANDREA SINDIA	Palembanga college Student		ECOM honors	BC 19-120	811900134	5
9/24/2020 13:33:58	ayyemeh440@gmail.com		0-1 SURYAKANTI SARISS	PATTAMUNDIA COLLEGE Student		+3 2nd year (A/F)	BA-19-014	958889138	5
9/24/2020 13:34:58	ayyemeh440@gmail.com		0-1 On Prakash panik	Palembanga college Student		+3	BC-19-28	845101891	5
9/24/2020 13:35:38	ayyemeh440@gmail.com		0-1 Truseptiastutiad	Udayanah autonomous coll Student		Pregraduate	PGSD001/19-28	958108875	5
9/24/2020 13:36:38	ayyemeh440@gmail.com		0-1 Snaky Shadya IherDua	Udayanah Autonomous Coll Student	Association Coordinator			847919301	5
9/24/2020 13:38:38	ayyemeh440@gmail.com		0-1 KALUDI BIRI	Palembanga regency Coll Student		+3 2nd year (semester)	BC 19-026	807989883	5
9/24/2020 13:39:38	ayyemeh440@gmail.com		0-1 Prayoga chandryum	Udayanah college of coll Student		MSI biology second year Undergraduate		914789962	5
9/24/2020 13:40:38	ayyemeh440@gmail.com		0-1 Anapadisa Winingsih	Udayanah autonomous Student		Max 2nd yr		733881881	5
9/24/2020 13:41:38	ayyemeh440@gmail.com		0-1 SABITA MURNIA	Aut College, Au Faculty				845211375	5
9/24/2020 13:42:38	ayyemeh440@gmail.com		0-1 ANISHA ZHANI	Palembanga college poly Student		+3 2nd year	BC 19 101	848816888	5
9/24/2020 13:43:38	ayyemeh440@gmail.com		0-1 Anisa Prathia	U.N. autonomous college Student		PG 1st yr		811411387	4
9/24/2020 13:44:38	ayyemeh440@gmail.com		0-1 Gerges Saiful	Palembanga college poly Student		+3 2nd yr 11 semester	BC11104	704719942	4
9/24/2020 13:45:38	ayyemeh440@gmail.com		0-1 CEMPAKSIWI SAROH	Udayanah Autonomous coll Student		MSI	Undergraduate	754660888	4
9/24/2020 13:46:38	ayyemeh440@gmail.com		0-1 NINA PRINCESSA	PATTAMUNDIA COLLEGE Student		+3 2nd year	BA-19-111	814421000	4
9/24/2020 13:47:38	ayyemeh440@gmail.com		0-1 Susi Kurni sul	Palembanga degree coll Student		+3 2nd year	BA-19-019	807591751	4
9/24/2020 13:48:38	ayyemeh440@gmail.com		0-1 Dwi sula	Palembanga degree coll Student				891189149	4
9/24/2020 13:49:38	ayyemeh440@gmail.com		0-1 Truseptiastutiad	Palembanga College Student		+3 2nd year	BA-19-022	796927834	4
9/24/2020 13:50:38	ayyemeh440@gmail.com		0-1 Sany andrian	Palembanga Student		+3 2nd year	BA-19-008	833791848	4
9/24/2020 13:51:38	ayyemeh440@gmail.com		0-1 SHALITA ANWAR	PATTAMUNDIA COLLEGE Student		+3 2nd year	BA-19-025	821828534	4
9/24/2020 13:52:38	ayyemeh440@gmail.com		0-2 PRINCESSA PRINCESSA	PATTAMUNDIA COLLEGE Student		+3 2nd year	BA-17-008	881705025	4
9/24/2020 13:53:38	ayyemeh440@gmail.com		0-2 ANULITA QAS	PATTAMUNDIA COLLEGE Student		+3 2nd year	BA-19-104	731921670	4
9/24/2020 13:54:38	ayyemeh440@gmail.com		0-2 Pramsada baki	Udayanah autonomous coll Student		MSI 2nd yr	UAD01.19-010	731888975	4
9/24/2020 13:55:38	ayyemeh440@gmail.com		0-2 SARUNGANTA MAHAR	Palembanga College Faculty				843311471	4
9/24/2020 13:56:38	ayyemeh440@gmail.com		0-2 Satriya dex	Kemdiknas autonomous coll Student		+3 2nd year	BC-19-103	811485248	4
9/24/2020 13:57:38	ayyemeh440@gmail.com		0-2 CHANDRA SRIHATI	Palembanga College Poly Student		+3 2nd yr		846671922	4
9/24/2020 13:58:38	ayyemeh440@gmail.com		0-2 Diponegoro Setho	Mekkah college of naton Student		+3	1.82019-115	709691109	4
9/24/2020 13:59:38	ayyemeh440@gmail.com		0-2 Saiful Zamil	Udayanah Autonomous coll Student		P/3	38	943938491	4
9/24/2020 14:00:38	ayyemeh440@gmail.com		0-2 SYAFIQI ISLAM	Palembanga College Poly Student		+3 2nd yr	38	902981195	4
9/24/2020 14:01:38	ayyemeh440@gmail.com		0-2 Praker Satri	U. N. autonomous college of coll Student		P 02nd year	18	787881118	3
9/24/2020 14:02:38	ayyemeh440@gmail.com		0-2 Kurni jaya	Palembanga college Student		+3 2nd year (semester)	BC 19-01	733882225	3
9/24/2020 14:03:38	ayyemeh440@gmail.com		0-2 Despiantje Pujastika	U.N. Autonomous College Student		Post graduate	PGSD.19-27	743884438	3
9/24/2020 14:04:38	ayyemeh440@gmail.com		0-2 Gayatri panik	Palembanga college poly Student		+3 2nd year (semester)	BA-19-134	737170021	3
9/24/2020 14:05:38	ayyemeh440@gmail.com		0-2 Sukriyana Gadh	Pattamunda college Student		3rd yr	BC17081	842781888	3
9/24/2020 14:06:38	ayyemeh440@gmail.com		0-2 GILIP SURABIRI	Palembanga Degree coll Faculty				737734888	3
9/24/2020 14:07:38	ayyemeh440@gmail.com		0-2 SILVA SETHI	PATTAMUNDIA college y Student		+3 2nd year	BA-19-100	737734888	3
9/24/2020 14:08:38	ayyemeh440@gmail.com		0-1 MIYORAMAHENDRAH	U.N. AUTONOMOUS COL. Student		Post graduate + 2nd yr PGSD001/19-011		701914881	3
9/24/2020 14:09:38	ayyemeh440@gmail.com		0-1 RAMBANGA BETH	U.N. (Aut) College of coll Student		MSI	PGSD001/19-28	824029125	3
9/24/2020 14:10:38	ayyemeh440@gmail.com		0-1 MARIANTA MURNIA	PATTAMUNDIA COLLEGE Student 2018/2021			807042514	3	
9/24/2020 14:11:38	ayyemeh440@gmail.com		0-1 Gaura Rizki	Ranaco Ben University Student		+3 MS	BA-19-081	814888447	3
9/24/2020 14:12:38	ayyemeh440@gmail.com		0-1 Maheswari Aprilia Nur	Palembanga degree coll Student		+3 2nd year	BA-19-088	737128121	3
9/24/2020 14:13:38	ayyemeh440@gmail.com		0-1 ELLIYATI ANDRIANA	P. A. Autonomous college Faculty				885072158	3
9/24/2020 14:14:38	ayyemeh440@gmail.com		0-1 HIRAJATI HILMI	PATTAMUNDIA COLLEGE Student		+3 2nd year	BA-19-102	733881794	2
9/24/2020 14:15:38	ayyemeh440@gmail.com		0-1 SGA JINEROT DAD	Ranaco Degree College coll Faculty		MS	MS	803884448	2
9/24/2020 14:16:38	ayyemeh440@gmail.com		0-1 Subhanesrah Panik	Palembanga degree coll Student		+3 2nd year biological coll	BC02/19-121	818881281	2
9/24/2020 14:17:38	ayyemeh440@gmail.com		0-1 Deliana Prathia	Palembanga Degree Coll Student		+3 2nd year (semester)	BA-19-028	817788861	2
9/24/2020 14:18:38	ayyemeh440@gmail.com		0-1 Rizki Kurni setho	Palembanga college poly Student		+3 2nd year	BA-17-020	737788881	2
9/24/2020 14:19:38	ayyemeh440@gmail.com		0-1 Renaldi Jera	Udayanah Autonomous coll Student		MSI. First Year	PGSD.19-011	807670791	2
9/24/2020 14:20:38	ayyemeh440@gmail.com		0-1 MANDI SEDIKA	Palembanga degree coll Student		+3 2nd year	BC01/19-028	807388871	2
9/24/2020 14:21:38	ayyemeh440@gmail.com		0-1 Anika Muzak	Bank Institute Preparing for government service				732788899	2
9/24/2020 14:22:38	ayyemeh440@gmail.com		0-1 Tawarna Dwi	S.J. Muhammadiyah. Mag Faculty				881778829	2
9/24/2020 14:23:38	ayyemeh440@gmail.com		0-1 Tighan Kurni satri	Aut Degree College Aut. Student		+3 2nd year	BA01/19-04	891781504	2
9/24/2020 14:24:38	ayyemeh440@gmail.com		0-1 H A SIDIQI EDARYS	Aut college, Au Student				84842250	2
9/24/2020 14:25:38	ayyemeh440@gmail.com		0-1 SOUMABRASHI BOHER	Central University of coll Student		M.A	BA-022	84842250	2
9/24/2020 14:26:38	ayyemeh440@gmail.com		0-1 Mahrani-marca	Palembanga degree coll Student		MSI	BA-022	84842250	2
9/24/2020 14:27:38	ayyemeh440@gmail.com		0-1 Nabila Kurni Panik	Palembanga College Poly Lecturer in History Coll				828889799	2
9/24/2020 14:28:38	ayyemeh440@gmail.com		0-1 Nurana Mahul	Aut degree College aut Student		+3 2nd year	BC02/19-081	888422501	2
9/24/2020 14:29:38	ayyemeh440@gmail.com		0-1 Malyokorhan	BA. Bn. Jaganath college Student		+3 semester	BC19-078	888422501	2
9/24/2020 14:30:38	ayyemeh440@gmail.com		0-1 SUANDHA SWARI	Palembanga general coll Student		1st yr	BA-19-011	848422501	2



**DEPARTMENT OF ZOOLOGY**  
**PATTAMUNDAI COLLEGE , PATTAMUNDAI**

Organises  
A Webinar on

**“STRESS MANAGEMENT IN STUDENTS”**

**Date: 24.09.2020 , Time:11.00 A.M.**



**RESOURCE PERSON**

**Dr. Ashrumochan Sahoo, MD PGDGM, FIPS**  
**(Neuropsychiatry)**

**Asso. Professor, P.R.M Medical College, Baripada**  
**(Formerly SCB Medical College & Hospital, Cuttack)**



**Prof. A.L.N Dash**

**Principal**

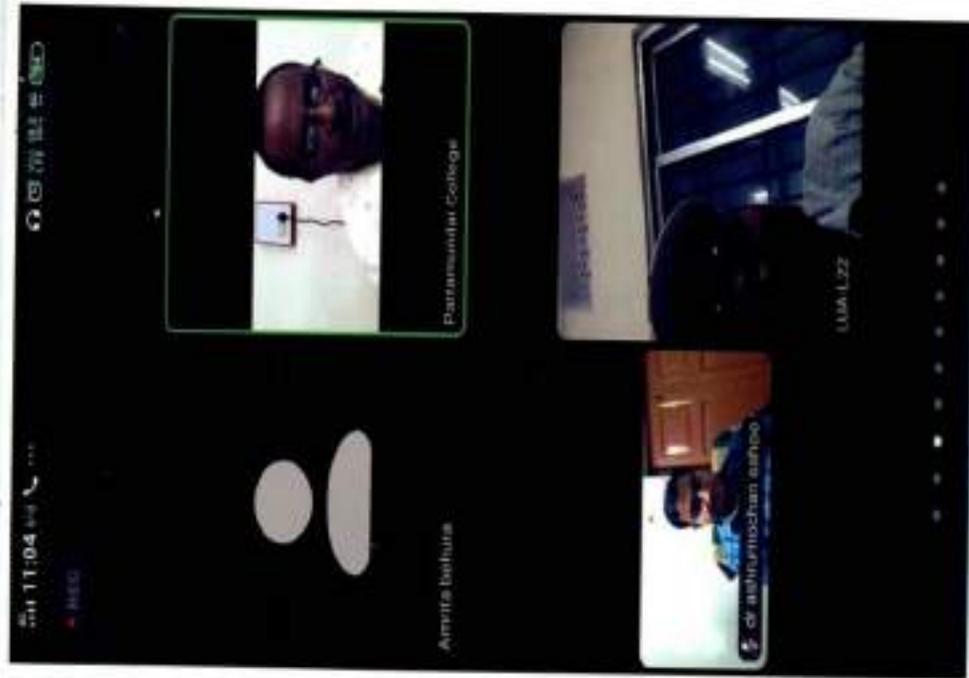
**Pattamundai College**  
**Pattamundai**



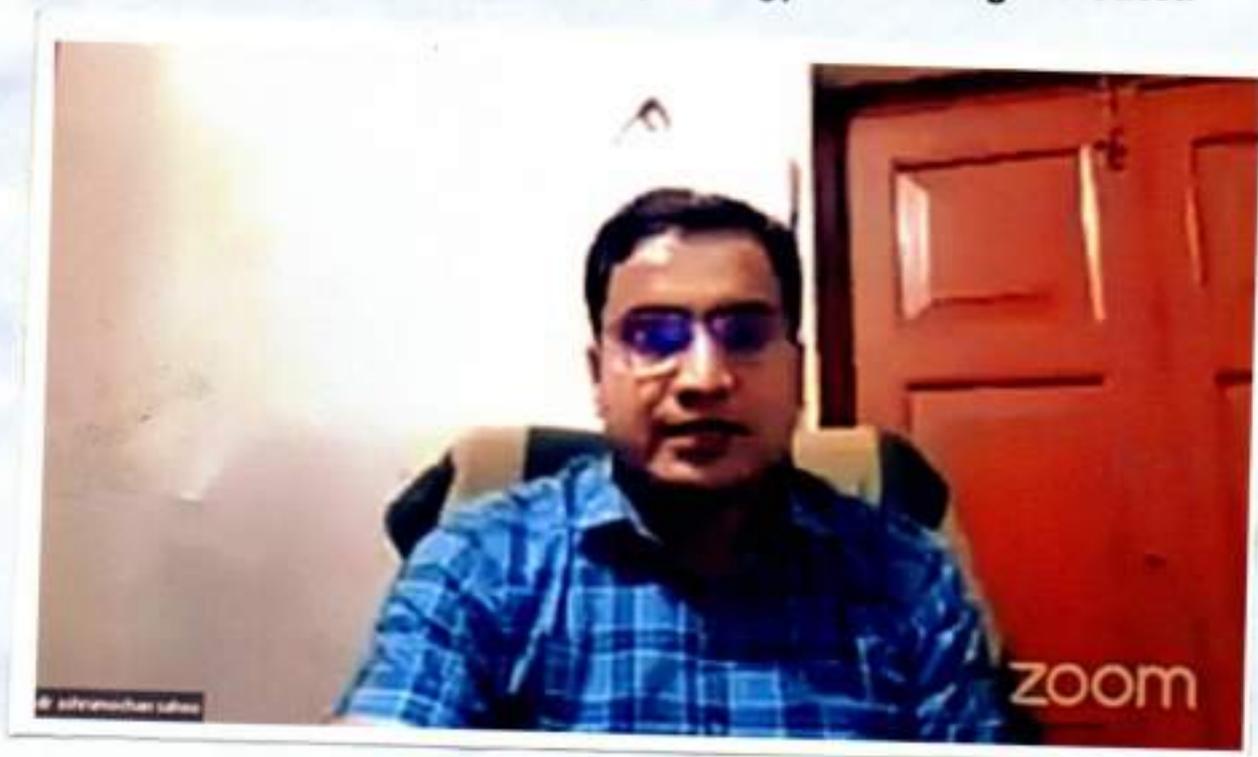
**Mr. D.K. Bhuyan,**  
**Asso. Prof. & Head,**  
**Convenor**



**Smt. Sarojini Mishra**  
**Asst. Prof., & Co-Convenor**



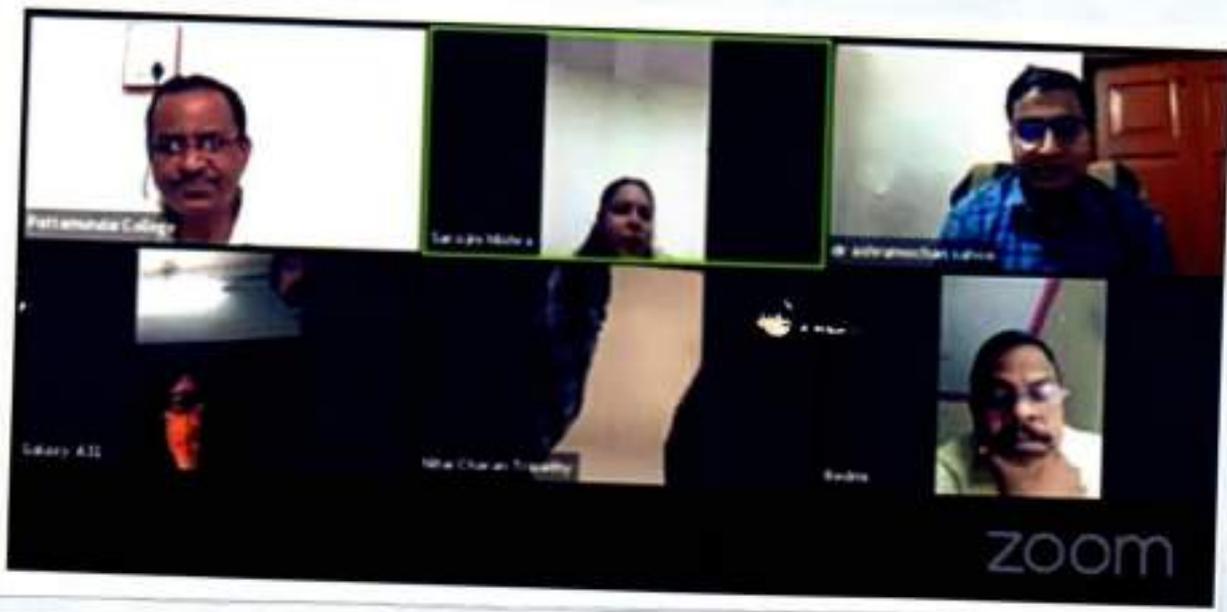
**Mr. D K Bhuyan, HOD, Zoology Introducing the Guest.**



**Dr. A Sahoo Delivering his Talk.**



**Students Attending the Webinar.**



**Vote Of Thanks by Smt. S Mishra.**

# ପଟ୍ଟାମୁଣ୍ଡାଇ କଲେଜ ପ୍ରାଣୀ ବିଜ୍ଞାନ ପକ୍ଷରୁ ଡ୍ରେବିନାର

ପଟ୍ଟାମୁଣ୍ଡାଇ, ୨୯/୯(ଇମିସ): ପଟ୍ଟାମୁଣ୍ଡାଇ କଲେଜ ପ୍ରାଣୀବିଜ୍ଞାନ ବିଭାଗ ପକ୍ଷରୁ ଏକ ଡ୍ରେବିନାର ଅଧ୍ୟକ୍ଷ ପ୍ରଫେସର ଅଧିକାରୀ ଲକ୍ଷ୍ମୀନାରାୟଣ ଦାଶଙ୍କ ସଭାପତିତ୍ଵରେ ଅନୁଷ୍ଠିତ ହୋଇଯାଇଛି। ‘ଛାତ୍ରଛାତ୍ରୀଙ୍କ ମାନସିକ ଚାପ ଓ ମାନସିକ ଉତ୍ତେଜନା’ ବିଷୟବସ୍ତୁ ଉପରେ ଏହି ଡ୍ରେବିନାର ଅନୁଷ୍ଠିତ ହୋଇଥିଲା। ମୁଖ୍ୟ ଆଲୋଚକ ଭାବେ ରଘୁନାଥ ମୁର୍ମୁ ମେଡିକାଲ କଲେଜର ମାନସିକ ରୋଗ ବିଭାଗ ପ୍ରଫେସର ଅଶ୍ରୁମୋଚନ ସାହୁ ଯୋଗଦେଇ ବହୁ ଉପାଦେୟ ତଥ୍ୟ ଉପସ୍ଥାପନ କରିଥିଲେ। କଲେଜ ପ୍ରାଣୀବିଜ୍ଞାନ ବିଭାଗର ମୁଖ୍ୟ ପ୍ରାଧ୍ୟାପକ ଦିଲ୍ଲୀପ ଭୂୟାଁ କାର୍ଯ୍ୟକ୍ରମର ଆଭିମୁଖ୍ୟ ସଂପର୍କରେ ଆଲୋଚନା କରିଥିଲେ। ଏହି କାର୍ଯ୍ୟକ୍ରମରେ ବହୁଛାତ୍ରୀ ଅଂଶଗ୍ରହଣ କରିଥିଲେ। ଶେଷରେ ଅଧ୍ୟାପିକା ସରୋଜିନୀ ମିଶ୍ର ଧନ୍ୟବାଦ ଅର୍ପଣ କରିଥିଲେ। ଅଧ୍ୟାପକ ପ୍ରମୋଦ ସାମଲ, ଅରବିନ୍ଦ ପାଣ୍ଡବ, ମାନସ ନାୟକ, ରମେଶ ସାହୁ, ଜିତେନ୍ଦ୍ର ମଲ୍ଲିକ, ନିବେଦିତା ସ୍ଵାଇଁ, ଗଣେଶ୍ଵର ଦାସ ପ୍ରମୁଖ କାର୍ଯ୍ୟକ୍ରମ ପରିଚାଳନା କରିଥିଲେ।